

# FIRESIDE CHAT

CAB

May 3, 2023



*Meredith for Real*

1  
00:00:32,590 --> 00:00:13,270

[Music]

2  
00:00:39,049 --> 00:00:35,810

welcome back to calling all beings baby

3  
00:00:41,930 --> 00:00:39,059

on a Wednesday night I'm your host DJ

4  
00:00:43,610 --> 00:00:41,940

along with this incredible group of

5  
00:00:46,910 --> 00:00:43,620

co-hosts that I am blessed to be

6  
00:00:49,970 --> 00:00:46,920

accompanied by the co-creator executive

7  
00:00:51,709 --> 00:00:49,980

producer co-conspirator technical he's

8  
00:00:54,049 --> 00:00:51,719

got every he's got it basically got all

9  
00:00:56,930 --> 00:00:54,059

the damn titles money Nathan what's up

10  
00:00:59,630 --> 00:00:56,940

brother man happy Wednesday right it is

11  
00:01:01,069 --> 00:00:59,640

uh like the coldest May Wednesday of my

12  
00:01:03,650 --> 00:01:01,079

life out there I don't know what's going

13  
00:01:06,170 --> 00:01:03,660

on where you are but here it's uh crazy

14

00:01:08,570 --> 00:01:06,180

windy and cold and I don't like it but I

15

00:01:09,710 --> 00:01:08,580

like being here where it's warm by the

16

00:01:11,410 --> 00:01:09,720

fire looking forward to the fireside

17

00:01:13,670 --> 00:01:11,420

chat tonight

18

00:01:15,170 --> 00:01:13,680

Nathan's gonna light the fire here a

19

00:01:17,630 --> 00:01:15,180

little bit Our Guest is gonna see that

20

00:01:20,749 --> 00:01:17,640

but before we do that let's say hello to

21

00:01:24,230 --> 00:01:20,759

the lovely the centering cam of this

22

00:01:25,969 --> 00:01:24,240

podcast she is a professional in mental

23

00:01:29,149 --> 00:01:25,979

health she is the host of Deb's day and

24

00:01:32,270 --> 00:01:29,159

a JoJo she is an OG of cab put your

25

00:01:35,270 --> 00:01:32,280

hands together for Debs a study of uaps

26

00:01:42,289 --> 00:01:37,969

hi I'm just happy to be with such

27

00:01:44,270 --> 00:01:42,299

positive people here today yay

28

00:01:46,670 --> 00:01:44,280

can I get it amen you know what man

29

00:01:48,770 --> 00:01:46,680

whenever we get together it only happens

30

00:01:51,889 --> 00:01:48,780

once a week once every 10 days and it's

31

00:01:53,990 --> 00:01:51,899

a beautiful thing but now Nathan yes sir

32

00:01:56,510 --> 00:01:54,000

you know we love to go outside the

33

00:01:58,130 --> 00:01:56,520

bubble we don't like uh Logan's Run you

34

00:02:00,289 --> 00:01:58,140

know they're in that bubble and then all

35

00:02:02,389 --> 00:02:00,299

of a sudden he's he's he and that young

36

00:02:04,429 --> 00:02:02,399

lady Jessica they escaped to the outside

37

00:02:05,929 --> 00:02:04,439

you know what I saw what the world

38

00:02:09,109 --> 00:02:05,939

looked like that's what we're reaching

39

00:02:12,170 --> 00:02:09,119

outside the UFO bubble tonight love that

40

00:02:14,570 --> 00:02:12,180

all right our guest Our Guest is the

41

00:02:17,150 --> 00:02:14,580

host of a totally dope podcast because

42

00:02:19,430 --> 00:02:17,160

she's a totally dope person and once I

43

00:02:21,949 --> 00:02:19,440

heard that podcast I just wanted to have

44

00:02:24,650 --> 00:02:21,959

this individual on her her podcast is

45

00:02:27,470 --> 00:02:24,660

called Meredith for real so wipe the

46

00:02:29,869 --> 00:02:27,480

Cheeto dust off your fingers get that

47

00:02:32,930 --> 00:02:29,879

orange off there and put those hands

48

00:02:36,430 --> 00:02:32,940

together for the part-time model the

49

00:02:41,150 --> 00:02:36,440

full-time curiosity Miss Meredith

50

00:02:45,770 --> 00:02:43,150

somebody

51

00:02:47,570 --> 00:02:45,780

[Applause]

52

00:02:50,690 --> 00:02:47,580

wow

53

00:02:52,729 --> 00:02:50,700

man for Meredith I'm gonna make all of

54

00:02:53,890 --> 00:02:52,739

that my alarm in the morning that'll get

55

00:02:55,850 --> 00:02:53,900

you up

56

00:03:02,210 --> 00:02:55,860

I've been doing it for two years it's

57

00:03:06,229 --> 00:03:04,309

[Music]

58

00:03:09,350 --> 00:03:06,239

I have you on you have like a pretty big

59

00:03:11,750 --> 00:03:09,360

deal podcast I heard you talk UFOs I

60

00:03:13,850 --> 00:03:11,760

don't even know whose show it was on I

61

00:03:15,710 --> 00:03:13,860

don't know if it was on your show and I

62

00:03:17,570 --> 00:03:15,720

was like man why don't we bring someone

63

00:03:21,229 --> 00:03:17,580

out from outside this crazy Community

64

00:03:22,670 --> 00:03:21,239

this UFO Community this bubble and and

65

00:03:25,009 --> 00:03:22,680

bring them on and see what they think

66

00:03:27,290 --> 00:03:25,019

and since you're curious man this was a

67

00:03:29,809 --> 00:03:27,300

perfect fit so thank you so much welcome

68

00:03:31,970 --> 00:03:29,819

well thank you for having me yeah and

69

00:03:34,490 --> 00:03:31,980

I'm I'm outside the community but I'm

70

00:03:36,949 --> 00:03:34,500

like on the fence kind of looking over

71

00:03:38,509 --> 00:03:36,959

I've been interested yeah that's the

72

00:03:41,330 --> 00:03:38,519

fence right there with your hands it's

73

00:03:43,250 --> 00:03:41,340

like Puppy Paws but different

74

00:03:46,070 --> 00:03:43,260

um yeah so it's an honor I've been

75

00:03:48,229 --> 00:03:46,080

interested in uh UFOs since I was little

76

00:03:50,990 --> 00:03:48,239

it was like Betty and Barney Hill for

77

00:03:53,449 --> 00:03:51,000

some reason which is really odd because

78

00:03:56,630 --> 00:03:53,459

I was like seven in a town in an

79

00:03:59,210 --> 00:03:56,640

all-white town of 4 000 people and yet

80

00:04:02,089 --> 00:03:59,220

somehow with no internet like 1980

81

00:04:04,490 --> 00:04:02,099

Something I'm interested in a biracial

82

00:04:06,410 --> 00:04:04,500

couple who was abducted by aliens and

83

00:04:08,210 --> 00:04:06,420

yeah I think I even like wrote a report

84

00:04:11,149 --> 00:04:08,220

on it later in life but that's how it

85

00:04:14,030 --> 00:04:11,159

started so I'm not not interested so but

86

00:04:17,390 --> 00:04:14,040

I'm just not there's so many such a wide

87

00:04:19,849 --> 00:04:17,400

cast of characters in ufology that I do

88

00:04:21,770 --> 00:04:19,859

find it hard to keep up so I would

89

00:04:24,230 --> 00:04:21,780

consider myself for that reason an

90

00:04:26,090 --> 00:04:24,240

outsider yeah it's uh it's a lot to

91

00:04:28,430 --> 00:04:26,100

juggle and uh you know they're making a

92

00:04:31,129 --> 00:04:28,440

documentary out of that entire

93

00:04:32,689 --> 00:04:31,139

uh Betty and Barney Hill uh story in

94

00:04:35,150 --> 00:04:32,699

fact the Obamas are behind the

95

00:04:37,850 --> 00:04:35,160

production effort of that really oh yeah

96

00:04:40,189 --> 00:04:37,860

I I didn't know that that is awesome

97

00:04:41,810 --> 00:04:40,199

yeah right and before I even get into my

98

00:04:44,930 --> 00:04:41,820

ridiculous let me turn you over to the

99

00:04:46,850 --> 00:04:44,940

capable hands of my co-conspirator in

100

00:04:48,650 --> 00:04:46,860

welcoming fun entertaining and

101  
00:04:51,050 --> 00:04:48,660  
interesting talk about the phenomenon

102  
00:04:52,670 --> 00:04:51,060  
money Nathan thanks DJ so Meredith yeah

103  
00:04:53,990 --> 00:04:52,680  
great to have you with us uh I've been

104  
00:04:56,090 --> 00:04:54,000  
able to kind of watch some of your shows

105  
00:04:58,909 --> 00:04:56,100  
and really enjoyed your content I mean

106  
00:05:00,350 --> 00:04:58,919  
your your range is incredible so I don't

107  
00:05:02,510 --> 00:05:00,360  
know how you do it but it's really

108  
00:05:05,210 --> 00:05:02,520  
impressive all the different topics that

109  
00:05:07,670 --> 00:05:05,220  
you cover and you you you put your guess

110  
00:05:09,890 --> 00:05:07,680  
at ease your conversational style your

111  
00:05:12,170 --> 00:05:09,900  
question style is really incredible and

112  
00:05:14,450 --> 00:05:12,180  
I wanted to ask you you know as someone

113  
00:05:16,490 --> 00:05:14,460

who doesn't seem to be afraid to have

114

00:05:18,350 --> 00:05:16,500

kind of weird conversations with people

115

00:05:19,249 --> 00:05:18,360

uh strain talking about strange things

116

00:05:21,290 --> 00:05:19,259

for things that make people

117

00:05:23,870 --> 00:05:21,300

uncomfortable what has that taught you

118

00:05:25,430 --> 00:05:23,880

about the human condition when you when

119

00:05:28,370 --> 00:05:25,440

you can get into that stuff with

120

00:05:31,430 --> 00:05:28,380

somebody yeah it's really taught me that

121

00:05:34,070 --> 00:05:31,440

if you have the right questions you can

122

00:05:36,950 --> 00:05:34,080

unlock a lot of interesting stuff I call

123

00:05:40,070 --> 00:05:36,960

it the Treasure of humanity it's really

124

00:05:41,990 --> 00:05:40,080

in the Nuance because what we see what's

125

00:05:44,270 --> 00:05:42,000

obvious and what I call the algorithm

126

00:05:46,610 --> 00:05:44,280

which is just we know what the internet

127

00:05:50,270 --> 00:05:46,620

algorithm is of course but I think in

128

00:05:52,909 --> 00:05:50,280

our human nature we have our own you

129

00:05:56,029 --> 00:05:52,919

know self-imposed algorithm of habits

130

00:05:57,890 --> 00:05:56,039

that we do rituals and just being

131

00:06:00,110 --> 00:05:57,900

attracted to the people who are similar

132

00:06:01,490 --> 00:06:00,120

to us whether that's in belief or their

133

00:06:03,529 --> 00:06:01,500

you know physical characteristics are

134

00:06:06,230 --> 00:06:03,539

similar similar

135

00:06:08,330 --> 00:06:06,240

um finding the Nuance in between all of

136

00:06:11,990 --> 00:06:08,340

that obvious stuff is like really what

137

00:06:16,070 --> 00:06:12,000

makes Humanity interesting and

138

00:06:17,930 --> 00:06:16,080

um I I've noticed over the years that

139

00:06:21,890 --> 00:06:17,940

people just seem to be losing their

140

00:06:24,710 --> 00:06:21,900

ability to engage with curiosity or to

141

00:06:27,890 --> 00:06:24,720

lead with curiosity instead they tend to

142

00:06:31,730 --> 00:06:27,900

lead with canceling and so the purpose

143

00:06:34,010 --> 00:06:31,740

of my show is to just show the reward

144

00:06:36,409 --> 00:06:34,020

that's waiting for you when you decide

145

00:06:38,150 --> 00:06:36,419

to leave with curiosity instead and

146

00:06:41,330 --> 00:06:38,160

sometimes it leads you to weird places

147

00:06:42,950 --> 00:06:41,340

but it's never boring no I love that and

148

00:06:44,570 --> 00:06:42,960

what's it like for you like at Family

149

00:06:46,070 --> 00:06:44,580

Thanksgiving because we've all got that

150

00:06:48,409 --> 00:06:46,080

family member that you don't really want

151  
00:06:49,790 --> 00:06:48,419  
to have a conversation with but you get

152  
00:06:51,890 --> 00:06:49,800  
into it with them and you just kind of

153  
00:06:53,809 --> 00:06:51,900  
go through the motions but I feel like

154  
00:06:56,510 --> 00:06:53,819  
you go beyond that you probably get into

155  
00:06:58,550 --> 00:06:56,520  
it with them in a deeper level or I

156  
00:07:01,550 --> 00:06:58,560  
imagine some magic happens there what's

157  
00:07:03,529 --> 00:07:01,560  
what's that like for you oh my dad he

158  
00:07:05,330 --> 00:07:03,539  
likes to like mention people and he's

159  
00:07:07,010 --> 00:07:05,340  
like have you interviewed them you've

160  
00:07:09,830 --> 00:07:07,020  
interviewed them haven't you which is so

161  
00:07:12,350 --> 00:07:09,840  
sweet I'm like no dad not yet he's like

162  
00:07:14,689 --> 00:07:12,360  
okay like we'll be watching something

163  
00:07:17,150 --> 00:07:14,699

um like uh you know that haunted Saginaw

164

00:07:20,390 --> 00:07:17,160

series it's like did you you interview

165

00:07:21,370 --> 00:07:20,400

that guy no dad not not yet thank you

166

00:07:32,689 --> 00:07:21,380

um

167

00:07:34,790 --> 00:07:32,699

she's also an appreciator of meaningful

168

00:07:38,150 --> 00:07:34,800

conversation so at our Thanksgiving

169

00:07:41,029 --> 00:07:38,160

gathering this past Thanksgiving I think

170

00:07:41,770 --> 00:07:41,039

in the first two hours we covered

171

00:07:45,050 --> 00:07:41,780

um

172

00:07:47,809 --> 00:07:45,060

uh like what like death we talked about

173

00:07:50,210 --> 00:07:47,819

you know death rituals and what we

174

00:07:53,930 --> 00:07:50,220

wanted to do when we died we talked

175

00:07:55,909 --> 00:07:53,940

about uh Roe versus Wade we like we got

176

00:07:57,529 --> 00:07:55,919

in I made a list I think I even made a

177

00:07:58,870 --> 00:07:57,539

social media post about it because it

178

00:08:02,809 --> 00:07:58,880

was like

179

00:08:04,189 --> 00:08:02,819

this is what I like you know so that

180

00:08:05,749 --> 00:08:04,199

well let me ask one more question that I

181

00:08:07,610 --> 00:08:05,759

passed off to death so that energizes

182

00:08:09,350 --> 00:08:07,620

you which is interesting because I I

183

00:08:11,990 --> 00:08:09,360

understand you're an introvert my wife's

184

00:08:13,370 --> 00:08:12,000

an introvert so in those situations when

185

00:08:15,050 --> 00:08:13,380

there's lots of people around and you're

186

00:08:17,270 --> 00:08:15,060

having lots of conversation that can be

187

00:08:18,469 --> 00:08:17,280

kind of draining for some people but it

188

00:08:20,089 --> 00:08:18,479

sounds like that's really you know

189

00:08:21,710 --> 00:08:20,099

obviously and you're into this subject

190

00:08:24,110 --> 00:08:21,720

matter kind of curious we're talking

191

00:08:26,089 --> 00:08:24,120

lots of different people that seems to

192

00:08:28,430 --> 00:08:26,099

give you life that's really interesting

193

00:08:29,869 --> 00:08:28,440

yeah yeah introversion is interesting

194

00:08:32,630 --> 00:08:29,879

because people always think it's a

195

00:08:34,610 --> 00:08:32,640

synonym for being awkward and

196

00:08:36,589 --> 00:08:34,620

um so when you tell people oh I'm an

197

00:08:38,930 --> 00:08:36,599

introvert and they go no no don't don't

198

00:08:41,870 --> 00:08:38,940

be so hard on yourself I'm like sit down

199

00:08:44,810 --> 00:08:41,880

and say that that's not what I'm saying

200

00:08:46,010 --> 00:08:44,820

I'm a pity on you yeah yeah right I pity

201  
00:08:50,090 --> 00:08:46,020  
the fool

202  
00:08:52,910 --> 00:08:50,100  
um no it's way more about like uh the

203  
00:08:54,889 --> 00:08:52,920  
quality of interactions and and usually

204  
00:08:57,170 --> 00:08:54,899  
those one-on-one conversations if

205  
00:09:00,710 --> 00:08:57,180  
they're meaningful are really nice even

206  
00:09:03,170 --> 00:09:00,720  
if you disagree if the conversation has

207  
00:09:05,990 --> 00:09:03,180  
that very lovely like Foundation of

208  
00:09:08,690 --> 00:09:06,000  
curiosity and respect you can have a

209  
00:09:11,329 --> 00:09:08,700  
conversation with anybody the problem is

210  
00:09:13,850 --> 00:09:11,339  
a lot of people are doing don't practice

211  
00:09:16,070 --> 00:09:13,860  
that and so when they do and we have

212  
00:09:20,650 --> 00:09:16,080  
these really amazing conversations I

213  
00:09:23,030 --> 00:09:20,660

just find it super life-giving love that

214

00:09:25,670 --> 00:09:23,040

before I give it to Jessica with those

215

00:09:29,350 --> 00:09:25,680

opening remarks I feel like uh would you

216

00:09:35,210 --> 00:09:32,870

you know what's interesting is a lot of

217

00:09:36,710 --> 00:09:35,220

um so my podcast category is social

218

00:09:38,650 --> 00:09:36,720

science right

219

00:09:43,009 --> 00:09:38,660

um which is kind of like a cousin to

220

00:09:45,710 --> 00:09:43,019

society and culture and when I look at

221

00:09:49,009 --> 00:09:45,720

in the Apple podcast categories for

222

00:09:50,650 --> 00:09:49,019

shows in that category it is like 70

223

00:09:55,370 --> 00:09:50,660

percent

224

00:09:56,810 --> 00:09:55,380

UFO paranormal stuff wow so I think I

225

00:09:58,610 --> 00:09:56,820

think we're cousins and we just don't

226

00:10:00,710 --> 00:09:58,620

know it so I think a lot of my audience

227

00:10:02,329 --> 00:10:00,720

even though I've only done like eight

228

00:10:07,009 --> 00:10:02,339

episodes that might fall into that

229

00:10:09,889 --> 00:10:07,019

category out of 185 or whatever but uh I

230

00:10:11,630 --> 00:10:09,899

think my audience is interested in stuff

231

00:10:13,970 --> 00:10:11,640

like this as am I

232

00:10:15,230 --> 00:10:13,980

nice awesome we're on the we're on the

233

00:10:17,810 --> 00:10:15,240

right track

234

00:10:20,090 --> 00:10:17,820

um Deb uh go ahead ma'am okay so first

235

00:10:23,329 --> 00:10:20,100

of all believe it or not I am also an

236

00:10:25,070 --> 00:10:23,339

introvert so I can feel that like I'm

237

00:10:27,170 --> 00:10:25,080

also like there are too many people I

238

00:10:28,310 --> 00:10:27,180

just need one person in front of me and

239

00:10:31,310 --> 00:10:28,320

I'll be good

240

00:10:33,410 --> 00:10:31,320

um so I was gonna say that

241

00:10:35,150 --> 00:10:33,420

um since you are curious and it seems

242

00:10:37,610 --> 00:10:35,160

like you're covering a lot of topics

243

00:10:39,230 --> 00:10:37,620

what do you feel most intrigued by

244

00:10:41,449 --> 00:10:39,240

that's what I would like to know what

245

00:10:43,130 --> 00:10:41,459

what really is something you just can't

246

00:10:45,590 --> 00:10:43,140

get let go of and want to know

247

00:10:48,650 --> 00:10:45,600

everything about okay you guys are gonna

248

00:10:51,230 --> 00:10:48,660

this is kind of it's weird obviously

249

00:10:53,870 --> 00:10:51,240

that's not surprising I guess okay there

250

00:10:56,569 --> 00:10:53,880

is this other than my hair stylist right

251  
00:10:59,090 --> 00:10:56,579  
other than that there's this one subject

252  
00:11:00,710 --> 00:10:59,100  
and this one guest that I want for this

253  
00:11:02,389 --> 00:11:00,720  
one subject and I cannot let it go

254  
00:11:04,430 --> 00:11:02,399  
normally I'm like I'll try like maybe

255  
00:11:07,490 --> 00:11:04,440  
four times and then if you don't reply

256  
00:11:09,110 --> 00:11:07,500  
to any of my requests like I move on

257  
00:11:11,389 --> 00:11:09,120  
with my life because I don't want

258  
00:11:13,850 --> 00:11:11,399  
stalking you know cease and desist

259  
00:11:17,329 --> 00:11:13,860  
letters yeah

260  
00:11:19,550 --> 00:11:17,339  
but I want to do an episode about fecal

261  
00:11:22,430 --> 00:11:19,560  
matter transplant fmt

262  
00:11:24,650 --> 00:11:22,440  
and I want to do

263  
00:11:28,009 --> 00:11:24,660

I want to do it with

264

00:11:30,710 --> 00:11:28,019

um with this one doctor in the Northeast

265

00:11:32,870 --> 00:11:30,720

because uh it's like called the biome

266

00:11:35,810 --> 00:11:32,880

Center I think and the doctor's name is

267

00:11:38,269 --> 00:11:35,820

escaping me right now but I I have like

268

00:11:40,730 --> 00:11:38,279

he followed me on it on Twitter

269

00:11:42,530 --> 00:11:40,740

like he only follows like a few people

270

00:11:43,970 --> 00:11:42,540

and he he followed me back and I'm

271

00:11:47,690 --> 00:11:43,980

thinking oh sweet this will be easy so I

272

00:11:50,509 --> 00:11:47,700

sent him a DM nothing and he is the best

273

00:11:54,889 --> 00:11:50,519

presenter of the information and I love

274

00:11:56,630 --> 00:11:54,899

guests who have actionable resources for

275

00:11:58,910 --> 00:11:56,640

my listeners right so I don't

276

00:12:03,470 --> 00:11:58,920

necessarily just want a researcher of

277

00:12:06,949 --> 00:12:03,480

fmt I want the CEO of the donation

278

00:12:08,930 --> 00:12:06,959

center for FMP

279

00:12:12,190 --> 00:12:08,940

incredible I mean I hope you get to the

280

00:12:15,650 --> 00:12:14,210

I knew I should have brought up my

281

00:12:19,009 --> 00:12:15,660

ferrago where I could have that drum

282

00:12:21,710 --> 00:12:19,019

thing uh that was awesome Dr duty if you

283

00:12:23,509 --> 00:12:21,720

need help I I certainly will will gang

284

00:12:26,210 --> 00:12:23,519

up and say look you need to interview

285

00:12:27,530 --> 00:12:26,220

with Meredith Edwards come on don't be

286

00:12:31,190 --> 00:12:27,540

incredible I've heard amazing things

287

00:12:33,110 --> 00:12:31,200

about that uh just uh entire biome

288

00:12:36,470 --> 00:12:33,120

Transformations from people who've had

289

00:12:37,730 --> 00:12:36,480

that procedure Yeah well yeah maybe I

290

00:12:39,530 --> 00:12:37,740

should get maybe my hair would grow back

291

00:12:41,150 --> 00:12:39,540

you never know everything I asked people

292

00:12:43,190 --> 00:12:41,160

who are in touch with the phenomenon is

293

00:12:44,750 --> 00:12:43,200

there anything but thus far I've been

294

00:12:47,389 --> 00:12:44,760

striking out

295

00:12:49,790 --> 00:12:47,399

um Meredith if you would since our

296

00:12:52,310 --> 00:12:49,800

audience uh isn't familiar with you

297

00:12:54,650 --> 00:12:52,320

could you talk a little bit about how

298

00:12:57,889 --> 00:12:54,660

you've come to this place

299

00:13:00,889 --> 00:12:57,899

um that you're in uh as as a interviewer

300

00:13:03,530 --> 00:13:00,899

and and curiositor uh part-time model

301  
00:13:06,530 --> 00:13:03,540  
you know Mom all this kind of stuff I'm

302  
00:13:10,850 --> 00:13:06,540  
not a mom except for plants and I do

303  
00:13:12,949 --> 00:13:10,860  
have over 100 plants so wow yes so

304  
00:13:14,329 --> 00:13:12,959  
that's definitely a thing so I you know

305  
00:13:16,790 --> 00:13:14,339  
when I'm not podcasting I'm definitely

306  
00:13:17,410 --> 00:13:16,800  
buying plants I don't need

307  
00:13:23,870 --> 00:13:17,420  
um

308  
00:13:25,910 --> 00:13:23,880  
jobs I was the kid that was you know you

309  
00:13:27,650 --> 00:13:25,920  
asked them what do you want to be when

310  
00:13:29,509 --> 00:13:27,660  
you grew up and there was seven answers

311  
00:13:31,610 --> 00:13:29,519  
and I never grew out of that and that

312  
00:13:34,790 --> 00:13:31,620  
turns out to mean you should be an actor

313  
00:13:36,769 --> 00:13:34,800

as it were and so

314

00:13:38,569 --> 00:13:36,779

um because that's the only other people

315

00:13:40,550 --> 00:13:38,579

that I've met that are like still like

316

00:13:42,949 --> 00:13:40,560

that they don't outgrow it but I was a

317

00:13:45,470 --> 00:13:42,959

sign language interpreter and I was an

318

00:13:48,230 --> 00:13:45,480

admin assistant and

319

00:13:49,910 --> 00:13:48,240

um a uh an American Sales director and

320

00:13:52,610 --> 00:13:49,920

that was the the longest thing I've done

321

00:13:55,670 --> 00:13:52,620

it was about 17 years and it was through

322

00:13:58,430 --> 00:13:55,680

those sales interactions like they're

323

00:14:01,810 --> 00:13:58,440

not what you think of when you think of

324

00:14:05,629 --> 00:14:01,820

sales like it's very much a high level

325

00:14:07,610 --> 00:14:05,639

interpersonal communication when you're

326

00:14:10,690 --> 00:14:07,620

at like a directorate level usually

327

00:14:14,509 --> 00:14:10,700

there's some goobers but like usually

328

00:14:16,430 --> 00:14:14,519

it's it's high level and I found that as

329

00:14:18,170 --> 00:14:16,440

I felt that season coming to an end I

330

00:14:19,910 --> 00:14:18,180

started to listen to podcasts and I love

331

00:14:21,350 --> 00:14:19,920

to interview podcasts and I was like

332

00:14:24,230 --> 00:14:21,360

wait a minute this is very similar to

333

00:14:26,629 --> 00:14:24,240

what I do in my sales position when I go

334

00:14:28,610 --> 00:14:26,639

into a woman's house and talk with her

335

00:14:31,430 --> 00:14:28,620

at her kitchen table about her skin and

336

00:14:33,170 --> 00:14:31,440

her like eye makeup and stuff and uh

337

00:14:35,930 --> 00:14:33,180

because really when you think about it

338

00:14:39,110 --> 00:14:35,940

it's anthropology and I love

339

00:14:41,269 --> 00:14:39,120

anthropology I love like oh wow I can

340

00:14:42,949 --> 00:14:41,279

tell by your kitchen that X Y and Z is

341

00:14:45,650 --> 00:14:42,959

important to you tell me about that and

342

00:14:49,550 --> 00:14:45,660

and it just was so cool to me it was the

343

00:14:52,129 --> 00:14:49,560

most energizing part of really that that

344

00:14:53,269 --> 00:14:52,139

position and so uh after I had that

345

00:14:56,090 --> 00:14:53,279

thought about a week later my husband

346

00:14:57,829 --> 00:14:56,100

came home and said hey uh you'd be a

347

00:15:00,170 --> 00:14:57,839

good podcaster and I was like whoo

348

00:15:02,389 --> 00:15:00,180

that's very random and weird and then

349

00:15:06,230 --> 00:15:02,399

about a week after that Pensacola

350

00:15:08,090 --> 00:15:06,240

Florida where you know we live uh had a

351

00:15:10,670 --> 00:15:08,100

free lunch and learn called principles

352

00:15:12,650 --> 00:15:10,680

of podcasting and I was like all right I

353

00:15:15,710 --> 00:15:12,660

got it I guess I'm going to that and so

354

00:15:19,850 --> 00:15:15,720

I went I found people who do did Tech

355

00:15:23,090 --> 00:15:19,860

and I started the show and um and then

356

00:15:24,650 --> 00:15:23,100

that you know turned into this show

357

00:15:27,110 --> 00:15:24,660

which the purpose has always been to

358

00:15:30,470 --> 00:15:27,120

inspire curiosity the subject matter has

359

00:15:32,509 --> 00:15:30,480

evolved over time and currently it's

360

00:15:33,949 --> 00:15:32,519

kind of split into two half of the

361

00:15:35,990 --> 00:15:33,959

episodes are with people who are a

362

00:15:38,150 --> 00:15:36,000

paradox they shouldn't exist and yet

363

00:15:40,189 --> 00:15:38,160

they do like the atheist daughter doctor

364

00:15:42,710 --> 00:15:40,199

who studied near-death experiences for

365

00:15:44,329 --> 00:15:42,720

50 years Dr Bruce Grayson

366

00:15:46,430 --> 00:15:44,339

um I really highly recommend his book by

367

00:15:48,110 --> 00:15:46,440

the way it was amazing and then the

368

00:15:51,410 --> 00:15:48,120

other half are questions that people

369

00:15:53,030 --> 00:15:51,420

think in private but don't ever say out

370

00:15:54,530 --> 00:15:53,040

loud it kind of that kind of goes along

371

00:15:55,550 --> 00:15:54,540

with the introvert things so things that

372

00:15:58,610 --> 00:15:55,560

are like

373

00:16:01,490 --> 00:15:58,620

taboo because of

374

00:16:04,430 --> 00:16:01,500

um like cultural hypnosis or just you

375

00:16:06,410 --> 00:16:04,440

know because they're taboo like why do

376

00:16:08,509 --> 00:16:06,420

we in America practice secular

377

00:16:11,210 --> 00:16:08,519

circumcision when the rest of the

378

00:16:13,069 --> 00:16:11,220

secular world doesn't so stuff that like

379

00:16:15,650 --> 00:16:13,079

nobody really

380

00:16:17,930 --> 00:16:15,660

but we do

381

00:16:20,990 --> 00:16:17,940

well um you boldly go and I like that

382

00:16:22,670 --> 00:16:21,000

yeah yeah yeah and so and then um that

383

00:16:24,350 --> 00:16:22,680

has also turned into me being a

384

00:16:26,689 --> 00:16:24,360

podcaster For Hire so that's how I make

385

00:16:28,189 --> 00:16:26,699

money podcasting so of larger companies

386

00:16:30,710 --> 00:16:28,199

who want to add podcasting to their

387

00:16:32,750 --> 00:16:30,720

brand will hire me to produce and

388

00:16:34,490 --> 00:16:32,760

sometimes host their show so I'm the

389

00:16:36,650 --> 00:16:34,500

host and producer of Escambia County

390

00:16:40,009 --> 00:16:36,660

Public Schools podcast called voices

391

00:16:42,710 --> 00:16:40,019

United education yeah it's amazing

392

00:16:44,629 --> 00:16:42,720

man I do a podcast for my high school

393

00:16:48,410 --> 00:16:44,639

back in New York and I don't make a time

394

00:16:52,069 --> 00:16:48,420

but it is extremely rewarding to bring

395

00:16:53,870 --> 00:16:52,079

the stories of my hometown to other you

396

00:16:56,810 --> 00:16:53,880

know to others in my hometown and just

397

00:16:59,030 --> 00:16:56,820

you know talk about our the way we uh

398

00:17:01,129 --> 00:16:59,040

sort of like that area that that we were

399

00:17:02,749 --> 00:17:01,139

brought up in so that that'll just kind

400

00:17:04,909 --> 00:17:02,759

of like this it's just so fulfilling to

401  
00:17:06,770 --> 00:17:04,919  
do this but it is great that uh people

402  
00:17:09,230 --> 00:17:06,780  
have decided that they want to hire you

403  
00:17:12,289 --> 00:17:09,240  
to to represent them that's like totally

404  
00:17:14,750 --> 00:17:12,299  
awesome uh money Nathan yeah and so

405  
00:17:16,789 --> 00:17:14,760  
welcome to a UFO podcast I don't know if

406  
00:17:19,549 --> 00:17:16,799  
this is the first UFO podcast that

407  
00:17:21,590 --> 00:17:19,559  
you've been on maybe uh so so welcome

408  
00:17:22,850 --> 00:17:21,600  
we're honored to have you with us and uh

409  
00:17:25,490 --> 00:17:22,860  
of course we talk about a lot of things

410  
00:17:27,650 --> 00:17:25,500  
here a lot of strange things and I'd

411  
00:17:28,909 --> 00:17:27,660  
like to know from someone that uh is

412  
00:17:31,370 --> 00:17:28,919  
sort of on the outside like you said

413  
00:17:35,690 --> 00:17:31,380

sitting at the fence looking in uh

414

00:17:38,090 --> 00:17:35,700

what's an area of the UFO world that you

415

00:17:40,370 --> 00:17:38,100

want to know more about or

416

00:17:41,930 --> 00:17:40,380

maybe you just don't understand

417

00:17:44,810 --> 00:17:41,940

that you want to kind of kick kick off

418

00:17:47,650 --> 00:17:44,820

for us oh okay well first of all I have

419

00:17:51,230 --> 00:17:47,660

to say that your show is really good

420

00:17:53,029 --> 00:17:51,240

because I have listened to a lot of UFO

421

00:17:54,890 --> 00:17:53,039

shows in researching for the other few

422

00:17:56,630 --> 00:17:54,900

app you know guests that I've had on my

423

00:17:59,510 --> 00:17:56,640

show that are related subject matter

424

00:18:01,850 --> 00:17:59,520

wise and they're all

425

00:18:04,549 --> 00:18:01,860

this this is by far

426

00:18:07,390 --> 00:18:04,559

the top is The toppest it's I'm making

427

00:18:11,029 --> 00:18:07,400

up a word that's how good it is

428

00:18:13,430 --> 00:18:11,039

yeah like curiosity it's made up yeah

429

00:18:16,070 --> 00:18:13,440

um but it's really really good

430

00:18:19,310 --> 00:18:16,080

um I think yeah

431

00:18:22,370 --> 00:18:19,320

um I think what I am

432

00:18:23,330 --> 00:18:22,380

having a mental conundrum about right

433

00:18:28,430 --> 00:18:23,340

now

434

00:18:30,409 --> 00:18:28,440

is the intersection of

435

00:18:32,810 --> 00:18:30,419

ufology

436

00:18:36,470 --> 00:18:32,820

and religion

437

00:18:39,590 --> 00:18:36,480

and yeah and here's why

438

00:18:40,610 --> 00:18:39,600

and because I'm reading Chris Bledsoe's

439

00:18:44,750 --> 00:18:40,620

book

440

00:18:46,490 --> 00:18:44,760

um God of God UFO God oh God yeah oh God

441

00:18:47,330 --> 00:18:46,500

yeah of God

442

00:18:48,770 --> 00:18:47,340

um

443

00:18:52,490 --> 00:18:48,780

which grammatically I don't understand

444

00:18:56,150 --> 00:18:52,500

that but nobody does the book is really

445

00:19:00,230 --> 00:18:56,160

good it's very a very good read and it's

446

00:19:03,409 --> 00:19:00,240

just insane like his story and like I

447

00:19:05,810 --> 00:19:03,419

can track with UFO stuff but then

448

00:19:07,250 --> 00:19:05,820

when he for example when he talks about

449

00:19:11,870 --> 00:19:07,260

like

450

00:19:14,210 --> 00:19:11,880

and then they're shadow people and then

451  
00:19:16,909 --> 00:19:14,220  
they're like I have a hard time tracking

452  
00:19:19,850 --> 00:19:16,919  
with all of that and I understand

453  
00:19:21,409 --> 00:19:19,860  
that there are people who feel like

454  
00:19:23,150 --> 00:19:21,419  
somehow all of these things are

455  
00:19:25,430 --> 00:19:23,160  
connected

456  
00:19:28,850 --> 00:19:25,440  
um but that is like the area of all of

457  
00:19:30,169 --> 00:19:28,860  
this that I am the most on the outside

458  
00:19:32,210 --> 00:19:30,179  
of

459  
00:19:33,770 --> 00:19:32,220  
love it you're in you're in luck uh

460  
00:19:36,350 --> 00:19:33,780  
because we just so hap happen to have

461  
00:19:38,750 --> 00:19:36,360  
someone who's really

462  
00:19:41,029 --> 00:19:38,760  
um who's done some significantly deep

463  
00:19:44,630 --> 00:19:41,039

academic Dives actually both because

464

00:19:48,529 --> 00:19:44,640

Deb's a researcher who uh is counselor

465

00:19:50,390 --> 00:19:48,539

Nathan uh has done his own research and

466

00:19:52,669 --> 00:19:50,400

he also has a masters in religion so

467

00:19:55,549 --> 00:19:52,679

take it away money Nathan whoa yeah yeah

468

00:19:58,250 --> 00:19:55,559

so all right so I went to Seminary uh

469

00:20:00,470 --> 00:19:58,260

and and uh got a summary degree

470

00:20:02,750 --> 00:20:00,480

um and was a Christian minister for a

471

00:20:04,130 --> 00:20:02,760

very brief period of time my life uh

472

00:20:06,350 --> 00:20:04,140

while I was in seminary I grew up but I

473

00:20:10,190 --> 00:20:06,360

grew up as a pastor's kid so I mean I I

474

00:20:12,650 --> 00:20:10,200

was born into it PK in the house in the

475

00:20:15,950 --> 00:20:12,660

house watch out

476

00:20:17,090 --> 00:20:15,960

um yeah so that was kind of my my world

477

00:20:21,230 --> 00:20:17,100

um

478

00:20:23,029 --> 00:20:21,240

going up into early adulthood and uh

479

00:20:25,190 --> 00:20:23,039

the Seminary experience for me just

480

00:20:27,770 --> 00:20:25,200

totally jaded me to religion like just

481

00:20:29,090 --> 00:20:27,780

uh and it wasn't that I was like um I

482

00:20:31,669 --> 00:20:29,100

had some peers that went into that

483

00:20:34,010 --> 00:20:31,679

experience who were conservative and it

484

00:20:35,930 --> 00:20:34,020

was a liberal school and they were

485

00:20:38,029 --> 00:20:35,940

completely shattered and came out just

486

00:20:40,130 --> 00:20:38,039

you know all turned around and whatnot I

487

00:20:42,350 --> 00:20:40,140

came into it being a liberal Christian

488

00:20:45,650 --> 00:20:42,360

and came out of it in a similar position

489

00:20:47,630 --> 00:20:45,660

just not really feeling that it meant

490

00:20:49,850 --> 00:20:47,640

anything to me anymore

491

00:20:52,010 --> 00:20:49,860

um so I kind of gave all that up for

492

00:20:54,289 --> 00:20:52,020

a pretty long time being agnostic

493

00:20:56,690 --> 00:20:54,299

atheist for I don't know almost two

494

00:20:58,510 --> 00:20:56,700

decades so the UFO topic interestingly

495

00:21:01,789 --> 00:20:58,520

enough has like

496

00:21:05,029 --> 00:21:01,799

re-spiritualized the world for me uh

497

00:21:07,750 --> 00:21:05,039

because there is this aspect to the UFO

498

00:21:12,350 --> 00:21:07,760

experience that you can map onto

499

00:21:14,390 --> 00:21:12,360

religious experience uh it is um

500

00:21:16,130 --> 00:21:14,400

you know it people who have experienced

501  
00:21:18,169 --> 00:21:16,140  
blood so it's a great example you know

502  
00:21:19,909 --> 00:21:18,179  
this sort of occurs to them

503  
00:21:20,870 --> 00:21:19,919  
out of nowhere you know they're not

504  
00:21:23,570 --> 00:21:20,880  
they're not somebody that you would

505  
00:21:26,150 --> 00:21:23,580  
expect an experience to happen to it's

506  
00:21:27,770 --> 00:21:26,160  
uh it's Indescribable uh the best they

507  
00:21:29,750 --> 00:21:27,780  
can do is sort of try to contextualize

508  
00:21:32,810 --> 00:21:29,760  
it with something that they know with

509  
00:21:35,750 --> 00:21:32,820  
Chris Bledsoe who's very religious like

510  
00:21:38,930 --> 00:21:35,760  
the context of what he knows is the

511  
00:21:40,909 --> 00:21:38,940  
Bible and angels and you know God and

512  
00:21:42,590 --> 00:21:40,919  
these Supernatural powers and all these

513  
00:21:45,110 --> 00:21:42,600

kinds of things so so it makes sense

514

00:21:47,690 --> 00:21:45,120

that he would take that

515

00:21:48,890 --> 00:21:47,700

context and map it onto his UFO

516

00:21:50,810 --> 00:21:48,900

experience

517

00:21:52,490 --> 00:21:50,820

but it goes further than that right so

518

00:21:54,649 --> 00:21:52,500

it's not just okay

519

00:21:56,330 --> 00:21:54,659

well he's uh he's they're not really

520

00:21:58,610 --> 00:21:56,340

Angels but he thinks that they're Angels

521

00:22:00,649 --> 00:21:58,620

if we live we look at the Bible or look

522

00:22:02,330 --> 00:22:00,659

at other religious texts and kind of

523

00:22:03,649 --> 00:22:02,340

read that with fresh eyes and to be

524

00:22:05,450 --> 00:22:03,659

frank with you like it took me a long

525

00:22:07,430 --> 00:22:05,460

time being out of the church

526

00:22:09,169 --> 00:22:07,440

to start seeing the church as like an

527

00:22:11,510 --> 00:22:09,179

alien place

528

00:22:13,130 --> 00:22:11,520

um and and think about what is said at

529

00:22:14,750 --> 00:22:13,140

church in the same way that someone

530

00:22:17,390 --> 00:22:14,760

might think about when they hear people

531

00:22:19,250 --> 00:22:17,400

talk about UFOs like I think if you grow

532

00:22:21,110 --> 00:22:19,260

up in the South or you grew up in the

533

00:22:22,250 --> 00:22:21,120

religious United States where there's

534

00:22:24,529 --> 00:22:22,260

parts of the United States like

535

00:22:28,010 --> 00:22:24,539

Christianity is just a part of our

536

00:22:31,549 --> 00:22:28,020

cultural Fabric and so we've normalized

537

00:22:33,350 --> 00:22:31,559

it in a way that it's uh it almost we

538

00:22:35,330 --> 00:22:33,360

just don't pay attention to it quite as

539

00:22:37,730 --> 00:22:35,340

much as we as we might pay attention to

540

00:22:38,630 --> 00:22:37,740

uh I don't know a cult type of belief or

541

00:22:40,909 --> 00:22:38,640

something

542

00:22:43,250 --> 00:22:40,919

but when you when you have distance from

543

00:22:45,169 --> 00:22:43,260

it it stands out like a sore thumb

544

00:22:47,570 --> 00:22:45,179

so looking at this old stuff you know

545

00:22:48,830 --> 00:22:47,580

with this fresh perspective you know oh

546

00:22:50,510 --> 00:22:48,840

what's happening here in the Bible

547

00:22:53,029 --> 00:22:50,520

What's Happening Here in the Quran

548

00:22:54,890 --> 00:22:53,039

What's Happening Here In The Vedic texts

549

00:22:58,070 --> 00:22:54,900

where we're talking about experiences

550

00:23:00,649 --> 00:22:58,080

that are transformative and almost uh

551

00:23:02,450 --> 00:23:00,659

you know out of body Etc then you

552

00:23:05,090 --> 00:23:02,460

realize well wait a minute maybe this

553

00:23:08,029 --> 00:23:05,100

phenomena whatever it is has been a part

554

00:23:11,029 --> 00:23:08,039

of the human story from from day one and

555

00:23:12,890 --> 00:23:11,039

it's influencing Us in ways that we are

556

00:23:16,690 --> 00:23:12,900

only now kind of starting to Grapple

557

00:23:24,710 --> 00:23:20,870

no that's that's fantastic I I'm really

558

00:23:25,549 --> 00:23:24,720

interested in in this stuff because

559

00:23:28,250 --> 00:23:25,559

um

560

00:23:31,909 --> 00:23:28,260

it just seems like something that I'd

561

00:23:34,730 --> 00:23:31,919

always thought as two separate things

562

00:23:36,350 --> 00:23:34,740

um and then now myself not being in the

563

00:23:37,250 --> 00:23:36,360

church

564

00:23:41,570 --> 00:23:37,260

um

565

00:23:44,990 --> 00:23:41,580

but still having a belief in spirit like

566

00:23:46,610 --> 00:23:45,000

in uh not just like the great spirit in

567

00:23:50,029 --> 00:23:46,620

the sky but like

568

00:23:54,770 --> 00:23:50,039

humans we are spirits you know

569

00:23:57,590 --> 00:23:54,780

um and really like I I believe in

570

00:24:00,409 --> 00:23:57,600

um you know like evil spirit like don't

571

00:24:06,350 --> 00:24:00,419

[h\_\_h] with Spirits you know like and so

572

00:24:09,289 --> 00:24:06,360

like to to read Chris's uh book and to

573

00:24:11,210 --> 00:24:09,299

see his accounts of especially like

574

00:24:14,390 --> 00:24:11,220

shadow people to me like Shadow People

575

00:24:16,970 --> 00:24:14,400

okay that's definitely a bad deal you

576  
00:24:19,190 --> 00:24:16,980  
know don't don't touch the shadow people

577  
00:24:22,669 --> 00:24:19,200  
but because he has all these really

578  
00:24:25,789 --> 00:24:22,679  
beautiful experiences how like the alien

579  
00:24:29,570 --> 00:24:25,799  
beings cured his Crohn's disease and all

580  
00:24:32,510 --> 00:24:29,580  
of stuff and then he's got really scary

581  
00:24:35,750 --> 00:24:32,520  
things that happen to him too so I'm

582  
00:24:38,149 --> 00:24:35,760  
curious what y'all's take is on the you

583  
00:24:40,010 --> 00:24:38,159  
know that part of it like maybe it's

584  
00:24:42,289 --> 00:24:40,020  
outside or maybe it's adjacent to

585  
00:24:45,470 --> 00:24:42,299  
religion but the part of basically

586  
00:24:48,350 --> 00:24:45,480  
ghosts and spirits hauntings and

587  
00:24:52,010 --> 00:24:48,360  
you know that sort of thing Poltergeist

588  
00:24:52,970 --> 00:24:52,020

and UFO stuff yeah great question we can

589

00:24:55,130 --> 00:24:52,980

go a lot of different directions with

590

00:24:58,250 --> 00:24:55,140

that I want to make sure Deb gets a

591

00:25:00,850 --> 00:24:58,260

chance to answer first I wrote down like

592

00:25:05,270 --> 00:25:00,860

15 things about this

593

00:25:07,190 --> 00:25:05,280

so go for it okay so the first things

594

00:25:09,110 --> 00:25:07,200

to be aware of is that you're not the

595

00:25:11,390 --> 00:25:09,120

only one who's trying to figure out the

596

00:25:13,010 --> 00:25:11,400

intersection NASA spent like a million

597

00:25:14,990 --> 00:25:13,020

dollars getting a whole bunch of

598

00:25:17,570 --> 00:25:15,000

religious figures together to talk about

599

00:25:19,850 --> 00:25:17,580

this which is really interesting there's

600

00:25:22,010 --> 00:25:19,860

also supposedly this like

601  
00:25:23,930 --> 00:25:22,020  
like group of people who are very

602  
00:25:26,690 --> 00:25:23,940  
religious and are concerned that demons

603  
00:25:28,490 --> 00:25:26,700  
are involved supposedly like trying to

604  
00:25:31,190 --> 00:25:28,500  
stop the narrative so that's just like

605  
00:25:32,930 --> 00:25:31,200  
one of the things like the the Mythos of

606  
00:25:35,990 --> 00:25:32,940  
the UAV right

607  
00:25:38,269 --> 00:25:36,000  
um the transformation issue is really

608  
00:25:41,210 --> 00:25:38,279  
big you know that becomes a big part of

609  
00:25:43,610 --> 00:25:41,220  
this but I wanted to kind of jump to the

610  
00:25:45,830 --> 00:25:43,620  
thing I just said and

611  
00:25:47,990 --> 00:25:45,840  
um address that because we've had a lot

612  
00:25:50,390 --> 00:25:48,000  
of researchers who spent a lot of time

613  
00:25:52,250 --> 00:25:50,400

on this come out saying all of this is

614

00:25:55,490 --> 00:25:52,260

connected

615

00:25:57,230 --> 00:25:55,500

um and they feel like once you go down

616

00:25:59,330 --> 00:25:57,240

the path far enough you start to see

617

00:26:01,490 --> 00:25:59,340

some parallels

618

00:26:04,669 --> 00:26:01,500

um the the like orbs for instance that

619

00:26:07,850 --> 00:26:04,679

are a common UAP are seen by people who

620

00:26:10,250 --> 00:26:07,860

study Spirits there's also you know like

621

00:26:11,870 --> 00:26:10,260

I watched Fatima the other day

622

00:26:13,250 --> 00:26:11,880

um one of the more recent movies about

623

00:26:14,690 --> 00:26:13,260

Fatima

624

00:26:18,049 --> 00:26:14,700

um I don't know if you're familiar with

625

00:26:21,049 --> 00:26:18,059

that story it happened in Portugal some

626

00:26:23,210 --> 00:26:21,059

children encountered a lady dressed in

627

00:26:25,909 --> 00:26:23,220

white they had the impression that she

628

00:26:28,250 --> 00:26:25,919

was the Virgin Mary she was giving them

629

00:26:31,130 --> 00:26:28,260

messages and then there was a massive

630

00:26:35,810 --> 00:26:31,140

Miracle seen by everyone who came to the

631

00:26:38,330 --> 00:26:35,820

site and it was the sun spiraling

632

00:26:40,669 --> 00:26:38,340

and yeah apparently it's been filmed but

633

00:26:42,950 --> 00:26:40,679

I'm having a hard time like finding the

634

00:26:45,950 --> 00:26:42,960

film there's some pictures available

635

00:26:49,130 --> 00:26:45,960

online of the incident though

636

00:26:51,289 --> 00:26:49,140

um so that's very similar to like the

637

00:26:53,930 --> 00:26:51,299

UAP phenomenon there's a lot of

638

00:26:55,789 --> 00:26:53,940

parallels and if you like I said you go

639

00:26:57,350 --> 00:26:55,799

down the rabbit hole long enough you

640

00:26:58,549 --> 00:26:57,360

find out that they're pretty much the

641

00:27:02,149 --> 00:26:58,559

same

642

00:27:03,289 --> 00:27:02,159

um I would recommend if I think it's

643

00:27:06,110 --> 00:27:03,299

um

644

00:27:07,730 --> 00:27:06,120

which is a trojan horse project Trojan

645

00:27:11,269 --> 00:27:07,740

Horse can you remind me Nathan you read

646

00:27:14,090 --> 00:27:11,279

this book uh yes yeah uh uh I think it

647

00:27:16,370 --> 00:27:14,100

is Project Trojan Horse yes okay project

648

00:27:18,470 --> 00:27:16,380

Trojan Horse and also

649

00:27:21,529 --> 00:27:18,480

um Diana pasoka who really addresses

650

00:27:23,630 --> 00:27:21,539

like you know the Vatican and like the

651  
00:27:24,750 --> 00:27:23,640  
fact that the Catholics are probably the

652  
00:27:27,710 --> 00:27:24,760  
most Supernatural

653  
00:27:29,750 --> 00:27:27,720  
[Laughter]

654  
00:27:32,590 --> 00:27:29,760  
like not only with like having the

655  
00:27:35,330 --> 00:27:32,600  
massive Trove of documents about all the

656  
00:27:38,090 --> 00:27:35,340  
supernatural but just like the exorcisms

657  
00:27:40,490 --> 00:27:38,100  
and so on so separation Trojan Horse

658  
00:27:42,470 --> 00:27:40,500  
sorry yes thank you I was like why am I

659  
00:27:45,049 --> 00:27:42,480  
not thinking of it today thank you

660  
00:27:46,970 --> 00:27:45,059  
um yes operation Trojan Horse

661  
00:27:49,490 --> 00:27:46,980  
um that was one of the researchers that

662  
00:27:52,070 --> 00:27:49,500  
ended up on this path and a lot of them

663  
00:27:55,810 --> 00:27:52,080

get their valet is another

664

00:27:59,029 --> 00:27:55,820

yeah oh yeah um

665

00:28:01,430 --> 00:27:59,039

yeah I read American Cosmic and I

666

00:28:03,470 --> 00:28:01,440

interviewed Dr pasoka on my show and

667

00:28:07,130 --> 00:28:03,480

that was kind of my first introduction

668

00:28:09,230 --> 00:28:07,140

into the intersection I mean she not

669

00:28:12,590 --> 00:28:09,240

only does the intersection of religion

670

00:28:16,750 --> 00:28:12,600

and UFOs but also of technology and so

671

00:28:20,330 --> 00:28:16,760

like I just want to be her best friend

672

00:28:22,250 --> 00:28:20,340

she's so cool yeah I was going to say

673

00:28:24,049 --> 00:28:22,260

she's coming on June 11th and I was

674

00:28:25,789 --> 00:28:24,059

going to say if you hadn't had her on

675

00:28:27,830 --> 00:28:25,799

because now I'm going to go back and

676

00:28:30,769 --> 00:28:27,840

find that episode and listen to it yeah

677

00:28:33,049 --> 00:28:30,779

episode 148. nice okay thank you because

678

00:28:35,330 --> 00:28:33,059

let me write that down because we will

679

00:28:37,310 --> 00:28:35,340

we we would have helped you to to get

680

00:28:38,810 --> 00:28:37,320

her when she comes back to you June 11th

681

00:28:40,850 --> 00:28:38,820

but

682

00:28:43,850 --> 00:28:40,860

um she's very sure that this is

683

00:28:45,890 --> 00:28:43,860

affirmational to people of religion and

684

00:28:48,769 --> 00:28:45,900

that's what's interesting whereas it's

685

00:28:50,690 --> 00:28:48,779

made other people maybe diverge or uh

686

00:28:55,130 --> 00:28:50,700

but she believes no this will strengthen

687

00:28:56,990 --> 00:28:55,140

people's Faith uh uh because you know a

688

00:28:58,669 --> 00:28:57,000

lot of people believe that that they're

689

00:29:00,169 --> 00:28:58,679

all connected and actually you were

690

00:29:01,610 --> 00:29:00,179

you're about to make a point so I don't

691

00:29:03,529 --> 00:29:01,620

want to cut you off because like I can

692

00:29:05,269 --> 00:29:03,539

come back in did you have something

693

00:29:06,950 --> 00:29:05,279

Meredith no

694

00:29:10,850 --> 00:29:06,960

um I think I was just excited about Dr

695

00:29:12,710 --> 00:29:10,860

pasoka like oh [h\_\_\h] it's natural yeah

696

00:29:16,750 --> 00:29:12,720

yeah I'm so glad that and he she

697

00:29:20,149 --> 00:29:16,760

introduced me to Jose Herrera who was a

698

00:29:21,970 --> 00:29:20,159

marine trained in like psychic ability

699

00:29:25,070 --> 00:29:21,980

and things like that yeah

700

00:29:28,190 --> 00:29:25,080

and because she like one page of her

701

00:29:31,010 --> 00:29:28,200

book says my former student Jose

702

00:29:34,070 --> 00:29:31,020

was trained in his Squadron leadership

703

00:29:35,830 --> 00:29:34,080

blah blah for you know psychic abilities

704

00:29:40,310 --> 00:29:35,840

I was like

705

00:29:43,130 --> 00:29:40,320

dear Diana I need to meet Jose and

706

00:29:45,230 --> 00:29:43,140

um he has a podcast and he is he would

707

00:29:46,669 --> 00:29:45,240

probably be a great fit for the show

708

00:29:49,549 --> 00:29:46,679

um if you're interested I'd be happy to

709

00:29:51,529 --> 00:29:49,559

make an intro he I am is like deep dive

710

00:29:54,649 --> 00:29:51,539

dude like if I was gonna give him a

711

00:29:56,149 --> 00:29:54,659

nickname that would be it yeah let me

712

00:29:59,889 --> 00:29:56,159

just ask you real quick is he an Intel

713

00:30:09,049 --> 00:30:05,810

I don't know he is no longer active duty

714

00:30:11,750 --> 00:30:09,059

because if if the Squadron wanted him to

715

00:30:14,409 --> 00:30:11,760

uh to remote view is which is what it

716

00:30:17,110 --> 00:30:14,419

sounds like you were saying uh we also

717

00:30:20,690 --> 00:30:17,120

we haven't Deb

718

00:30:22,070 --> 00:30:20,700

we suspect possibly maybe

719

00:30:27,649 --> 00:30:22,080

that

720

00:30:29,750 --> 00:30:27,659

say it well it's in a book yeah and he

721

00:30:31,490 --> 00:30:29,760

and just to clarify too I think and

722

00:30:34,730 --> 00:30:31,500

maybe you're saying this Meredith but

723

00:30:39,470 --> 00:30:34,740

Jose's Squadron was trained in these

724

00:30:41,630 --> 00:30:39,480

techniques to kind of trust their inner

725

00:30:43,130 --> 00:30:41,640

sight or intuition so he he's there's

726

00:30:44,750 --> 00:30:43,140

one episode

727

00:30:46,310 --> 00:30:44,760

um I saw him speak where he goes through

728

00:30:49,370 --> 00:30:46,320

the process and basically he would say

729

00:30:50,269 --> 00:30:49,380

they look at a map of the territory that

730

00:30:51,649 --> 00:30:50,279

where they were going to go out on

731

00:30:53,389 --> 00:30:51,659

patrol or something and then he would

732

00:30:54,590 --> 00:30:53,399

say well there's there's somebody over

733

00:30:56,269 --> 00:30:54,600

here there's something I'm picking up

734

00:30:58,130 --> 00:30:56,279

over here that we have to pay attention

735

00:31:00,230 --> 00:30:58,140

to and lo and behold there in fact was

736

00:31:02,149 --> 00:31:00,240

something there

737

00:31:03,350 --> 00:31:02,159

um and of course out in combat they're

738

00:31:06,169 --> 00:31:03,360

trained to

739

00:31:09,049 --> 00:31:06,179

lead into that skill as well

740

00:31:10,610 --> 00:31:09,059

yeah and when we talked on the show he

741

00:31:14,389 --> 00:31:10,620

talked about

742

00:31:17,750 --> 00:31:14,399

how he believes everyone can really

743

00:31:20,510 --> 00:31:17,760

harness this ability and that some of it

744

00:31:22,850 --> 00:31:20,520

is I always mess up this word cyclical

745

00:31:24,649 --> 00:31:22,860

but that sounds like cycle it's like

746

00:31:25,570 --> 00:31:24,659

psychic what's the word that I'm looking

747

00:31:29,710 --> 00:31:25,580

for

748

00:31:32,690 --> 00:31:29,720

Corporation Cycles cyclical yeah psychic

749

00:31:34,909 --> 00:31:32,700

you know what I'm saying psychical yeah

750

00:31:38,090 --> 00:31:34,919

cyclical that he says some of it is

751

00:31:41,810 --> 00:31:38,100

cyclical but a lot of it is

752

00:31:44,510 --> 00:31:41,820

um like uh just tapping into the part of

753

00:31:47,510 --> 00:31:44,520

us that's sleepy because our noses are

754

00:31:52,310 --> 00:31:50,630

totally makes sense but um people

755

00:31:53,930 --> 00:31:52,320

suspect this this has never been

756

00:31:55,669 --> 00:31:53,940

officially said that I know Deb said it

757

00:31:58,310 --> 00:31:55,679

might have been a book but that people

758

00:32:00,230 --> 00:31:58,320

believe that Lou Elizondo might have

759

00:32:01,850 --> 00:32:00,240

been a remote viewer when he was sitting

760

00:32:04,300 --> 00:32:01,860

like Jason oh because he was in the

761

00:32:04,310 --> 00:32:07,750

[Music]

762

00:32:13,010 --> 00:32:10,190

I don't know that it's true I mean we

763

00:32:15,590 --> 00:32:13,020

know Lou but we've never I he's not

764

00:32:17,210 --> 00:32:15,600

wanted to speak about that so we

765

00:32:18,769 --> 00:32:17,220

wouldn't you know we'd kind of make it a

766

00:32:20,510 --> 00:32:18,779

point if somebody's like doesn't want to

767

00:32:22,130 --> 00:32:20,520

talk about it or they've been asked it

768

00:32:24,830 --> 00:32:22,140

and they're not open to discussing it

769

00:32:27,049 --> 00:32:24,840

then of course yeah

770

00:32:29,750 --> 00:32:27,059

um but that's why I asked if he was

771

00:32:32,330 --> 00:32:29,760

Intel and and yes I mean clearly he's

772

00:32:35,450 --> 00:32:32,340

giving them intelligence about uh oh

773

00:32:37,250 --> 00:32:35,460

there's an IED here or there may be a uh

774

00:32:38,810 --> 00:32:37,260

some sort of an Al-Qaeda encampment

775

00:32:41,330 --> 00:32:38,820

right there you wouldn't want to go that

776

00:32:43,549 --> 00:32:41,340

direction you'd want to go go out to the

777

00:32:45,350 --> 00:32:43,559

to the East and then North you know that

778

00:32:46,549 --> 00:32:45,360

kind of stuff so that is really

779

00:32:49,130 --> 00:32:46,559

interesting we would love to talk to

780

00:32:50,029 --> 00:32:49,140

that guy yeah

781

00:32:52,570 --> 00:32:50,039

um

782

00:32:55,730 --> 00:32:52,580

uh but you know

783

00:32:59,210 --> 00:32:55,740

the community seems to be having a lot

784

00:33:00,769 --> 00:32:59,220

of difficulty in marrying things

785

00:33:03,289 --> 00:33:00,779

together so now we're part of the

786

00:33:06,110 --> 00:33:03,299

Bigfoot Community which heretofore we

787

00:33:08,269 --> 00:33:06,120

were not uh as of you know six months

788

00:33:10,669 --> 00:33:08,279

ago we just kind of got into this and

789

00:33:12,409 --> 00:33:10,679

fortunately we met Matt and we added him

790

00:33:15,049 --> 00:33:12,419

to our cast but he has his own show

791

00:33:17,269 --> 00:33:15,059

Bigfoot Crossroads oh I think I've

792

00:33:19,789 --> 00:33:17,279

listened to that show he's great man

793

00:33:22,130 --> 00:33:19,799

yeah yeah because and you know here in

794

00:33:25,490 --> 00:33:22,140

the American South we have interesting

795

00:33:28,009 --> 00:33:25,500

things around Bigfoot and um

796

00:33:30,649 --> 00:33:28,019

yeah and I find Cryptids just you know

797

00:33:32,630 --> 00:33:30,659

as we said before we started recording I

798

00:33:35,930 --> 00:33:32,640

find it very interesting so

799

00:33:38,630 --> 00:33:35,940

uh yeah that's interesting and so

800

00:33:40,690 --> 00:33:38,640

because that we we know a lot of people

801  
00:33:44,210 --> 00:33:40,700  
that have had a flesh and blood

802  
00:33:47,810 --> 00:33:44,220  
encounter I saw it cross the road I saw

803  
00:33:49,789 --> 00:33:47,820  
it on night vision I saw its eyes it uh

804  
00:33:51,230 --> 00:33:49,799  
it came around my campsite you know

805  
00:33:53,690 --> 00:33:51,240  
you've heard it all by now I can tell

806  
00:33:55,789 --> 00:33:53,700  
that you've you you know what some of

807  
00:33:58,490 --> 00:33:55,799  
these encounters have been and some of

808  
00:34:01,669 --> 00:33:58,500  
them are not open that there may be a

809  
00:34:05,630 --> 00:34:01,679  
paranormal aspect to the creature that

810  
00:34:08,270 --> 00:34:05,640  
is heretofore unproven but may still be

811  
00:34:10,550 --> 00:34:08,280  
a thing so I I try to just keep my

812  
00:34:12,530 --> 00:34:10,560  
aperture open you know I didn't think

813  
00:34:14,089 --> 00:34:12,540

you know when when we first started the

814

00:34:17,389 --> 00:34:14,099

show I didn't think ghosts had anything

815

00:34:20,210 --> 00:34:17,399

to do with the phenomenon the UFOs but

816

00:34:22,250 --> 00:34:20,220

you hang around Nathan and Deb and a lot

817

00:34:24,230 --> 00:34:22,260

of our other friends long enough and it

818

00:34:26,389 --> 00:34:24,240

opens your mind that wait a minute you

819

00:34:29,389 --> 00:34:26,399

know maybe maybe I you know I just

820

00:34:32,570 --> 00:34:29,399

wasn't open to this and there may be a

821

00:34:35,149 --> 00:34:32,580

portal aspect that that bigfoots have

822

00:34:40,010 --> 00:34:35,159

come in and maybe people say no it's

823

00:34:42,169 --> 00:34:40,020

impossible really is it I mean yeah I I

824

00:34:44,210 --> 00:34:42,179

think I love

825

00:34:46,550 --> 00:34:44,220

um I love digging into native cultures

826

00:34:48,169 --> 00:34:46,560

and their take on this stuff because I

827

00:34:52,669 --> 00:34:48,179

feel like there's some real wisdom there

828

00:34:56,030 --> 00:34:52,679

that gets lost because in our you know

829

00:34:59,510 --> 00:34:56,040

Western tradition we we don't value

830

00:35:00,290 --> 00:34:59,520

um non-written history but I talked with

831

00:35:03,770 --> 00:35:00,300

um

832

00:35:05,450 --> 00:35:03,780

his name is lopaka kapanui he's an actor

833

00:35:08,990 --> 00:35:05,460

and he's all these things he's a

834

00:35:14,329 --> 00:35:09,000

Storyteller he's amazing and he runs

835

00:35:16,730 --> 00:35:14,339

um this Hawaiian tour group in Honolulu

836

00:35:19,670 --> 00:35:16,740

and in the Hawaiian tradition there's no

837

00:35:22,910 --> 00:35:19,680

word for Supernatural it's all natural

838

00:35:24,650 --> 00:35:22,920

and that seems to be making sense when

839

00:35:27,130 --> 00:35:24,660

we talk about all these different

840

00:35:28,970 --> 00:35:27,140

categories of

841

00:35:32,030 --> 00:35:28,980

phenomenon which by the way today's

842

00:35:34,550 --> 00:35:32,040

national paranormal day so yeah happy

843

00:35:37,430 --> 00:35:34,560

happy us right we planned it like this

844

00:35:40,010 --> 00:35:37,440

yeah yeah it was all part of the plan

845

00:35:42,770 --> 00:35:40,020

um and so I kind of wonder if this kind

846

00:35:45,890 --> 00:35:42,780

of if you were to take all of that as

847

00:35:48,050 --> 00:35:45,900

like one giant ball it would apply

848

00:35:49,490 --> 00:35:48,060

towards like the quantum theories and

849

00:35:52,329 --> 00:35:49,500

stuff like

850

00:35:55,310 --> 00:35:52,339

um I like Einstein's theory about energy

851  
00:35:58,730 --> 00:35:55,320  
uh that just like

852  
00:36:01,790 --> 00:35:58,740  
you know other energies our spirit when

853  
00:36:04,250 --> 00:36:01,800  
we pass away it doesn't

854  
00:36:06,710 --> 00:36:04,260  
go away it doesn't like disappear it

855  
00:36:10,430 --> 00:36:06,720  
just transfers form kind of like water

856  
00:36:11,990 --> 00:36:10,440  
vapor and I kind of wonder if

857  
00:36:13,010 --> 00:36:12,000  
you know we're talking about Bigfoot

858  
00:36:15,770 --> 00:36:13,020  
when we're talking about ghosts we're

859  
00:36:19,790 --> 00:36:15,780  
talking about UFOs if it's just simply

860  
00:36:22,970 --> 00:36:19,800  
that these things are Supernatural to us

861  
00:36:26,630 --> 00:36:22,980  
and not natural because of our limited

862  
00:36:28,450 --> 00:36:26,640  
perspective on our own universe and our

863  
00:36:32,089 --> 00:36:28,460

place in the universe and our overly

864

00:36:34,390 --> 00:36:32,099

self-important status in the universe

865

00:36:37,130 --> 00:36:34,400

Nathan are we too caught up in the label

866

00:36:40,730 --> 00:36:37,140

uh well yeah I mean look our language

867

00:36:42,710 --> 00:36:40,740

defines our possibilities and uh one

868

00:36:44,510 --> 00:36:42,720

thing I bet Meredith would agree on is

869

00:36:46,190 --> 00:36:44,520

that by having conversations that are

870

00:36:48,349 --> 00:36:46,200

strange and different and about topics

871

00:36:50,750 --> 00:36:48,359

that people don't want to talk about it

872

00:36:54,050 --> 00:36:50,760

expands your way of thinking about not

873

00:36:56,410 --> 00:36:54,060

only yourself but the world and in the

874

00:36:59,030 --> 00:36:56,420

west we've gotten really good at kind of

875

00:37:01,069 --> 00:36:59,040

categorizing things and boxing them and

876

00:37:03,890 --> 00:37:01,079

making them really tiny and Hyper

877

00:37:08,270 --> 00:37:03,900

specialized and as if that's a way for

878

00:37:10,430 --> 00:37:08,280

us to master nature and we confuse our

879

00:37:13,069 --> 00:37:10,440

ability to categorize with with our

880

00:37:14,630 --> 00:37:13,079

ability to understand right we kind of

881

00:37:15,770 --> 00:37:14,640

think that we just because we've labeled

882

00:37:18,170 --> 00:37:15,780

it we actually understand what's going

883

00:37:20,450 --> 00:37:18,180

on it's because we have a map of how to

884

00:37:22,310 --> 00:37:20,460

get from here to Pensacola or whatever

885

00:37:25,910 --> 00:37:22,320

it means like you're taking the journey

886

00:37:28,390 --> 00:37:25,920

it's not the same right so I think part

887

00:37:31,190 --> 00:37:28,400

of the phenomena is

888

00:37:33,730 --> 00:37:31,200

showing us and kind of reminding us that

889

00:37:38,450 --> 00:37:33,740

there's more to the lived experience

890

00:37:40,190 --> 00:37:38,460

than our ability to try to frame it in a

891

00:37:41,930 --> 00:37:40,200

way that makes sense to us there are

892

00:37:43,910 --> 00:37:41,940

things outside of our

893

00:37:46,430 --> 00:37:43,920

you know of our comfort zone of our

894

00:37:49,550 --> 00:37:46,440

knowledge that are going to shake and

895

00:37:52,430 --> 00:37:49,560

transform us that remind us reality is

896

00:37:53,510 --> 00:37:52,440

bigger broader wider weirder than we can

897

00:37:55,490 --> 00:37:53,520

comprehend

898

00:37:57,410 --> 00:37:55,500

I actually have an example for this and

899

00:37:59,210 --> 00:37:57,420

if you go ahead Meredith oh I just

900

00:38:01,730 --> 00:37:59,220

simply agreeing I love reality is

901  
00:38:04,730 --> 00:38:01,740  
weirder that I love that that's so good

902  
00:38:06,829 --> 00:38:04,740  
I was listening to a Bigfoot show I'm

903  
00:38:09,470 --> 00:38:06,839  
not going to say the name because uh the

904  
00:38:10,670 --> 00:38:09,480  
the host is a friend of mine but

905  
00:38:13,609 --> 00:38:10,680  
um

906  
00:38:15,829 --> 00:38:13,619  
there's a guy out on a hunting trip out

907  
00:38:17,450 --> 00:38:15,839  
west with his father and they go to like

908  
00:38:20,030 --> 00:38:17,460  
separate locations there might have been

909  
00:38:21,950 --> 00:38:20,040  
like you know several miles apart and

910  
00:38:26,270 --> 00:38:21,960  
then they come back and meet up

911  
00:38:28,910 --> 00:38:26,280  
and the hyper specificity with which he

912  
00:38:32,210 --> 00:38:28,920  
described every movement that he made

913  
00:38:36,170 --> 00:38:32,220

his Weaponry how he planned to employ

914

00:38:39,470 --> 00:38:36,180

that weapon how many and when he when he

915

00:38:43,190 --> 00:38:39,480

thought that he thought that he was

916

00:38:45,589 --> 00:38:43,200

being drawn in by the Bigfoot which I

917

00:38:47,390 --> 00:38:45,599

think the way it sounded to me was he

918

00:38:49,550 --> 00:38:47,400

was actually stalking that sound that he

919

00:38:51,410 --> 00:38:49,560

heard and he kept pursuing it and

920

00:38:53,390 --> 00:38:51,420

pursuing it and when it finally said

921

00:38:55,430 --> 00:38:53,400

okay I've given enough ground and

922

00:38:58,970 --> 00:38:55,440

stepped out from behind a tree

923

00:39:02,569 --> 00:38:58,980

again when he's talking about every

924

00:39:04,010 --> 00:39:02,579

minute detail of his ta he's not a

925

00:39:05,810 --> 00:39:04,020

military dude not a law enforcement

926  
00:39:07,609 --> 00:39:05,820  
officer but he was talking about how he

927  
00:39:10,010 --> 00:39:07,619  
had been to these sort of courses and

928  
00:39:13,849 --> 00:39:10,020  
and the hyper specificity that when he

929  
00:39:16,490 --> 00:39:13,859  
saw this and and and how he egressed out

930  
00:39:18,290 --> 00:39:16,500  
of the area and why he took each step

931  
00:39:20,390 --> 00:39:18,300  
and how many rounds he thought he could

932  
00:39:22,310 --> 00:39:20,400  
get from this distance before this

933  
00:39:23,810 --> 00:39:22,320  
potential creature rushed him which

934  
00:39:26,870 --> 00:39:23,820  
obviously it would have done that

935  
00:39:29,390 --> 00:39:26,880  
earlier if that was its intention

936  
00:39:31,730 --> 00:39:29,400  
um it shocked his world that he was in

937  
00:39:34,010 --> 00:39:31,740  
therapy that his wife is like I wish he

938  
00:39:36,650 --> 00:39:34,020

would have killed it that he was just

939

00:39:39,950 --> 00:39:36,660

you know overcome and he had decided

940

00:39:40,849 --> 00:39:39,960

that this had tried to draw him in to do

941

00:39:44,450 --> 00:39:40,859

something

942

00:39:46,609 --> 00:39:44,460

when quite obviously if it had wanted to

943

00:39:48,109 --> 00:39:46,619

do something to you it probably would

944

00:39:51,530 --> 00:39:48,119

have done that

945

00:39:54,170 --> 00:39:51,540

so I say all this to bolster the the

946

00:39:57,530 --> 00:39:54,180

point that you said is that it seems

947

00:39:59,510 --> 00:39:57,540

though people require a framework

948

00:40:02,210 --> 00:39:59,520

it has to whatever it is that I'm

949

00:40:04,970 --> 00:40:02,220

dealing with here it has to fit in this

950

00:40:07,490 --> 00:40:04,980

framework and if it does I can deal with

951  
00:40:10,370 --> 00:40:07,500  
it I can maybe shoot it and kill it if I

952  
00:40:13,430 --> 00:40:10,380  
have to or want to and if it's outside

953  
00:40:15,589 --> 00:40:13,440  
of this framework and I'm scared

954  
00:40:17,990 --> 00:40:15,599  
to where I'm ready to pee on myself

955  
00:40:20,810 --> 00:40:18,000  
which many Bigfoot experiences have

956  
00:40:23,030 --> 00:40:20,820  
that's problematic so I think Nathan

957  
00:40:24,589 --> 00:40:23,040  
what you're saying is that when we're

958  
00:40:27,230 --> 00:40:24,599  
dealing with whether it be Bigfoot

959  
00:40:32,210 --> 00:40:27,240  
whether this be a poltergeist whether

960  
00:40:34,910 --> 00:40:32,220  
this be a craft or beings that

961  
00:40:37,970 --> 00:40:34,920  
we want it to be in a framework and if

962  
00:40:40,430 --> 00:40:37,980  
it's not that's an issue for for many of

963  
00:40:42,349 --> 00:40:40,440

us not necessarily all of us yeah I mean

964

00:40:44,089 --> 00:40:42,359

if it doesn't fit too it didn't that's

965

00:40:46,010 --> 00:40:44,099

what leads to what they call ontological

966

00:40:49,370 --> 00:40:46,020

shock so

967

00:40:51,470 --> 00:40:49,380

um EXO yeah you know the world as you

968

00:40:53,569 --> 00:40:51,480

know it doesn't exist anymore and but

969

00:40:56,329 --> 00:40:53,579

you're still here so what is the world

970

00:40:58,810 --> 00:40:56,339

going to be in that new place you find

971

00:41:01,849 --> 00:40:58,820

yourself and you're you're at that point

972

00:41:03,710 --> 00:41:01,859

charting into un you know you're moving

973

00:41:05,810 --> 00:41:03,720

into Uncharted Territory

974

00:41:08,270 --> 00:41:05,820

yeah I I wonder

975

00:41:10,990 --> 00:41:08,280

um since Deb is in mental health like I

976  
00:41:14,450 --> 00:41:11,000  
was just learning about the psychologist

977  
00:41:16,370 --> 00:41:14,460  
who used to help people who had

978  
00:41:17,569 --> 00:41:16,380  
um abduction experiences and how he

979  
00:41:19,250 --> 00:41:17,579  
passed away and all that kind of thing

980  
00:41:22,670 --> 00:41:19,260  
and

981  
00:41:25,670 --> 00:41:22,680  
um I'm just curious like Deb what your

982  
00:41:28,370 --> 00:41:25,680  
if you've ever treated somebody who has

983  
00:41:31,310 --> 00:41:28,380  
had a paranormal experience meaning not

984  
00:41:32,870 --> 00:41:31,320  
just UFO or abduction but you know

985  
00:41:35,810 --> 00:41:32,880  
something across the board that either

986  
00:41:37,609 --> 00:41:35,820  
brought them Comfort or disturbed them

987  
00:41:38,990 --> 00:41:37,619  
that so much that they needed to talk

988  
00:41:42,650 --> 00:41:39,000

about it

989

00:41:44,569 --> 00:41:42,660

yeah actually several and and I'm not

990

00:41:47,750 --> 00:41:44,579

someone who is

991

00:41:50,450 --> 00:41:47,760

um listed as an experienter supporter

992

00:41:52,790 --> 00:41:50,460

either but this happens and it probably

993

00:41:54,770 --> 00:41:52,800

happens to lots of other mental health

994

00:41:57,349 --> 00:41:54,780

professionals

995

00:42:00,410 --> 00:41:57,359

um so it's happened several times and

996

00:42:04,010 --> 00:42:00,420

I've also had people talk to me about

997

00:42:06,170 --> 00:42:04,020

what they've seen with the UFO news and

998

00:42:09,290 --> 00:42:06,180

talk to me about that and I have to be

999

00:42:12,230 --> 00:42:09,300

really neutral but it is actually one of

1000

00:42:14,569 --> 00:42:12,240

my interests to help people with the

1001  
00:42:16,430 --> 00:42:14,579  
mental health aspect of all of this it

1002  
00:42:19,390 --> 00:42:16,440  
can be really traumatic

1003  
00:42:23,390 --> 00:42:19,400  
UAP Med yes

1004  
00:42:27,530 --> 00:42:23,400  
yes Deb's part of UAP Med as well that

1005  
00:42:30,410 --> 00:42:27,540  
has Professionals of oh really yes we

1006  
00:42:33,109 --> 00:42:30,420  
just had a panel on Mental Health this

1007  
00:42:34,250 --> 00:42:33,119  
last weekend actually and there are

1008  
00:42:39,650 --> 00:42:34,260  
people

1009  
00:42:41,150 --> 00:42:39,660  
in John Max footsteps and the John Mack

1010  
00:42:44,089 --> 00:42:41,160  
Institute is actually up and running

1011  
00:42:46,010 --> 00:42:44,099  
again thanks to some people that Nathan

1012  
00:42:48,530 --> 00:42:46,020  
knows you know and things like that he's

1013  
00:42:50,210 --> 00:42:48,540

like it's it's a it's amazing that he

1014

00:42:53,450 --> 00:42:50,220

was able to do that Harvard really

1015

00:42:56,210 --> 00:42:53,460

pushed back on him for doing it

1016

00:42:58,130 --> 00:42:56,220

um and I think there's I have to say

1017

00:42:59,630 --> 00:42:58,140

there's a little bit of a bias when it

1018

00:43:02,630 --> 00:42:59,640

comes to someone who wants to support

1019

00:43:04,849 --> 00:43:02,640

people with this but but as opposed to

1020

00:43:06,950 --> 00:43:04,859

if they were like say a Christian

1021

00:43:09,109 --> 00:43:06,960

therapist you know like it's kind of

1022

00:43:13,010 --> 00:43:09,119

just a strange bias I'm not sure why

1023

00:43:14,450 --> 00:43:13,020

that is but that exists are they doing

1024

00:43:17,990 --> 00:43:14,460

anything at the University of Virginia

1025

00:43:20,150 --> 00:43:18,000

because I find that man I want to just

1026  
00:43:22,250 --> 00:43:20,160  
interview every researcher there that's

1027  
00:43:24,170 --> 00:43:22,260  
where Dr Bruce Grayson is that's what Dr

1028  
00:43:26,569 --> 00:43:24,180  
Jim Tucker is trying to get him on a

1029  
00:43:29,270 --> 00:43:26,579  
show on the show to talk about past life

1030  
00:43:31,670 --> 00:43:29,280  
experiences and children

1031  
00:43:34,250 --> 00:43:31,680  
um have you heard anything about this

1032  
00:43:36,910 --> 00:43:34,260  
sort of thing being looked at there I

1033  
00:43:40,430 --> 00:43:36,920  
actually hear about a lot of places

1034  
00:43:42,589 --> 00:43:40,440  
including Harvard so there's not a lot

1035  
00:43:44,990 --> 00:43:42,599  
of public material but there's been

1036  
00:43:46,790 --> 00:43:45,000  
Supernatural interests for years and

1037  
00:43:48,530 --> 00:43:46,800  
years and years in all these different

1038  
00:43:51,710 --> 00:43:48,540

universities

1039

00:43:54,410 --> 00:43:51,720

um including in Baltimore so you'd be

1040

00:43:56,690 --> 00:43:54,420

surprised like I've heard speakers from

1041

00:43:58,430 --> 00:43:56,700

the University of Baltimore you know

1042

00:44:06,069 --> 00:43:58,440

like they're they're all over the place

1043

00:44:12,109 --> 00:44:08,569

do you have

1044

00:44:15,349 --> 00:44:12,119

um a feeling an opinion an outlook on

1045

00:44:18,530 --> 00:44:15,359

um Chris Bledsoe I I uh

1046

00:44:20,150 --> 00:44:18,540

you know I'm I'm looking at if I had him

1047

00:44:22,190 --> 00:44:20,160

on the show like what would that look

1048

00:44:25,450 --> 00:44:22,200

like because I'm not a paranormal show

1049

00:44:29,210 --> 00:44:25,460

and I do try to present things that have

1050

00:44:32,150 --> 00:44:29,220

more outward facing paradoxes for

1051  
00:44:33,589 --> 00:44:32,160  
example well like Dr Bruce Grayson's a

1052  
00:44:35,390 --> 00:44:33,599  
great example so he studied near-death

1053  
00:44:38,450 --> 00:44:35,400  
experiences for 50 years so he's

1054  
00:44:41,270 --> 00:44:38,460  
incredibly academic he's

1055  
00:44:45,050 --> 00:44:41,280  
um up until like really pretty recently

1056  
00:44:48,410 --> 00:44:45,060  
he was an atheist and yet he led this

1057  
00:44:51,290 --> 00:44:48,420  
you know against up Upstream

1058  
00:44:53,089 --> 00:44:51,300  
journey of uh studying this subject

1059  
00:44:54,530 --> 00:44:53,099  
matter and so I like that those two

1060  
00:44:56,630 --> 00:44:54,540  
things don't go together kind of like a

1061  
00:44:58,010 --> 00:44:56,640  
bear is interesting a tricycle is

1062  
00:44:59,450 --> 00:44:58,020  
interesting but a bear on tricycle is

1063  
00:45:02,690 --> 00:44:59,460

super interesting

1064

00:45:04,970 --> 00:45:02,700

um so is is Chris Bledsoe a bear on a

1065

00:45:07,910 --> 00:45:04,980

tricycle or like

1066

00:45:10,309 --> 00:45:07,920

okay believe it or not the fact that the

1067

00:45:13,069 --> 00:45:10,319

government was so interested in him and

1068

00:45:15,349 --> 00:45:13,079

get got involved in his story might be

1069

00:45:17,930 --> 00:45:15,359

the tricycle in this scenario you know

1070

00:45:20,210 --> 00:45:17,940

the fact that they've not only came to

1071

00:45:23,210 --> 00:45:20,220

his house but they displaced his kids in

1072

00:45:25,370 --> 00:45:23,220

order to camp out at his house so

1073

00:45:26,630 --> 00:45:25,380

there's a lot more to his story I don't

1074

00:45:28,550 --> 00:45:26,640

know if it

1075

00:45:31,309 --> 00:45:28,560

um is touched on in the book I haven't

1076

00:45:33,589 --> 00:45:31,319

had a chance to read it yet but

1077

00:45:35,690 --> 00:45:33,599

um the fact that the government found

1078

00:45:37,609 --> 00:45:35,700

him really interesting and had

1079

00:45:40,069 --> 00:45:37,619

experiences of their own when they were

1080

00:45:43,030 --> 00:45:40,079

there it's just another facet to a story

1081

00:45:45,349 --> 00:45:43,040

that intrigues me

1082

00:45:47,690 --> 00:45:45,359

I was gonna say Diana has not come

1083

00:45:50,089 --> 00:45:47,700

public with exactly what she experienced

1084

00:45:51,170 --> 00:45:50,099

there yet Diana's been there

1085

00:45:53,930 --> 00:45:51,180

yes

1086

00:45:57,170 --> 00:45:53,940

and I don't know if if she will I don't

1087

00:45:58,550 --> 00:45:57,180

know what the uh I don't know you know

1088

00:46:00,650 --> 00:45:58,560

we'll ask her about it when she comes

1089

00:46:02,690 --> 00:46:00,660

back I don't know if she's gonna answer

1090

00:46:05,569 --> 00:46:02,700

it but uh I know if you saw our Jim

1091

00:46:10,609 --> 00:46:05,579

semivan episode he said I went to his

1092

00:46:12,650 --> 00:46:10,619

house and saw a a white bull manifest in

1093

00:46:15,589 --> 00:46:12,660

his backyard right from them and and and

1094

00:46:17,809 --> 00:46:15,599

the white lady as well that that Chris

1095

00:46:20,270 --> 00:46:17,819

speaks about so what do you say to that

1096

00:46:23,510 --> 00:46:20,280

when it's when it's a retired CA uh CIA

1097

00:46:25,970 --> 00:46:23,520

operative do you go ah man I you know I

1098

00:46:28,190 --> 00:46:25,980

don't believe you dude I mean I mean

1099

00:46:30,230 --> 00:46:28,200

these are very I mean and that's just

1100

00:46:33,050 --> 00:46:30,240

that's you know we've just named two

1101  
00:46:35,210 --> 00:46:33,060  
people out of many that have been there

1102  
00:46:38,809 --> 00:46:35,220  
and when all those three letter agencies

1103  
00:46:41,510 --> 00:46:38,819  
went there is because they found uh a

1104  
00:46:43,910 --> 00:46:41,520  
significant amount of evidence that he

1105  
00:46:46,130 --> 00:46:43,920  
could manifest something

1106  
00:46:48,290 --> 00:46:46,140  
pretty much on call and a lot of people

1107  
00:46:49,430 --> 00:46:48,300  
can't do that I also wanted to mention

1108  
00:46:52,849 --> 00:46:49,440  
to you

1109  
00:46:55,010 --> 00:46:52,859  
um Deb alluded to and Nathan alluded to

1110  
00:46:57,950 --> 00:46:55,020  
EXO Academia and this guy's name is

1111  
00:47:00,170 --> 00:46:57,960  
Darren he took over

1112  
00:47:01,609 --> 00:47:00,180  
uh is it the ranking position at the

1113  
00:47:03,650 --> 00:47:01,619

John Mack he's the communications

1114

00:47:06,530 --> 00:47:03,660

director for the John Mack Institute

1115

00:47:08,329 --> 00:47:06,540

Institute okay and he's an experimenter

1116

00:47:11,750 --> 00:47:08,339

he has also been to Chris Bledsoe's

1117

00:47:15,109 --> 00:47:11,760

property he is an experimenter he is a

1118

00:47:17,450 --> 00:47:15,119

has uh spoken at a couple of events of

1119

00:47:19,190 --> 00:47:17,460

friends of ours have had and I think

1120

00:47:21,829 --> 00:47:19,200

he'd be a very interesting guest for

1121

00:47:23,569 --> 00:47:21,839

your show Meredith and um we can

1122

00:47:25,790 --> 00:47:23,579

wouldn't have a lot of trouble arranging

1123

00:47:27,470 --> 00:47:25,800

that so just let us know if you decide

1124

00:47:29,630 --> 00:47:27,480

you want to have Darren because do you

1125

00:47:32,150 --> 00:47:29,640

know his last name can you share it yeah

1126

00:47:35,930 --> 00:47:32,160

it's Darren King okay great I will

1127

00:47:37,250 --> 00:47:35,940

cyberstock engaged yeah and Nathan I'm

1128

00:47:39,050 --> 00:47:37,260

talking to him tomorrow so I'll mention

1129

00:47:40,730 --> 00:47:39,060

it to you yeah Nathan has coffee with

1130

00:47:42,950 --> 00:47:40,740

him every week so this is you know not

1131

00:47:46,010 --> 00:47:42,960

going to be a big not going to have like

1132

00:47:48,230 --> 00:47:46,020

me trying to get Chris Blitz on here I

1133

00:47:49,730 --> 00:47:48,240

got to meet him recently for one-on-one

1134

00:47:52,670 --> 00:47:49,740

talk that I thought was going to be 15

1135

00:47:54,470 --> 00:47:52,680

minutes it went over an hour and he like

1136

00:47:56,150 --> 00:47:54,480

made me really think about some things

1137

00:47:58,309 --> 00:47:56,160

and I'm like damn I didn't expect that

1138

00:48:00,770 --> 00:47:58,319

to happen I was like not thinking that

1139

00:48:02,690 --> 00:48:00,780

was gonna happen but it was good he's

1140

00:48:05,210 --> 00:48:02,700

coming back on cab man he's a monster

1141

00:48:07,730 --> 00:48:05,220

man he is he's a very interesting guy

1142

00:48:10,849 --> 00:48:07,740

and Nathan and he are like brothers they

1143

00:48:12,890 --> 00:48:10,859

met on this show I believe that's really

1144

00:48:15,530 --> 00:48:12,900

cool don't you love that when guests

1145

00:48:17,030 --> 00:48:15,540

become friends it's the best yeah well

1146

00:48:20,809 --> 00:48:17,040

we lived in the same town

1147

00:48:22,790 --> 00:48:20,819

yeah they both live in Nashville and uh

1148

00:48:24,410 --> 00:48:22,800

when when I asked Nathan when we started

1149

00:48:26,150 --> 00:48:24,420

cab I said who's like the first five

1150

00:48:28,670 --> 00:48:26,160

people you want to have I can't remember

1151

00:48:31,550 --> 00:48:28,680

who I know James Ryan doley was one I

1152

00:48:34,130 --> 00:48:31,560

know EXO Academia was one and so I I

1153

00:48:36,530 --> 00:48:34,140

messed him and he says to me well what

1154

00:48:38,870 --> 00:48:36,540

kinds of questions would you ask me and

1155

00:48:40,910 --> 00:48:38,880

so Nathan's like oh I got this man so

1156

00:48:42,710 --> 00:48:40,920

Nathan you know wrote Nathan knew you

1157

00:48:44,930 --> 00:48:42,720

know what to say and he fed him and he's

1158

00:48:46,490 --> 00:48:44,940

like yes I'll come on and as soon as

1159

00:48:48,410 --> 00:48:46,500

they came on air and started talking I

1160

00:48:50,630 --> 00:48:48,420

was like these guys have had a shared

1161

00:48:52,370 --> 00:48:50,640

experience growing them growing up both

1162

00:48:54,470 --> 00:48:52,380

of them grew up in a religious

1163

00:48:56,270 --> 00:48:54,480

background studied religion in

1164

00:48:58,130 --> 00:48:56,280

University I was like these guys are

1165

00:49:00,829 --> 00:48:58,140

brothers man it was just like it took me

1166

00:49:03,710 --> 00:49:00,839

like five minutes to figure that out

1167

00:49:05,569 --> 00:49:03,720

um so it it's great and and we've never

1168

00:49:07,430 --> 00:49:05,579

had Darren on since so thank God he's

1169

00:49:08,690 --> 00:49:07,440

coming back so we can yeah it's the

1170

00:49:11,150 --> 00:49:08,700

right time

1171

00:49:13,849 --> 00:49:11,160

um and I think uh Meredith another sort

1172

00:49:15,650 --> 00:49:13,859

of angle on your approach to Chris

1173

00:49:18,650 --> 00:49:15,660

um so there is definitely the bear on

1174

00:49:20,210 --> 00:49:18,660

the tricycle with the UFOs and the

1175

00:49:22,730 --> 00:49:20,220

government interests in UFOs right

1176

00:49:25,250 --> 00:49:22,740

historically there's been a we don't

1177

00:49:26,089 --> 00:49:25,260

study this kind of perspective sure but

1178

00:49:28,550 --> 00:49:26,099

I think

1179

00:49:30,890 --> 00:49:28,560

one thing that Chris has not really been

1180

00:49:33,890 --> 00:49:30,900

asked a lot about that you might have an

1181

00:49:36,710 --> 00:49:33,900

opportunity to ask as an outsider is

1182

00:49:40,250 --> 00:49:36,720

really what you raised earlier and how

1183

00:49:42,970 --> 00:49:40,260

does he sort of reconcile or balance the

1184

00:49:45,290 --> 00:49:42,980

UFO experience with his religious

1185

00:49:47,690 --> 00:49:45,300

upbringing how does he contextualize

1186

00:49:50,150 --> 00:49:47,700

those two things people that follow

1187

00:49:51,290 --> 00:49:50,160

Chris and you know have studied a lot of

1188

00:49:53,510 --> 00:49:51,300

his interviews things like that I think

1189

00:49:55,430 --> 00:49:53,520

it's like obvious to us that it that is

1190

00:49:57,410 --> 00:49:55,440

religious background influences the way

1191

00:49:58,790 --> 00:49:57,420

he understands it but very few people

1192

00:50:01,069 --> 00:49:58,800

seem I don't know if it's a comfort

1193

00:50:02,270 --> 00:50:01,079

issue or I'm not sure what it is but he

1194

00:50:04,130 --> 00:50:02,280

doesn't get a lot of direct questions

1195

00:50:07,609 --> 00:50:04,140

about it so I think that would be

1196

00:50:09,530 --> 00:50:07,619

interesting to hear him respond on you

1197

00:50:11,630 --> 00:50:09,540

know are you still a Believer what is

1198

00:50:14,210 --> 00:50:11,640

the nature of your belief now you know

1199

00:50:16,849 --> 00:50:14,220

in light of your experience getting him

1200

00:50:19,370 --> 00:50:16,859

to talk a little bit more about that

1201

00:50:21,770 --> 00:50:19,380

yeah that's that's a very good Insight

1202

00:50:22,970 --> 00:50:21,780

thank you for that um he seems very

1203

00:50:24,230 --> 00:50:22,980

sincere

1204

00:50:25,609 --> 00:50:24,240

um when I've listened to his other

1205

00:50:27,950 --> 00:50:25,619

interviews

1206

00:50:30,349 --> 00:50:27,960

um he is completely what I would

1207

00:50:32,450 --> 00:50:30,359

consider counter Sensational he you know

1208

00:50:34,730 --> 00:50:32,460

it's like he's doing this because he

1209

00:50:37,190 --> 00:50:34,740

feels like there's a message that needs

1210

00:50:39,410 --> 00:50:37,200

to get out and

1211

00:50:42,290 --> 00:50:39,420

um he doesn't want these experiences to

1212

00:50:45,050 --> 00:50:42,300

be wasted by being secret and he's

1213

00:50:47,930 --> 00:50:45,060

sacred like he's lost so much because of

1214

00:50:50,030 --> 00:50:47,940

this and it's it's heartbreaking because

1215

00:50:51,650 --> 00:50:50,040

I I know how the Pentecostal church is

1216

00:50:55,130 --> 00:50:51,660

and

1217

00:50:57,349 --> 00:50:55,140

um yeah that's yeah married to a

1218

00:51:01,309 --> 00:50:57,359

preacher's daughter I mean I mean his

1219

00:51:03,950 --> 00:51:01,319

life too is just an incredible

1220

00:51:06,349 --> 00:51:03,960

um just Whirlwind of and roller coaster

1221

00:51:09,230 --> 00:51:06,359

and so yeah there's there's so much

1222

00:51:10,609 --> 00:51:09,240

there that it's almost do you ever have

1223

00:51:13,370 --> 00:51:10,619

that will you have guests where you're

1224

00:51:14,990 --> 00:51:13,380

like there's so much you could if you

1225

00:51:17,270 --> 00:51:15,000

talked about everything it'd almost be

1226

00:51:19,670 --> 00:51:17,280

like talking about nothing and so you

1227

00:51:21,589 --> 00:51:19,680

have to pick like which thing would be

1228

00:51:23,990 --> 00:51:21,599

the most important to my audience which

1229

00:51:25,910 --> 00:51:24,000

which is the thing that would be most

1230

00:51:26,930 --> 00:51:25,920

um satisfying to the guest because you

1231

00:51:30,230 --> 00:51:26,940

don't want it to be boring for them

1232

00:51:33,410 --> 00:51:30,240

either and yeah he's just as a as I read

1233

00:51:36,890 --> 00:51:33,420

his book I'm like oh my gosh this is so

1234

00:51:39,290 --> 00:51:36,900

insane so yeah we like to send cab

1235

00:51:40,790 --> 00:51:39,300

always leave them want more and we can

1236

00:51:42,770 --> 00:51:40,800

always have the person back for a second

1237

00:51:44,510 --> 00:51:42,780

one but yeah you don't want to squeeze

1238

00:51:46,549 --> 00:51:44,520

that fruit until there's no juice left

1239

00:51:48,470 --> 00:51:46,559

then the person's exhausted you're

1240

00:51:50,750 --> 00:51:48,480

exhausted and then there's no reason to

1241

00:51:52,370 --> 00:51:50,760

have a second episode yeah so by the way

1242

00:51:54,770 --> 00:51:52,380

I want to say hi to Julie our chat

1243

00:51:57,290 --> 00:51:54,780

moderator who has been uh battling

1244

00:51:59,690 --> 00:51:57,300

illness in the hospital and uh hi Jules

1245

00:52:01,250 --> 00:51:59,700

one love to you from the cab crew this

1246

00:52:03,829 --> 00:52:01,260

is Meredith that's waving to you right

1247

00:52:05,990 --> 00:52:03,839

there and uh I'm hoping that you're

1248

00:52:08,030 --> 00:52:06,000

going to get to go home soon you sounded

1249

00:52:09,910 --> 00:52:08,040

phenomenal last night so that no pun

1250

00:52:12,950 --> 00:52:09,920

intended so

1251

00:52:15,049 --> 00:52:12,960

so that was really cool

1252

00:52:16,549 --> 00:52:15,059

um I was thinking about for you to ask

1253

00:52:19,430 --> 00:52:16,559

man after this what I want to do after

1254

00:52:20,930 --> 00:52:19,440

this is I'd like to everybody to uh you

1255

00:52:22,430 --> 00:52:20,940

know we'll start with like Nathan and

1256

00:52:23,990 --> 00:52:22,440

throw those topics you know we can go

1257

00:52:25,370 --> 00:52:24,000

down to Meredith and then dab in the

1258

00:52:26,030 --> 00:52:25,380

MoMA cell

1259

00:52:29,750 --> 00:52:26,040

um

1260

00:52:35,030 --> 00:52:29,760

but you know is to try to get into the

1261

00:52:38,150 --> 00:52:35,040

feel of what it's like to manifest the

1262

00:52:41,089 --> 00:52:38,160

phenomenon into your reality on call

1263

00:52:44,450 --> 00:52:41,099

with a person there I'd like to know the

1264

00:52:47,150 --> 00:52:44,460

mindset I'd like to know what that feels

1265

00:52:48,410 --> 00:52:47,160

like and I also wanted to point out one

1266

00:52:50,690 --> 00:52:48,420

other thing when you talked about how

1267

00:52:52,670 --> 00:52:50,700

genuine this gentleman is this is all

1268

00:52:55,849 --> 00:52:52,680

against the backdrop of the entire town

1269

00:52:59,569 --> 00:52:55,859

saying that he's a liar that Chris Jr

1270

00:53:01,970 --> 00:52:59,579

and Ryan were Liars uh with them I don't

1271

00:53:04,670 --> 00:53:01,980

know if excommunicated would be the

1272

00:53:06,589 --> 00:53:04,680

right word but uh scorned and derided I

1273

00:53:09,410 --> 00:53:06,599

I guess you could say apostates

1274

00:53:11,750 --> 00:53:09,420

depending on what denomination you are

1275

00:53:14,510 --> 00:53:11,760

yeah Heretics yeah yeah I think

1276

00:53:16,430 --> 00:53:14,520

apostates is Mormon yeah

1277

00:53:17,589 --> 00:53:16,440

thank you though it sounds great though

1278

00:53:19,849 --> 00:53:17,599

man

1279

00:53:22,150 --> 00:53:19,859

I mean I love alliteration we could be

1280

00:53:25,130 --> 00:53:22,160

like alien apostates there you go

1281

00:53:27,829 --> 00:53:25,140

hey that's new I'm just about to say

1282

00:53:30,470 --> 00:53:27,839

that yeah I love that

1283

00:53:32,870 --> 00:53:30,480

to be treated you know like that is just

1284

00:53:35,510 --> 00:53:32,880

absurd for again and it's what I've told

1285

00:53:37,010 --> 00:53:35,520

people about Anjali you know and and

1286

00:53:38,569 --> 00:53:37,020

she's going to be coming up soon with

1287

00:53:41,210 --> 00:53:38,579

John Ramirez love these two Intel

1288

00:53:44,210 --> 00:53:41,220

professionals she experienced something

1289

00:53:46,910 --> 00:53:44,220

if you don't believe her fine don't

1290

00:53:49,490 --> 00:53:46,920

believe her don't believe Chris if if

1291

00:53:51,530 --> 00:53:49,500

you're somebody from Fayetteville but

1292

00:53:53,510 --> 00:53:51,540

there's no reason to attack this person

1293

00:53:56,750 --> 00:53:53,520

just say I don't believe you have a

1294

00:53:58,549 --> 00:53:56,760

great day I'm going to Kroger

1295

00:54:01,490 --> 00:53:58,559

it would be Publix it would be public

1296

00:54:06,370 --> 00:54:01,500

yes that's right guys come on I even I

1297

00:54:12,589 --> 00:54:10,730

I really don't maybe they do so anyway

1298

00:54:15,049 --> 00:54:12,599

um all right so let's go are you guys

1299

00:54:17,510 --> 00:54:15,059

ready to go with our topics du jour

1300

00:54:19,190 --> 00:54:17,520

let's do it okay Nathan hopefully you

1301  
00:54:20,589 --> 00:54:19,200  
have the French onion soup with that big

1302  
00:54:23,329 --> 00:54:20,599  
cheese on top

1303  
00:54:25,849 --> 00:54:23,339  
oh my gosh incredible

1304  
00:54:27,589 --> 00:54:25,859  
um and don't forget the potato chip

1305  
00:54:30,170 --> 00:54:27,599  
question for Meredith before we go don't

1306  
00:54:32,270 --> 00:54:30,180  
that's true it will be a cab fail if we

1307  
00:54:34,609 --> 00:54:32,280  
forget we have to we have to all right

1308  
00:54:36,290 --> 00:54:34,619  
so uh some Meredith you're I'm sure

1309  
00:54:38,089 --> 00:54:36,300  
hearing this everywhere we're all

1310  
00:54:39,950 --> 00:54:38,099  
hearing this everywhere AI it's

1311  
00:54:41,569 --> 00:54:39,960  
everywhere right yeah and the reason I

1312  
00:54:43,730 --> 00:54:41,579  
like to bring this up I brought it up on

1313  
00:54:45,770 --> 00:54:43,740

a couple episodes already is because it

1314

00:54:48,170 --> 00:54:45,780

is a disruptive

1315

00:54:50,390 --> 00:54:48,180

it's it's disrupting our society it is

1316

00:54:51,950 --> 00:54:50,400

and it will and I wondered if you've

1317

00:54:54,230 --> 00:54:51,960

given some thought to how it will just

1318

00:54:57,470 --> 00:54:54,240

disrupt you know what we do you know

1319

00:55:00,410 --> 00:54:57,480

content creation uh you know we had TJ

1320

00:55:02,450 --> 00:55:00,420

Allard on with us very recently

1321

00:55:04,309 --> 00:55:02,460

and he's uh one of The Producers on the

1322

00:55:06,170 --> 00:55:04,319

show secret of skin walker Ranch and he

1323

00:55:07,790 --> 00:55:06,180

had an insight into this that I hadn't

1324

00:55:09,829 --> 00:55:07,800

even considered that I thought was worth

1325

00:55:12,470 --> 00:55:09,839

sharing and that was that you know once

1326

00:55:14,630 --> 00:55:12,480

AI has kind of implemented in these you

1327

00:55:17,930 --> 00:55:14,640

know YouTube or Tick Tock spaces that

1328

00:55:20,770 --> 00:55:17,940

essentially the your algorithmic uh

1329

00:55:23,569 --> 00:55:20,780

inclination will then just like

1330

00:55:25,609 --> 00:55:23,579

instigate a flurry of content coming

1331

00:55:27,770 --> 00:55:25,619

back issue that no human being will have

1332

00:55:30,349 --> 00:55:27,780

created but you will find compelling and

1333

00:55:32,510 --> 00:55:30,359

interesting Etc so and it'll do it

1334

00:55:36,530 --> 00:55:32,520

faster than you and I can put together a

1335

00:55:38,270 --> 00:55:36,540

show like this uh so yeah right so I

1336

00:55:41,329 --> 00:55:38,280

mean what what do you think about that

1337

00:55:44,329 --> 00:55:41,339

and and uh where in all of that kind of

1338

00:55:46,609 --> 00:55:44,339

transformation is the human experiences

1339

00:55:47,870 --> 00:55:46,619

the human connection are we going to

1340

00:55:50,809 --> 00:55:47,880

lose that

1341

00:55:52,549 --> 00:55:50,819

mmm that is good I'm listening to that

1342

00:55:53,930 --> 00:55:52,559

episode of your show right now I'm like

1343

00:55:56,329 --> 00:55:53,940

halfway through it so I haven't gotten

1344

00:55:57,650 --> 00:55:56,339

to that point yet so now I'm like oh I

1345

00:55:59,329 --> 00:55:57,660

can't wait to go back this would be so

1346

00:56:01,490 --> 00:55:59,339

much fun I feel like at the end we'll

1347

00:56:03,650 --> 00:56:01,500

like hand each other notes of like okay

1348

00:56:05,930 --> 00:56:03,660

you listen to episode this number I'll

1349

00:56:08,270 --> 00:56:05,940

listen to episode that number absolutely

1350

00:56:09,650 --> 00:56:08,280

um yeah I think uh

1351  
00:56:12,170 --> 00:56:09,660  
you know

1352  
00:56:14,150 --> 00:56:12,180  
um from the production the production

1353  
00:56:16,490 --> 00:56:14,160  
side of me is the first to kick in when

1354  
00:56:19,730 --> 00:56:16,500  
we talk about AI the side that you know

1355  
00:56:21,829 --> 00:56:19,740  
is like an occasional model right um and

1356  
00:56:24,470 --> 00:56:21,839  
when I mean model it's not like Runway

1357  
00:56:26,329 --> 00:56:24,480  
guys it's like the boring commercials

1358  
00:56:29,690 --> 00:56:26,339  
that they're like we want a good

1359  
00:56:34,670 --> 00:56:29,700  
Midwestern looking woman that's me

1360  
00:56:38,030 --> 00:56:34,680  
um so I'm from Nebraska originally so um

1361  
00:56:40,670 --> 00:56:38,040  
the the side that of me that knows about

1362  
00:56:44,089 --> 00:56:40,680  
release forms is like we have to change

1363  
00:56:46,549 --> 00:56:44,099

these yesterday because when I go on set

1364

00:56:51,049 --> 00:56:46,559

I usually sign a release form that gives

1365

00:56:53,450 --> 00:56:51,059

the uh the client permission to alter my

1366

00:56:56,270 --> 00:56:53,460

appearance in whatever way they seem

1367

00:56:58,250 --> 00:56:56,280

necessary which usually just means like

1368

00:57:00,829 --> 00:56:58,260

if I had lipstick on my teeth you would

1369

00:57:03,530 --> 00:57:00,839

edit it out but now it has completely

1370

00:57:06,849 --> 00:57:03,540

different implications so one way that I

1371

00:57:09,890 --> 00:57:06,859

feel AI will impact podcaster creation

1372

00:57:12,890 --> 00:57:09,900

is that our media release forms will

1373

00:57:16,790 --> 00:57:12,900

need to specify to what degree the

1374

00:57:18,829 --> 00:57:16,800

creators will be using or not using AI

1375

00:57:20,750 --> 00:57:18,839

um so that's one thing and then as far

1376  
00:57:24,170 --> 00:57:20,760  
as like

1377  
00:57:27,890 --> 00:57:24,180  
our Humanity will robots take over you

1378  
00:57:30,109 --> 00:57:27,900  
know all of this sort of thing I

1379  
00:57:32,450 --> 00:57:30,119  
from talking with different people who

1380  
00:57:35,450 --> 00:57:32,460  
are way smarter than me I have learned

1381  
00:57:38,569 --> 00:57:35,460  
that there's always pendulum swings in

1382  
00:57:40,790 --> 00:57:38,579  
society so I talked with Nathan you

1383  
00:57:43,250 --> 00:57:40,800  
might appreciate this Joshua Harris the

1384  
00:57:46,809 --> 00:57:43,260  
author of I kiss Dating Goodbye and he

1385  
00:57:49,069 --> 00:57:46,819  
was a central figure in late 1990s

1386  
00:57:50,270 --> 00:57:49,079  
Pentecostal Christian Evangelical

1387  
00:57:52,970 --> 00:57:50,280  
community

1388  
00:57:56,809 --> 00:57:52,980

he believes he's since left all that but

1389

00:58:00,170 --> 00:57:56,819

he believes that because we've swung to

1390

00:58:01,490 --> 00:58:00,180

the side of like hook up and apps and

1391

00:58:03,650 --> 00:58:01,500

all of that that there will be a

1392

00:58:06,410 --> 00:58:03,660

pendulum swing back to a very

1393

00:58:08,930 --> 00:58:06,420

traditional courtship that will again

1394

00:58:12,410 --> 00:58:08,940

require another pendulum swing back to

1395

00:58:16,670 --> 00:58:12,420

like free love and I suspect that there

1396

00:58:18,710 --> 00:58:16,680

will be something similar with AI

1397

00:58:20,809 --> 00:58:18,720

um that it will

1398

00:58:25,010 --> 00:58:20,819

that it will spark what's already

1399

00:58:28,010 --> 00:58:25,020

happening which is a non-tech

1400

00:58:31,849 --> 00:58:28,020

movement like there's people who are

1401

00:58:33,950 --> 00:58:31,859

wearing little Rings like little blue or

1402

00:58:36,109 --> 00:58:33,960

something rubber rings and that says

1403

00:58:38,270 --> 00:58:36,119

like hey I'm open for you to flirt with

1404

00:58:40,309 --> 00:58:38,280

me in real life and they go places in

1405

00:58:42,770 --> 00:58:40,319

real life and they don't use apps and

1406

00:58:44,210 --> 00:58:42,780

there's uh dumb dumb phones that you can

1407

00:58:48,109 --> 00:58:44,220

buy right

1408

00:58:51,349 --> 00:58:48,119

and so I think that AI will speed this

1409

00:58:53,870 --> 00:58:51,359

movement along but I am concerned about

1410

00:58:55,870 --> 00:58:53,880

how much it will take

1411

00:58:59,450 --> 00:58:55,880

and that we won't be able to get back

1412

00:59:00,230 --> 00:58:59,460

because uh you know

1413

00:59:03,049 --> 00:59:00,240

um

1414

00:59:04,549 --> 00:59:03,059

I I think it's changing our physiology I

1415

00:59:06,650 --> 00:59:04,559

think it's changing the way our brains

1416

00:59:08,329 --> 00:59:06,660

are wired it's changing if you look at

1417

00:59:09,950 --> 00:59:08,339

young people all of their they all have

1418

00:59:13,190 --> 00:59:09,960

shoulder impingements they're all like

1419

00:59:15,950 --> 00:59:13,200

shoulders or ground rounded forward so

1420

00:59:17,809 --> 00:59:15,960

it sounds weird but I do feel like there

1421

00:59:19,730 --> 00:59:17,819

are some things that it will change that

1422

00:59:22,510 --> 00:59:19,740

we may not be able to swing back just

1423

00:59:25,670 --> 00:59:22,520

with a simple you know decade or two

1424

00:59:26,569 --> 00:59:25,680

yeah wow good stuff Deb what do you

1425

00:59:29,690 --> 00:59:26,579

think about that have you thought about

1426  
00:59:32,510 --> 00:59:29,700  
that with your show and our show yeah I

1427  
00:59:35,329 --> 00:59:32,520  
think that um one of the issues will be

1428  
00:59:38,390 --> 00:59:35,339  
that the standard of having information

1429  
00:59:40,190 --> 00:59:38,400  
is going to be raised because we we've

1430  
00:59:43,609 --> 00:59:40,200  
already had such access to information

1431  
00:59:46,250 --> 00:59:43,619  
but with AI like just compiling

1432  
00:59:48,950 --> 00:59:46,260  
everything for us like instantaneously

1433  
00:59:52,970 --> 00:59:48,960  
like if there's a question people will

1434  
00:59:55,730 --> 00:59:52,980  
have access to it I can't foresee the

1435  
00:59:57,650 --> 00:59:55,740  
traditionalist movement lasting because

1436  
00:59:59,569 --> 00:59:57,660  
I think that this is actually going to

1437  
01:00:02,870 --> 00:59:59,579  
move towards being more integrated with

1438  
01:00:04,970 --> 01:00:02,880

us in the future which is I know so much

1439

01:00:07,490 --> 01:00:04,980

Sinister but I think it's going to

1440

01:00:10,010 --> 01:00:07,500

happen like take a phone from a teenager

1441

01:00:11,089 --> 01:00:10,020

good luck you know it's like it's a

1442

01:00:12,710 --> 01:00:11,099

trial

1443

01:00:14,690 --> 01:00:12,720

um I think that you know that's just

1444

01:00:16,970 --> 01:00:14,700

going to be a part of who we are and I

1445

01:00:20,089 --> 01:00:16,980

wouldn't be surprised like you know even

1446

01:00:22,849 --> 01:00:20,099

now technically we're kind of using AI

1447

01:00:26,030 --> 01:00:22,859

just to do stream yard you know I think

1448

01:00:28,190 --> 01:00:26,040

um even the visuals that people have are

1449

01:00:30,890 --> 01:00:28,200

getting more and more advanced and we

1450

01:00:32,690 --> 01:00:30,900

just keep going that direction so that's

1451

01:00:35,510 --> 01:00:32,700

what I think are you referring to

1452

01:00:37,549 --> 01:00:35,520

neurotech also a little bit yeah just

1453

01:00:38,690 --> 01:00:37,559

but it won't be neuralink because they

1454

01:00:39,829 --> 01:00:38,700

messed up

1455

01:00:41,630 --> 01:00:39,839

um it's going to be some of their

1456

01:00:46,630 --> 01:00:41,640

competitors which already have human

1457

01:00:50,690 --> 01:00:46,640

trials and are better I'm sorry musk

1458

01:00:52,910 --> 01:00:50,700

yeah I I think that um

1459

01:00:55,069 --> 01:00:52,920

I've actually I found my I saw my paper

1460

01:00:57,890 --> 01:00:55,079

on this in grammarly yesterday because I

1461

01:01:00,049 --> 01:00:57,900

wrote at least a couple of papers in

1462

01:01:01,730 --> 01:01:00,059

2020 when I was in college about this

1463

01:01:03,770 --> 01:01:01,740

and

1464

01:01:06,650 --> 01:01:03,780

um I think it's it's very dangerous

1465

01:01:09,370 --> 01:01:06,660

because of the fact that the controls

1466

01:01:13,490 --> 01:01:09,380

the control measures are not in place

1467

01:01:16,970 --> 01:01:13,500

prior to and I think the technology will

1468

01:01:19,370 --> 01:01:16,980

outpace the adult in the room controls

1469

01:01:20,809 --> 01:01:19,380

that need to constrain it

1470

01:01:22,609 --> 01:01:20,819

um you've seen you've seen you guys

1471

01:01:24,170 --> 01:01:22,619

everybody on this panel here knows

1472

01:01:27,230 --> 01:01:24,180

what's happened when they've run some

1473

01:01:30,890 --> 01:01:27,240

tests and what AI Unleashed even in a

1474

01:01:33,470 --> 01:01:30,900

closed environment was trying to do and

1475

01:01:35,150 --> 01:01:33,480

um the paper that I read and the excuse

1476

01:01:37,270 --> 01:01:35,160

me that I wrote and the sources I looked

1477

01:01:40,670 --> 01:01:37,280

at all felt the same way

1478

01:01:42,890 --> 01:01:40,680

Elon was one of them Jan talin from

1479

01:01:44,809 --> 01:01:42,900

Skype was another one and there's

1480

01:01:48,109 --> 01:01:44,819

another gentleman who spoke before

1481

01:01:51,890 --> 01:01:48,119

Congress he's a Communications guy he

1482

01:01:53,990 --> 01:01:51,900

spoke about 5G and and connected to Ai

1483

01:01:56,150 --> 01:01:54,000

and the speed that it could process and

1484

01:01:58,730 --> 01:01:56,160

and have knowledge so

1485

01:02:01,190 --> 01:01:58,740

um I think that um

1486

01:02:03,589 --> 01:02:01,200

the human interaction is very important

1487

01:02:07,250 --> 01:02:03,599

and we have to be very very careful

1488

01:02:09,349 --> 01:02:07,260

about thinking that this this uh uh

1489

01:02:11,510 --> 01:02:09,359

society that we have and when I say that

1490

01:02:14,750 --> 01:02:11,520

I mean this world society not just

1491

01:02:17,329 --> 01:02:14,760

American society is is in finite that um

1492

01:02:20,270 --> 01:02:17,339

that it is believe me the Romans didn't

1493

01:02:22,609 --> 01:02:20,280

think that uh that that the Goths were

1494

01:02:24,049 --> 01:02:22,619

going to come marching into uh to Rome

1495

01:02:26,030 --> 01:02:24,059

either so

1496

01:02:27,950 --> 01:02:26,040

um although I guess you could argue that

1497

01:02:30,230 --> 01:02:27,960

Caesar kind of pushed some Julius pushed

1498

01:02:32,690 --> 01:02:30,240

him in that direction uh more so than

1499

01:02:34,370 --> 01:02:32,700

what the Senate may have wanted uh but

1500

01:02:37,730 --> 01:02:34,380

anyway I I think it could be quite

1501

01:02:40,730 --> 01:02:37,740

dangerous uh and I think their needs I

1502

01:02:42,770 --> 01:02:40,740

think that AE see the way I adjudicate

1503

01:02:44,569 --> 01:02:42,780

this is the same way I think about the

1504

01:02:46,789 --> 01:02:44,579

phenomenon it's the same way I think

1505

01:02:48,589 --> 01:02:46,799

about Bigfoot these guys have heard me

1506

01:02:50,210 --> 01:02:48,599

say until they want to just like take

1507

01:02:51,650 --> 01:02:50,220

two foamies and stick them in the

1508

01:02:54,650 --> 01:02:51,660

earplugs like they're on the flight line

1509

01:02:57,349 --> 01:02:54,660

is it's not necessarily this exactly

1510

01:03:00,069 --> 01:02:57,359

right it's not necessarily this or that

1511

01:03:04,190 --> 01:03:00,079

it could be this and that so

1512

01:03:06,170 --> 01:03:04,200

yes medicine is able to go through a

1513

01:03:08,809 --> 01:03:06,180

myriad of you know whether there's a

1514

01:03:11,930 --> 01:03:08,819

conflict in drugs uh whether or not you

1515

01:03:15,530 --> 01:03:11,940

know it if if we ever are able to uh

1516

01:03:17,089 --> 01:03:15,540

solve this cancer crisis AI may be uh

1517

01:03:19,609 --> 01:03:17,099

what's able to find you know that

1518

01:03:21,589 --> 01:03:19,619

certain protein or or something so I

1519

01:03:24,410 --> 01:03:21,599

think it can be very valuable in

1520

01:03:26,630 --> 01:03:24,420

probably thousands of ways you know not

1521

01:03:28,609 --> 01:03:26,640

the Lisa which is Nathan's artwork which

1522

01:03:33,609 --> 01:03:28,619

may be the most important thing that it

1523

01:03:36,410 --> 01:03:33,619

can do but but but also I think that

1524

01:03:38,990 --> 01:03:36,420

artificial general intelligence strong

1525

01:03:41,569 --> 01:03:39,000

AI if you want to use that word could

1526

01:03:44,390 --> 01:03:41,579

can be very very dangerous if there are

1527

01:03:46,789 --> 01:03:44,400

not strict measures and controls put on

1528

01:03:48,950 --> 01:03:46,799

what they allow it to do because now

1529

01:03:51,170 --> 01:03:48,960

it's cracking every password and it can

1530

01:03:52,730 --> 01:03:51,180

it can shut off power it can do all

1531

01:03:56,569 --> 01:03:52,740

kinds of things if it were to get there

1532

01:03:59,030 --> 01:03:56,579

so uh yes very valuable very helpful uh

1533

01:04:01,250 --> 01:03:59,040

but could be very dangerous same thing

1534

01:04:04,250 --> 01:04:01,260

Bigfoot is it Flesh and Blood yes could

1535

01:04:06,710 --> 01:04:04,260

there be a pair a uh a supernatural or

1536

01:04:08,569 --> 01:04:06,720

extra not even extraterrestrial could

1537

01:04:12,109 --> 01:04:08,579

there be a component of it that we don't

1538

01:04:13,609 --> 01:04:12,119

understand yes can UFOs are they

1539

01:04:16,370 --> 01:04:13,619

extraterrestrial are they all

1540

01:04:18,470 --> 01:04:16,380

ultra-terrestrial where its origin are

1541

01:04:20,329 --> 01:04:18,480

is actually here on Earth and they

1542

01:04:23,089 --> 01:04:20,339

appear when we want them to or

1543

01:04:25,370 --> 01:04:23,099

extraterrestrial maybe both who knows

1544

01:04:27,950 --> 01:04:25,380

can we know that you know we there's

1545

01:04:30,049 --> 01:04:27,960

evidence to suggest both are true so

1546

01:04:33,230 --> 01:04:30,059

that's that's my theory about that yeah

1547

01:04:36,130 --> 01:04:33,240

and who's next Miss Meredith Edwards and

1548

01:04:42,049 --> 01:04:40,130

uh okay I'm torn between two I kind of

1549

01:04:43,609 --> 01:04:42,059

want to know if y'all have had an

1550

01:04:47,170 --> 01:04:43,619

experience

1551

01:04:49,609 --> 01:04:47,180

and okay Nathan's nodding

1552

01:04:51,829 --> 01:04:49,619

that's just what we do we nod on cab

1553

01:04:54,230 --> 01:04:51,839

there's a lot of nodding yeah you can't

1554

01:04:57,230 --> 01:04:54,240

see her she said I'm an active listener

1555

01:04:59,870 --> 01:04:57,240

I love that and I expect Deb to not sing

1556

01:05:02,089 --> 01:04:59,880

as she's in the mental health space

1557

01:05:05,569 --> 01:05:02,099

um okay that that I'm gonna make that my

1558

01:05:10,789 --> 01:05:05,579

question is uh have you had an

1559

01:05:14,510 --> 01:05:10,799

experience that is outside of the normal

1560

01:05:15,950 --> 01:05:14,520

stuff and if you have what is it I just

1561

01:05:17,690 --> 01:05:15,960

want to say this is a dated question

1562

01:05:20,270 --> 01:05:17,700

Jimi Hendrix had it right on the front

1563

01:05:25,390 --> 01:05:20,280

of his album are you experienced you

1564

01:05:30,470 --> 01:05:28,730

this is you buddy I'm going first okay

1565

01:05:33,170 --> 01:05:30,480

so

1566

01:05:36,109 --> 01:05:33,180

um yeah I think well it's really hard to

1567

01:05:39,770 --> 01:05:36,119

say where to start on that I've had um a

1568

01:05:42,470 --> 01:05:39,780

really intensive dream that is very

1569

01:05:47,030 --> 01:05:42,480

similar to what people talk about with

1570

01:05:49,670 --> 01:05:47,040

ndes I've had a paranormal experiences

1571

01:05:52,250 --> 01:05:49,680

when I was ghost hunting which I found

1572

01:05:54,770 --> 01:05:52,260

out I am not brave enough to do

1573

01:05:58,010 --> 01:05:54,780

um like because I I have like a sensory

1574

01:06:01,250 --> 01:05:58,020

reaction right I've had some

1575

01:06:02,569 --> 01:06:01,260

um dreams that foretold things

1576

01:06:04,670 --> 01:06:02,579

um for some reason it was family

1577

01:06:06,950 --> 01:06:04,680

pregnancies over and over I was like

1578

01:06:08,690 --> 01:06:06,960

like the twins you know it's the gender

1579

01:06:10,069 --> 01:06:08,700

all of those things were told to me in

1580

01:06:12,230 --> 01:06:10,079

dreams

1581

01:06:15,470 --> 01:06:12,240

um you know had

1582

01:06:18,349 --> 01:06:15,480

a couple UFO sightings to me that's not

1583

01:06:21,109 --> 01:06:18,359

a big deal actually and I've had really

1584

01:06:23,870 --> 01:06:21,119

intensive meditations which has resulted

1585

01:06:27,049 --> 01:06:23,880

in me kind of exploring the science of

1586

01:06:29,390 --> 01:06:27,059

um the brain neurology and trying to

1587

01:06:32,150 --> 01:06:29,400

understand what's going on with that so

1588

01:06:33,829 --> 01:06:32,160

yeah quite a few actually

1589

01:06:35,750 --> 01:06:33,839

it's amazing

1590

01:06:38,029 --> 01:06:35,760

um I love this question because I'm not

1591

01:06:39,470 --> 01:06:38,039

a traditional experimenter so we've

1592

01:06:42,650 --> 01:06:39,480

interviewed a lot of them that have had

1593

01:06:45,589 --> 01:06:42,660

amazing Fantastical sightings and

1594

01:06:47,270 --> 01:06:45,599

experiences with beings etc etc but if

1595

01:06:49,970 --> 01:06:47,280

I'm honest with my own self and looking

1596

01:06:51,529 --> 01:06:49,980

at the experiences I've had in life that

1597

01:06:55,069 --> 01:06:51,539

are strange

1598

01:06:57,170 --> 01:06:55,079

that aren't as clear-cut as those there

1599

01:06:58,010 --> 01:06:57,180

are many right and I think this is

1600

01:07:00,529 --> 01:06:58,020

what's

1601

01:07:02,450 --> 01:07:00,539

where the real meat of it all is quite

1602

01:07:06,230 --> 01:07:02,460

frankly is that everybody has

1603

01:07:09,349 --> 01:07:06,240

experiences uh that are strange and hard

1604

01:07:10,430 --> 01:07:09,359

to fit into those categories we talked

1605

01:07:13,789 --> 01:07:10,440

about earlier those neat little

1606

01:07:16,309 --> 01:07:13,799

scientific ways we understand the world

1607

01:07:17,630 --> 01:07:16,319

um you know I've had experiences of

1608

01:07:21,109 --> 01:07:17,640

precognition you know I've had

1609

01:07:24,410 --> 01:07:21,119

experiences of um insane synchronicity

1610

01:07:27,170 --> 01:07:24,420

that defies any kind of

1611

01:07:28,309 --> 01:07:27,180

you know logic or in a coincidental

1612

01:07:30,410 --> 01:07:28,319

interaction

1613

01:07:32,569 --> 01:07:30,420

um and and you know who hasn't right if

1614

01:07:34,370 --> 01:07:32,579

you if you really get people talking and

1615

01:07:37,010 --> 01:07:34,380

oftentimes you'll find that these things

1616

01:07:39,829 --> 01:07:37,020

have dramatically influenced their

1617

01:07:41,450 --> 01:07:39,839

entire life trajectory right so how many

1618

01:07:44,029 --> 01:07:41,460

people can you meet that will say you

1619

01:07:46,190 --> 01:07:44,039

know I met my partner in this super

1620

01:07:48,170 --> 01:07:46,200

strange way and I had to stream about

1621

01:07:49,789 --> 01:07:48,180

them and and here we are and like I've

1622

01:07:51,589 --> 01:07:49,799

devoted my entire life to this person

1623

01:07:53,809 --> 01:07:51,599

wow it was on on you're telling me like

1624

01:07:55,609 --> 01:07:53,819

on a a thing that you you ate one night

1625

01:07:56,870 --> 01:07:55,619

and a dream that you had and you're now

1626

01:07:58,309 --> 01:07:56,880

you know 50 years later you've been

1627

01:07:59,390 --> 01:07:58,319

happily married with you know kids and

1628

01:08:01,309 --> 01:07:59,400

grandkids or something you know like

1629

01:08:03,710 --> 01:08:01,319

that but that happens it happens all the

1630

01:08:06,170 --> 01:08:03,720

time and so I think that if we are

1631

01:08:09,470 --> 01:08:06,180

honest with ourselves uh

1632

01:08:13,010 --> 01:08:09,480

you know this whatever this is is part

1633

01:08:15,349 --> 01:08:13,020

and parcel to The Human Experience

1634

01:08:18,050 --> 01:08:15,359

um and that to me is uh is actually

1635

01:08:20,870 --> 01:08:18,060

really exciting like because I think you

1636

01:08:22,610 --> 01:08:20,880

can learn from those mundane things in

1637

01:08:25,669 --> 01:08:22,620

just the same way that we can learn from

1638

01:08:27,590 --> 01:08:25,679

these Fantastical experiences

1639

01:08:29,390 --> 01:08:27,600

um but I have had you know a little bit

1640

01:08:30,950 --> 01:08:29,400

of Fantastical experiences too you know

1641

01:08:33,349 --> 01:08:30,960

I've had some altered state experiences

1642

01:08:35,809 --> 01:08:33,359

that were really wild

1643

01:08:38,689 --> 01:08:35,819

um is that code for mushrooms I won't

1644

01:08:42,470 --> 01:08:38,699

say I won't say you're going there

1645

01:08:47,689 --> 01:08:44,749

but yeah I mean it's uh you know

1646

01:08:49,249 --> 01:08:47,699

fascinating stuff right like uh where

1647

01:08:50,990 --> 01:08:49,259

um

1648

01:08:54,410 --> 01:08:51,000

I mean I literally had an experience

1649

01:08:56,689 --> 01:08:54,420

where I I thought something in this in

1650

01:08:59,390 --> 01:08:56,699

this moment that when I that later on

1651  
01:09:00,349 --> 01:08:59,400  
that day like it happened having a

1652  
01:09:02,269 --> 01:09:00,359  
knowing

1653  
01:09:03,289 --> 01:09:02,279  
yeah I mean and I hadn't it was

1654  
01:09:06,110 --> 01:09:03,299  
something I would never think about

1655  
01:09:07,010 --> 01:09:06,120  
never occurred to me period and it it

1656  
01:09:09,050 --> 01:09:07,020  
happened

1657  
01:09:10,309 --> 01:09:09,060  
so I you know that's hard for me to

1658  
01:09:13,189 --> 01:09:10,319  
explain

1659  
01:09:14,689 --> 01:09:13,199  
um and Powerful

1660  
01:09:16,970 --> 01:09:14,699  
but I think what was weird too is like

1661  
01:09:18,349 --> 01:09:16,980  
people will just the last thing I'll say

1662  
01:09:19,849 --> 01:09:18,359  
on this is synchronicity sometimes

1663  
01:09:22,070 --> 01:09:19,859

people go I had a synchronicity today

1664

01:09:23,630 --> 01:09:22,080

it's about this uh you know book or

1665

01:09:25,910 --> 01:09:23,640

something and so I guess now I need to

1666

01:09:27,229 --> 01:09:25,920

devote my all of my energy to reading

1667

01:09:29,150 --> 01:09:27,239

this book and and learning everything

1668

01:09:31,729 --> 01:09:29,160

about you know such and such and I'm not

1669

01:09:34,249 --> 01:09:31,739

sure that's necessarily the takeaway of

1670

01:09:36,709 --> 01:09:34,259

a synchronicity is to just kind of fall

1671

01:09:38,930 --> 01:09:36,719

down whatever rabbit hole that

1672

01:09:40,849 --> 01:09:38,940

synchronicity might mean for you it

1673

01:09:42,410 --> 01:09:40,859

could at some point but but maybe not

1674

01:09:44,630 --> 01:09:42,420

always I think what it really is though

1675

01:09:46,970 --> 01:09:44,640

is just telling us it's like

1676

01:09:49,970 --> 01:09:46,980

it's like it's like we're stuck in a in

1677

01:09:52,309 --> 01:09:49,980

a box that is dark and synchronicities

1678

01:09:54,410 --> 01:09:52,319

are beams of light rays of Light Of

1679

01:09:56,209 --> 01:09:54,420

Sunshine that are kind of finding their

1680

01:09:59,150 --> 01:09:56,219

way through the cracks of the box and

1681

01:10:02,030 --> 01:09:59,160

and telling us there's another world out

1682

01:10:04,729 --> 01:10:02,040

there that that we are that is more real

1683

01:10:06,530 --> 01:10:04,739

than the box that we live in and uh we

1684

01:10:07,250 --> 01:10:06,540

got to break out from that to experience

1685

01:10:10,729 --> 01:10:07,260

it

1686

01:10:13,490 --> 01:10:10,739

the Box sounds like code for the um

1687

01:10:16,450 --> 01:10:13,500

what's the word the Dome theory that we

1688

01:10:19,850 --> 01:10:16,460

live in a dome another Dome yeah

1689

01:10:21,890 --> 01:10:19,860

or like uh yep yeah Chris Botto talks

1690

01:10:24,050 --> 01:10:21,900

about it in his book that he uses a word

1691

01:10:25,550 --> 01:10:24,060

that I can't bring to mind right now but

1692

01:10:26,510 --> 01:10:25,560

like

1693

01:10:28,669 --> 01:10:26,520

um

1694

01:10:29,870 --> 01:10:28,679

what's the thing you put a plant in to

1695

01:10:33,530 --> 01:10:29,880

keep it humid

1696

01:10:35,689 --> 01:10:33,540

oh a terrarium a terrarium yeah he calls

1697

01:10:37,310 --> 01:10:35,699

it like the terrarium Theory um and so

1698

01:10:39,050 --> 01:10:37,320

that's I thought you were alluding to

1699

01:10:40,450 --> 01:10:39,060

that much like your altered state

1700

01:10:43,010 --> 01:10:40,460

statement

1701

01:10:45,590 --> 01:10:43,020

altered state great team thanks Meredith

1702

01:10:47,209 --> 01:10:45,600

yeah great great view a movie by William

1703

01:10:48,830 --> 01:10:47,219

Hurt but

1704

01:10:50,810 --> 01:10:48,840

um the you know what's funny is we're

1705

01:10:53,229 --> 01:10:50,820

back to Logan's Run again so anybody who

1706

01:10:58,850 --> 01:10:53,239

hasn't seen it it's late

1707

01:11:00,410 --> 01:10:58,860

1979 or 80 and it stars Dirk Benedict uh

1708

01:11:02,209 --> 01:11:00,420

if you guys remember him from The A-Team

1709

01:11:04,070 --> 01:11:02,219

Dirk Benedict

1710

01:11:05,870 --> 01:11:04,080

um and I can't remember the female it

1711

01:11:07,729 --> 01:11:05,880

was a British actress but interesting

1712

01:11:09,350 --> 01:11:07,739

movie about living in a bubble and when

1713

01:11:12,890 --> 01:11:09,360

they were able to find their way out it

1714

01:11:13,570 --> 01:11:12,900  
was called Sanctuary so anyway

1715

01:11:15,470 --> 01:11:13,580  
um

1716

01:11:16,250 --> 01:11:15,480  
so

1717

01:11:19,250 --> 01:11:16,260  
um

1718

01:11:20,990 --> 01:11:19,260  
uh let's see this was Deb's

1719

01:11:22,729 --> 01:11:21,000  
tell us about your experience Susan

1720

01:11:24,229 --> 01:11:22,739  
Meredith's question right because we

1721

01:11:25,090 --> 01:11:24,239  
went slightly out of order what was it

1722

01:11:28,610 --> 01:11:25,100  
again

1723

01:11:31,430 --> 01:11:28,620  
experience oh yeah I mean my experience

1724

01:11:33,770 --> 01:11:31,440  
uh I I did have a sighting as as a young

1725

01:11:35,750 --> 01:11:33,780  
young person but it wasn't long enough

1726

01:11:37,850 --> 01:11:35,760

to really go through that whole series

1727

01:11:39,590 --> 01:11:37,860

of emotions because it kind of went the

1728

01:11:40,910 --> 01:11:39,600

other direction I did have another kid

1729

01:11:42,950 --> 01:11:40,920

there

1730

01:11:45,890 --> 01:11:42,960

um and that was about it but in terms of

1731

01:11:47,750 --> 01:11:45,900

uh synchronicities uh other than the

1732

01:11:49,430 --> 01:11:47,760

police album Number One into it like

1733

01:11:52,130 --> 01:11:49,440

both those

1734

01:11:55,250 --> 01:11:52,140

um I I have Nathan and I actually have a

1735

01:11:58,729 --> 01:11:55,260

synchronicity about our friendship which

1736

01:12:00,590 --> 01:11:58,739

involves his older brother Justin

1737

01:12:03,410 --> 01:12:00,600

um so

1738

01:12:05,510 --> 01:12:03,420

um yeah I really it it's funny that um

1739

01:12:08,270 --> 01:12:05,520

if the people in this show haven't I

1740

01:12:11,209 --> 01:12:08,280

mean if we think about everybody on the

1741

01:12:13,189 --> 01:12:11,219

show we really don't have a lot of

1742

01:12:16,790 --> 01:12:13,199

experience with the phenomenon but we're

1743

01:12:19,669 --> 01:12:16,800

able to have people on and they speak

1744

01:12:21,590 --> 01:12:19,679

about it and take that in and it's it's

1745

01:12:23,030 --> 01:12:21,600

fascinating it's just you know one of

1746

01:12:27,490 --> 01:12:23,040

the most fun things I could think of

1747

01:12:32,090 --> 01:12:29,930

no so

1748

01:12:34,970 --> 01:12:32,100

after that uh Deb actually is going to

1749

01:12:36,530 --> 01:12:34,980

go with her topic then I'll go then uh

1750

01:12:40,430 --> 01:12:36,540

and Nathan you already went right yeah I

1751

01:12:43,310 --> 01:12:40,440

did yeah yeah go ahead okay so today I

1752

01:12:45,470 --> 01:12:43,320

got in the mail a little E.T figure it

1753

01:12:47,330 --> 01:12:45,480

was like the 40th anniversary and I'm

1754

01:12:49,669 --> 01:12:47,340

it's now in my collection of things

1755

01:12:51,950 --> 01:12:49,679

right and it had me thinking about

1756

01:12:55,689 --> 01:12:51,960

something we don't talk about that often

1757

01:12:59,450 --> 01:12:55,699

that supposedly the Intel Community

1758

01:13:01,430 --> 01:12:59,460

influences what we see in art media and

1759

01:13:05,030 --> 01:13:01,440

I've noticed lately that there's a shift

1760

01:13:07,669 --> 01:13:05,040

towards more films about Ai and us be

1761

01:13:10,370 --> 01:13:07,679

coming integrated with it actually

1762

01:13:13,550 --> 01:13:10,380

um which as DJ pointed out is sometimes

1763

01:13:15,649 --> 01:13:13,560

very dark so it's a Different Twist then

1764

01:13:18,169 --> 01:13:15,659

it's separate from us it's now something

1765

01:13:20,570 --> 01:13:18,179

we're integrated with so I guess my

1766

01:13:22,149 --> 01:13:20,580

question to everyone is you know how is

1767

01:13:26,330 --> 01:13:22,159

Media

1768

01:13:29,270 --> 01:13:26,340

influencing our society and well

1769

01:13:31,250 --> 01:13:29,280

basically AI be the next UFO

1770

01:13:34,250 --> 01:13:31,260

will it be the next God will it be the

1771

01:13:39,470 --> 01:13:36,470

um so first of all you know you know

1772

01:13:40,669 --> 01:13:39,480

about that story with uh Bryce Sable and

1773

01:13:44,209 --> 01:13:40,679

uh an official from the government

1774

01:13:46,729 --> 01:13:44,219

coming to visit him about his TV show

1775

01:13:48,290 --> 01:13:46,739

that they were shooting what this this

1776

01:13:50,450 --> 01:13:48,300

show if you hadn't heard this Meredith

1777

01:13:52,669 --> 01:13:50,460

this show wasn't even out yet

1778

01:13:56,149 --> 01:13:52,679

um they were just shooting it and and

1779

01:13:57,530 --> 01:13:56,159

editing and he came and said yeah you

1780

01:13:59,570 --> 01:13:57,540

know you've got some of this stuff right

1781

01:14:01,970 --> 01:13:59,580

some of it you don't but some of it you

1782

01:14:05,030 --> 01:14:01,980

got really right and he came and wrote

1783

01:14:07,610 --> 01:14:05,040

some things out on a napkin about UFOs

1784

01:14:09,470 --> 01:14:07,620

and the and uh and and blew this guy

1785

01:14:11,410 --> 01:14:09,480

away and then literally disappeared it

1786

01:14:14,750 --> 01:14:11,420

was at a party

1787

01:14:16,070 --> 01:14:14,760

so I I don't I think that there are

1788

01:14:19,370 --> 01:14:16,080

certain government officials who have

1789

01:14:20,810 --> 01:14:19,380

went in and visited uh with producers of

1790

01:14:23,450 --> 01:14:20,820

movies a lot of people say that

1791

01:14:26,149 --> 01:14:23,460

Spielberg uh had interactions I think

1792

01:14:27,890 --> 01:14:26,159

Deb and Nathan could probably name one

1793

01:14:30,290 --> 01:14:27,900

or two others that have had interactions

1794

01:14:33,649 --> 01:14:30,300

with government officials I don't think

1795

01:14:38,450 --> 01:14:33,659

that they have a direct uh institutional

1796

01:14:40,310 --> 01:14:38,460

effect and uh on on Hollywood I think

1797

01:14:42,470 --> 01:14:40,320

that there may be people who have tried

1798

01:14:44,990 --> 01:14:42,480

to press certain buttons at certain

1799

01:14:46,610 --> 01:14:45,000

times for certain reasons which we could

1800

01:14:48,590 --> 01:14:46,620

not be aware because we would have to

1801  
01:14:51,530 --> 01:14:48,600  
know what was on their plate and what

1802  
01:14:53,510 --> 01:14:51,540  
their what their uh their mission was to

1803  
01:14:56,270 --> 01:14:53,520  
to know why they would approach a

1804  
01:14:58,610 --> 01:14:56,280  
Hollywood official a Hollywood uh uh

1805  
01:15:01,729 --> 01:14:58,620  
producer of some sort and and influence

1806  
01:15:03,530 --> 01:15:01,739  
them to project a certain narrative that

1807  
01:15:07,130 --> 01:15:03,540  
they thought would be helpful to

1808  
01:15:10,189 --> 01:15:07,140  
whatever outcome they wanted to see uh

1809  
01:15:13,490 --> 01:15:10,199  
regarding Ai and I think the rest of

1810  
01:15:15,530 --> 01:15:13,500  
what you were asking was uh how AI might

1811  
01:15:17,149 --> 01:15:15,540  
affect uh enter the entertainment

1812  
01:15:19,610 --> 01:15:17,159  
industry

1813  
01:15:23,750 --> 01:15:19,620

uh and what we see on TV was that it Deb

1814

01:15:26,390 --> 01:15:23,760

yeah like that seems to be sort of being

1815

01:15:28,490 --> 01:15:26,400

put like in the center of a lot of

1816

01:15:31,910 --> 01:15:28,500

movies now

1817

01:15:35,209 --> 01:15:31,920

is that affecting our society

1818

01:15:37,430 --> 01:15:35,219

you know I had a a guy that I teach yoga

1819

01:15:38,930 --> 01:15:37,440

at a gym and we just got a new Marine

1820

01:15:40,669 --> 01:15:38,940

Corps a guy who got out of the Marine

1821

01:15:43,610 --> 01:15:40,679

Corps and he's working at the gym on the

1822

01:15:47,330 --> 01:15:43,620

the desk and he talked to me that one of

1823

01:15:51,410 --> 01:15:47,340

his friends was able to do a semester's

1824

01:15:54,649 --> 01:15:51,420

worth of work using chat GPT to write

1825

01:15:56,709 --> 01:15:54,659

papers and I mean I can't say that I can

1826

01:16:01,310 --> 01:15:56,719

independently verify that this is true

1827

01:16:03,530 --> 01:16:01,320

but that is scary if if something like

1828

01:16:05,149 --> 01:16:03,540

that did happen uh and they were you

1829

01:16:06,950 --> 01:16:05,159

were able like in my school to go

1830

01:16:10,850 --> 01:16:06,960

through all the different modules and

1831

01:16:12,709 --> 01:16:10,860

have chat GPT do all your chats that you

1832

01:16:15,229 --> 01:16:12,719

needed to do and then all your outlines

1833

01:16:18,169 --> 01:16:15,239

and your papers that's pretty scary but

1834

01:16:19,310 --> 01:16:18,179

in terms of uh entertainment

1835

01:16:22,370 --> 01:16:19,320

um

1836

01:16:24,770 --> 01:16:22,380

I I think that there is there is

1837

01:16:27,050 --> 01:16:24,780

potential to feed people more of what

1838

01:16:29,570 --> 01:16:27,060

they want and sometimes what people want

1839

01:16:32,149 --> 01:16:29,580

if you watch cable news is not

1840

01:16:35,630 --> 01:16:32,159

necessarily what is good for them they

1841

01:16:37,970 --> 01:16:35,640

want a reinforcement of what they

1842

01:16:41,209 --> 01:16:37,980

already believe and sometimes uh you'll

1843

01:16:43,610 --> 01:16:41,219

listen to somebody like um

1844

01:16:45,770 --> 01:16:43,620

um I can't remember his name now uh John

1845

01:16:47,870 --> 01:16:45,780

somebody he's a great historian that I

1846

01:16:50,330 --> 01:16:47,880

that I listened to his pop but he talks

1847

01:16:52,310 --> 01:16:50,340

about these better angels and sometimes

1848

01:16:56,570 --> 01:16:52,320

what we want

1849

01:16:59,209 --> 01:16:56,580

um is not necessarily our better Angels

1850

01:17:01,070 --> 01:16:59,219

people sometimes like to eat red meat so

1851  
01:17:03,290 --> 01:17:01,080  
to speak and I don't I don't mean that

1852  
01:17:04,669 --> 01:17:03,300  
literally I mean it figuratively

1853  
01:17:06,649 --> 01:17:04,679  
so

1854  
01:17:09,229 --> 01:17:06,659  
um I'm not sure that AI would

1855  
01:17:11,630 --> 01:17:09,239  
necessarily be good in in that uh in

1856  
01:17:15,050 --> 01:17:11,640  
that way either I think what's beautiful

1857  
01:17:17,750 --> 01:17:15,060  
about Humanity what makes us unique is

1858  
01:17:22,430 --> 01:17:17,760  
Art we've talked about that on this show

1859  
01:17:25,149 --> 01:17:22,440  
what Meredith is doing is Art uh when

1860  
01:17:29,870 --> 01:17:25,159  
you're doing photographs that's art

1861  
01:17:33,470 --> 01:17:29,880  
Nathan is doing art musicians is is Art

1862  
01:17:34,370 --> 01:17:33,480  
stage performers is Art storytellers is

1863  
01:17:37,010 --> 01:17:34,380

art

1864

01:17:39,350 --> 01:17:37,020

all of these things are what the

1865

01:17:41,450 --> 01:17:39,360

phenomenon can't do so why would you

1866

01:17:43,550 --> 01:17:41,460

want to seed that over to something that

1867

01:17:45,890 --> 01:17:43,560

only sees life through zeros and ones

1868

01:17:49,490 --> 01:17:45,900

and can only mimic

1869

01:17:52,010 --> 01:17:49,500

can only mimic what a human does

1870

01:17:53,630 --> 01:17:52,020

they can look like like we've talked

1871

01:17:56,090 --> 01:17:53,640

about it you could take you could take

1872

01:17:58,370 --> 01:17:56,100

an AI robot to you to to a U2 concert

1873

01:18:00,229 --> 01:17:58,380

and you can make it dance around and it

1874

01:18:03,110 --> 01:18:00,239

you could like you could make its face

1875

01:18:05,689 --> 01:18:03,120

smile and and can even maybe even move

1876

01:18:08,209 --> 01:18:05,699

to the music but you can't make it feel

1877

01:18:10,790 --> 01:18:08,219

the music when I went to see you two in

1878

01:18:13,310 --> 01:18:10,800

87 and people cried you can't make it

1879

01:18:14,990 --> 01:18:13,320

cry unless it just goes oh that person

1880

01:18:18,050 --> 01:18:15,000

sitting next to me is crying I'm gonna

1881

01:18:19,630 --> 01:18:18,060

start to energize the tear ducts

1882

01:18:22,430 --> 01:18:19,640

so so so

1883

01:18:26,270 --> 01:18:22,440

AI would be the worst thing actually

1884

01:18:28,850 --> 01:18:26,280

probably because humanity is is

1885

01:18:30,770 --> 01:18:28,860

I I don't know if it's necessarily

1886

01:18:32,450 --> 01:18:30,780

exceptional and unique only that we know

1887

01:18:34,669 --> 01:18:32,460

just because we don't know there may be

1888

01:18:37,790 --> 01:18:34,679

another race of people out there that

1889

01:18:40,130 --> 01:18:37,800

also have art and music and and and have

1890

01:18:42,830 --> 01:18:40,140

uh what what Meredith alluded to at the

1891

01:18:44,930 --> 01:18:42,840

beginning which is the spirit that we

1892

01:18:46,850 --> 01:18:44,940

believe that when when Meredith's body

1893

01:18:49,910 --> 01:18:46,860

is no longer here that her spirit will

1894

01:18:52,130 --> 01:18:49,920

continue you know and her her life force

1895

01:18:54,890 --> 01:18:52,140

her energy and will maybe go to another

1896

01:18:56,870 --> 01:18:54,900

another body right so anyway that's

1897

01:18:58,850 --> 01:18:56,880

that's that's my opinion I'm sorry I

1898

01:19:01,729 --> 01:18:58,860

can't give you a really Smiley cabbie

1899

01:19:04,550 --> 01:19:01,739

kind of a take on it but that's my take

1900

01:19:09,169 --> 01:19:04,560

money engaged machine smile

1901

01:19:13,810 --> 01:19:11,750

when you do these jokes you're pester is

1902

01:19:16,910 --> 01:19:13,820

showing just so you know

1903

01:19:19,790 --> 01:19:16,920

the dad jokes like that's totally youth

1904

01:19:24,590 --> 01:19:19,800

faster material no it's uh you got me

1905

01:19:26,270 --> 01:19:24,600

totally yeah guilty um yeah okay so uh

1906

01:19:28,970 --> 01:19:26,280

man where do I want to go with this so

1907

01:19:31,390 --> 01:19:28,980

attention is our our culture has

1908

01:19:34,910 --> 01:19:31,400

incentivized attention like attention

1909

01:19:38,870 --> 01:19:34,920

translates into dollars right so I think

1910

01:19:41,149 --> 01:19:38,880

that uh we in a way have an opportunity

1911

01:19:43,970 --> 01:19:41,159

with AI to

1912

01:19:46,370 --> 01:19:43,980

like build into it this is why it's so

1913

01:19:48,470 --> 01:19:46,380

important that we really take some time

1914

01:19:51,110 --> 01:19:48,480

be thoughtful with it right because we

1915

01:19:54,110 --> 01:19:51,120

have an ability to to kind of train it

1916

01:19:57,530 --> 01:19:54,120

to help us be the best that we want to

1917

01:19:59,330 --> 01:19:57,540

be not appeal to our lesser nature right

1918

01:20:01,490 --> 01:19:59,340

and I think that that's if we just

1919

01:20:04,189 --> 01:20:01,500

unleash it into the world that we

1920

01:20:05,990 --> 01:20:04,199

currently have created for ourselves uh

1921

01:20:09,530 --> 01:20:06,000

we're only going to get more of the same

1922

01:20:13,370 --> 01:20:09,540

but to the nth degree of the same

1923

01:20:16,070 --> 01:20:13,380

um and you know we we can structure all

1924

01:20:18,890 --> 01:20:16,080

this to where it incentivizes Us in in

1925

01:20:20,890 --> 01:20:18,900

better ways to do better things for not

1926

01:20:24,590 --> 01:20:20,900

only for ourselves but for each other

1927

01:20:27,590 --> 01:20:24,600

and our our entertainment uh our media

1928

01:20:29,390 --> 01:20:27,600

all these things right now are designed

1929

01:20:31,430 --> 01:20:29,400

along the lines of things you guys have

1930

01:20:34,430 --> 01:20:31,440

already touched on that's you know fear

1931

01:20:36,229 --> 01:20:34,440

of motivation that's uh you know keeping

1932

01:20:39,290 --> 01:20:36,239

up with somebody else you know sort of

1933

01:20:42,470 --> 01:20:39,300

trying to maintain your social status uh

1934

01:20:43,850 --> 01:20:42,480

because that is power our society you

1935

01:20:46,189 --> 01:20:43,860

know etc etc

1936

01:20:48,530 --> 01:20:46,199

if we shift that if we could kind of

1937

01:20:49,970 --> 01:20:48,540

take the reins here and kind of create a

1938

01:20:51,770 --> 01:20:49,980

new incentive structure and we have an

1939

01:20:53,870 --> 01:20:51,780

opportunity to really make some I think

1940

01:20:54,590 --> 01:20:53,880

fundamental and amazing changes in the

1941

01:20:57,530 --> 01:20:54,600

world

1942

01:20:59,390 --> 01:20:57,540

uh but if we don't if we're not careful

1943

01:21:01,310 --> 01:20:59,400

I don't see that happening I just see

1944

01:21:02,990 --> 01:21:01,320

that we're going to end up in a in a

1945

01:21:05,870 --> 01:21:03,000

more kind of dystopic version of where

1946

01:21:07,490 --> 01:21:05,880

we are now at least in the near term and

1947

01:21:09,490 --> 01:21:07,500

and maybe this is what it's like quite

1948

01:21:12,530 --> 01:21:09,500

quite frankly I mean some have said that

1949

01:21:15,229 --> 01:21:12,540

uh one of the great filters if you've

1950

01:21:17,870 --> 01:21:15,239

heard that concept the great filter is

1951

01:21:21,229 --> 01:21:17,880

essentially like an event in a

1952

01:21:24,590 --> 01:21:21,239

in a civilizations uh life cycle that

1953

01:21:26,270 --> 01:21:24,600

they either get through and get past or

1954

01:21:28,970 --> 01:21:26,280

they can't get through and get past it

1955

01:21:31,550 --> 01:21:28,980

and they die so a great filter moment

1956

01:21:33,830 --> 01:21:31,560

could be like a nuclear apocalypse you

1957

01:21:36,410 --> 01:21:33,840

know but it's similarly a great filter

1958

01:21:38,330 --> 01:21:36,420

could be like getting through this AI

1959

01:21:40,790 --> 01:21:38,340

transition right so if we can navigate

1960

01:21:42,350 --> 01:21:40,800

this and it will be bumpy and

1961

01:21:44,390 --> 01:21:42,360

challenging and and they'll be maybe

1962

01:21:47,330 --> 01:21:44,400

even Generations that struggle with how

1963

01:21:49,370 --> 01:21:47,340

to integrate this powerful tool with who

1964

01:21:52,070 --> 01:21:49,380

we are but if we can get out on the

1965

01:21:54,830 --> 01:21:52,080

other side of that it has this you know

1966

01:21:56,209 --> 01:21:54,840

immense potential to be you know to

1967

01:21:57,950 --> 01:21:56,219

transform everything everything about

1968

01:21:59,990 --> 01:21:57,960

who we are and kind of almost basically

1969

01:22:02,870 --> 01:22:00,000

they give birth to a new

1970

01:22:05,270 --> 01:22:02,880

species you know you think about the

1971

01:22:07,189 --> 01:22:05,280

phenomenon maybe that's where they

1972

01:22:09,649 --> 01:22:07,199

already are maybe they have gone through

1973

01:22:11,270 --> 01:22:09,659

the same kind of transition or at least

1974

01:22:13,610 --> 01:22:11,280

some of them anyway and have come out on

1975

01:22:15,770 --> 01:22:13,620

the other end and the things that they

1976

01:22:18,110 --> 01:22:15,780

can do in terms of how they interface

1977

01:22:21,110 --> 01:22:18,120

with us appear to us like magic but it's

1978

01:22:22,729 --> 01:22:21,120

really just you know kind of the end

1979

01:22:24,830 --> 01:22:22,739

point of some of their technological

1980

01:22:27,410 --> 01:22:24,840

advancement

1981

01:22:29,209 --> 01:22:27,420

um I don't know I I don't like the idea

1982

01:22:31,669 --> 01:22:29,219

that the government is you know kind of

1983

01:22:32,689 --> 01:22:31,679

puppet mastering the the citizenry I

1984

01:22:34,970 --> 01:22:32,699

think that

1985

01:22:36,410 --> 01:22:34,980

DJ to your point they're not like oh

1986

01:22:38,630 --> 01:22:36,420

wait they're not in the director's chair

1987

01:22:41,209 --> 01:22:38,640

you know calling the shots

1988

01:22:43,510 --> 01:22:41,219

um but at the same time it is true that

1989

01:22:45,770 --> 01:22:43,520

our our media Outlets you know they have

1990

01:22:47,390 --> 01:22:45,780

contacts they have sources you know and

1991

01:22:48,890 --> 01:22:47,400

those sources are in the government and

1992

01:22:51,590 --> 01:22:48,900

if the government wants them to talk

1993

01:22:53,390 --> 01:22:51,600

about a story they're going to call that

1994

01:22:55,970 --> 01:22:53,400

media outlet and say I've got a scoop

1995

01:22:57,950 --> 01:22:55,980

for you that you know your competitor

1996

01:22:59,810 --> 01:22:57,960

doesn't have and you can either run with

1997

01:23:01,970 --> 01:22:59,820

this story and be the first to break it

1998

01:23:04,310 --> 01:23:01,980

or I'm gonna go call them and they're

1999

01:23:05,990 --> 01:23:04,320

going to break the story you know so

2000

01:23:08,090 --> 01:23:06,000

it's there is a little bit of that

2001

01:23:10,310 --> 01:23:08,100

gaming happening there depending on

2002

01:23:12,890 --> 01:23:10,320

which Administration you know wants to

2003

01:23:14,209 --> 01:23:12,900

talk to which audience and upplay you

2004

01:23:16,729 --> 01:23:14,219

know and it's kind of if you think about

2005

01:23:18,110 --> 01:23:16,739

it it's kind of grotesque right I mean

2006

01:23:20,090 --> 01:23:18,120

there are just many aspects of our

2007

01:23:21,649 --> 01:23:20,100

culture that I think are kind of out of

2008

01:23:24,229 --> 01:23:21,659

whack out of shape you know that we we

2009

01:23:26,870 --> 01:23:24,239

need to we need to reform and many of us

2010

01:23:28,729 --> 01:23:26,880

feel helpless to do so right so maybe AI

2011

01:23:31,310 --> 01:23:28,739

if we kind of say hey help us out like

2012

01:23:32,750 --> 01:23:31,320

we we are basically powerless to do this

2013

01:23:35,330 --> 01:23:32,760

on our own

2014

01:23:36,890 --> 01:23:35,340

we need you who can understand how to

2015

01:23:38,870 --> 01:23:36,900

manipulate us better than anything else

2016

01:23:41,209 --> 01:23:38,880

to like kind of steer us in a direction

2017

01:23:43,790 --> 01:23:41,219

that we really want to go are

2018

01:23:46,189 --> 01:23:43,800

aspirational goals

2019

01:23:49,490 --> 01:23:46,199

that that I I love it because I've been

2020

01:23:52,610 --> 01:23:49,500

put in this half this GLA half empty

2021

01:23:54,950 --> 01:23:52,620

glass and Nathan's half full uh and I

2022

01:23:57,229 --> 01:23:54,960

love it and I I hope that everything you

2023

01:23:59,390 --> 01:23:57,239

just said is correct the problem is it

2024

01:24:02,990 --> 01:23:59,400

requires a morality that that

2025

01:24:05,510 --> 01:24:03,000

potentially it is not able to to have

2026

01:24:07,370 --> 01:24:05,520

sure or who's morality right I mean

2027

01:24:10,010 --> 01:24:07,380

right if I'm programming it you know is

2028

01:24:12,110 --> 01:24:10,020

it Nathan's ethics is it DJs ethics you

2029

01:24:14,330 --> 01:24:12,120

know how do you decide these things and

2030

01:24:16,850 --> 01:24:14,340

I want to say we have to add the other

2031

01:24:18,950 --> 01:24:16,860

level that there have been people who

2032

01:24:21,890 --> 01:24:18,960

come out from the government saying they

2033

01:24:24,530 --> 01:24:21,900

were hired to influence the media they

2034

01:24:26,689 --> 01:24:24,540

were hired to influence scripts there's

2035

01:24:28,970 --> 01:24:26,699

people who like there's an article about

2036

01:24:30,770 --> 01:24:28,980

how contact was changed by the

2037

01:24:33,830 --> 01:24:30,780

government they changed some of the

2038

01:24:36,590 --> 01:24:33,840

script so are they influencing that

2039

01:24:40,370 --> 01:24:36,600

story so okay it's Meredith

2040

01:24:42,350 --> 01:24:40,380

yeah go ahead uh I have two pre-thoughts

2041

01:24:44,930 --> 01:24:42,360

and one of them is if we were handing

2042

01:24:47,090 --> 01:24:44,940

out awards for like the best wrap-up

2043

01:24:50,810 --> 01:24:47,100

question Deb like you would have the

2044

01:24:53,570 --> 01:24:50,820

award because Holy balls Batman

2045

01:24:56,270 --> 01:24:53,580

um and then my second thought is like

2046

01:24:59,270 --> 01:24:56,280

never have I ever been a guest on a

2047

01:25:01,550 --> 01:24:59,280

podcast where I took notes so I have a

2048

01:25:02,709 --> 01:25:01,560

full page thank you very much

2049

01:25:06,229 --> 01:25:02,719

um

2050

01:25:06,950 --> 01:25:06,239

okay so to tackle Deb's question

2051

01:25:11,930 --> 01:25:06,960

um

2052

01:25:15,550 --> 01:25:11,940

I do I I disagree with DJ that I do

2053

01:25:18,229 --> 01:25:15,560

think that the media and government

2054

01:25:20,090 --> 01:25:18,239

are in bed together

2055

01:25:23,030 --> 01:25:20,100

um my husband has more graphic ways to

2056

01:25:25,970 --> 01:25:24,130

um

2057

01:25:28,550 --> 01:25:25,980

yeah

2058

01:25:30,229 --> 01:25:28,560

um and we know this because

2059

01:25:32,570 --> 01:25:30,239

um it's very obvious when you look at

2060

01:25:35,450 --> 01:25:32,580

other countries movies and you're like

2061

01:25:37,910 --> 01:25:35,460

that is obviously propaganda and then

2062

01:25:41,030 --> 01:25:37,920

you're like oh right we've done the same

2063

01:25:43,550 --> 01:25:41,040

thing Top Gun for example

2064

01:25:46,250 --> 01:25:43,560

um I'll also think about who is the

2065

01:25:50,229 --> 01:25:46,260

enemy in every movie The Russians the

2066

01:25:53,270 --> 01:25:50,239

Iranians the afghanis like they other

2067

01:25:55,610 --> 01:25:53,280

different people groups so that it

2068

01:25:59,209 --> 01:25:55,620

strengthens military efforts and

2069

01:26:03,110 --> 01:25:59,219

justifies tax dollars unpopular opinion

2070

01:26:05,870 --> 01:26:03,120

um and when we we do see this in

2071

01:26:09,950 --> 01:26:05,880

um UFO related movies as well right I

2072

01:26:13,250 --> 01:26:09,960

mean Project Blue [h\_\_h] like and um and

2073

01:26:16,790 --> 01:26:13,260

you know to Gaslight citizens who had

2074

01:26:18,830 --> 01:26:16,800

genuine experiences and we're we're not

2075

01:26:21,649 --> 01:26:18,840

even we haven't even gone over that

2076

01:26:25,790 --> 01:26:21,659

hurdle yet for our U.S military members

2077

01:26:27,950 --> 01:26:25,800

who are you know supposedly encouraged

2078

01:26:30,770 --> 01:26:27,960

to like report these things now they're

2079

01:26:33,110 --> 01:26:30,780

still trying to navigate through these

2080

01:26:37,129 --> 01:26:33,120

murky Waters of stigma

2081

01:26:40,330 --> 01:26:37,139

so I totally agree that there is some

2082

01:26:43,550 --> 01:26:40,340

behind the curtains communication

2083

01:26:47,629 --> 01:26:43,560

at its at its lowest

2084

01:26:50,950 --> 01:26:47,639

as far as Ai and society and media and

2085

01:26:54,590 --> 01:26:50,960

the next step of our human evolution

2086

01:26:56,450 --> 01:26:54,600

I would love to ask the question what

2087

01:26:59,030 --> 01:26:56,460

problem are we solving for

2088

01:27:01,070 --> 01:26:59,040

because when I think about

2089

01:27:05,149 --> 01:27:01,080

what does it mean to advance as a

2090

01:27:07,610 --> 01:27:05,159

society it doesn't mean that a robot

2091

01:27:11,689 --> 01:27:07,620

drives my freaking car

2092

01:27:14,750 --> 01:27:11,699

it means that we solve the problem of

2093

01:27:17,990 --> 01:27:14,760

our evolutionary mismatch right yeah

2094

01:27:20,149 --> 01:27:18,000

let's solve cancer let's cure cancer but

2095

01:27:24,050 --> 01:27:20,159

why is no one asking what causes cancer

2096

01:27:26,390 --> 01:27:24,060

right like yeah let's let's tackle gun

2097

01:27:29,930 --> 01:27:26,400

violence in the United States but why is

2098

01:27:32,570 --> 01:27:29,940

no one asking why this is so common and

2099

01:27:34,189 --> 01:27:32,580

let's look at causality and not just

2100

01:27:37,370 --> 01:27:34,199

like

2101  
01:27:40,310 --> 01:27:37,380  
um consumer our way into a solution and

2102  
01:27:43,189 --> 01:27:40,320  
I feel like AI is just a real shiny

2103  
01:27:45,649 --> 01:27:43,199  
thing not just but I feel like it's more

2104  
01:27:47,390 --> 01:27:45,659  
of a shiny thing and so as Americans

2105  
01:27:49,129 --> 01:27:47,400  
were and I don't think it's just an

2106  
01:27:51,950 --> 01:27:49,139  
American thing but that definitely As

2107  
01:27:54,110 --> 01:27:51,960  
Americans we are biased towards shiny

2108  
01:27:55,729 --> 01:27:54,120  
things and so we're like oh yes well and

2109  
01:27:58,669 --> 01:27:55,739  
plus we get to be number one as America

2110  
01:27:59,750 --> 01:27:58,679  
we love it to be number one USA USA you

2111  
01:28:02,930 --> 01:27:59,760  
know we've been chanting that for so

2112  
01:28:05,510 --> 01:28:02,940  
long we can't hear anything else and I

2113  
01:28:07,910 --> 01:28:05,520

think that if um we kind of take a pause

2114

01:28:10,370 --> 01:28:07,920

and

2115

01:28:13,070 --> 01:28:10,380

to create some intention

2116

01:28:15,550 --> 01:28:13,080

around what problem we're solving for it

2117

01:28:18,410 --> 01:28:15,560

will lead to some unpopular next steps

2118

01:28:22,070 --> 01:28:18,420

especially in the areas of technology

2119

01:28:23,229 --> 01:28:22,080

and um and like emfs and you know we

2120

01:28:26,450 --> 01:28:23,239

have this

2121

01:28:27,649 --> 01:28:26,460

uh continual more and more more internet

2122

01:28:34,310 --> 01:28:27,659

more

2123

01:28:36,530 --> 01:28:34,320

what if we have like digital free zones

2124

01:28:38,689 --> 01:28:36,540

what if there's just green spaces where

2125

01:28:41,689 --> 01:28:38,699

Wi-Fi doesn't work there's a reason that

2126  
01:28:44,090 --> 01:28:41,699  
camping feels so good you know like how

2127  
01:28:45,890 --> 01:28:44,100  
do we reconnect as earthlings it doesn't

2128  
01:28:49,510 --> 01:28:45,900  
do we really have to send a man to space

2129  
01:28:52,010 --> 01:28:49,520  
to know that human bodies are our best

2130  
01:28:53,810 --> 01:28:52,020  
oriented on Earth because of the you

2131  
01:28:56,030 --> 01:28:53,820  
know the electrical whatever Seven

2132  
01:28:57,110 --> 01:28:56,040  
Something megahertz that the Earth gives

2133  
01:28:59,930 --> 01:28:57,120  
off

2134  
01:29:02,629 --> 01:28:59,940  
um I just think that AI can be a

2135  
01:29:04,610 --> 01:29:02,639  
distraction and advancement air quote

2136  
01:29:06,729 --> 01:29:04,620  
advancement can be a distraction like

2137  
01:29:10,310 --> 01:29:06,739  
let's talk about why we get Alzheimer's

2138  
01:29:13,910 --> 01:29:10,320

instead of just trying to literally plug

2139

01:29:15,110 --> 01:29:13,920

in ourselves to solve it so that's my

2140

01:29:17,629 --> 01:29:15,120

take

2141

01:29:19,490 --> 01:29:17,639

that's that's a great point I'm sorry

2142

01:29:20,689 --> 01:29:19,500

yeah I mean well I think I I just want

2143

01:29:23,390 --> 01:29:20,699

to Echo what you're saying we can get

2144

01:29:25,790 --> 01:29:23,400

distracted by the pyrotechnics a lot of

2145

01:29:27,530 --> 01:29:25,800

our technology and not solving the root

2146

01:29:29,270 --> 01:29:27,540

cause of our condition

2147

01:29:31,970 --> 01:29:29,280

and

2148

01:29:34,129 --> 01:29:31,980

um if I guess I'm I'm of the opinion if

2149

01:29:36,590 --> 01:29:34,139

we can somehow hack our way to getting

2150

01:29:38,629 --> 01:29:36,600

us to behave better by using the thing

2151  
01:29:40,669 --> 01:29:38,639  
that we're already enslaved to maybe we

2152  
01:29:42,470 --> 01:29:40,679  
should try to do that because everything

2153  
01:29:44,390 --> 01:29:42,480  
else we've tried isn't working now I

2154  
01:29:47,510 --> 01:29:44,400  
love the idea of

2155  
01:29:49,370 --> 01:29:47,520  
you know kind of imposed digital free

2156  
01:29:51,290 --> 01:29:49,380  
zones I think that's incredible and

2157  
01:29:54,830 --> 01:29:51,300  
that's what we call Forest right but you

2158  
01:29:57,050 --> 01:29:54,840  
know like a forest around us we have

2159  
01:30:00,709 --> 01:29:57,060  
starlink blasting us with Wi-Fi this is

2160  
01:30:03,770 --> 01:30:00,719  
my point you can't right we have to

2161  
01:30:08,090 --> 01:30:03,780  
um I think some of this technological uh

2162  
01:30:10,610 --> 01:30:08,100  
development is like the the the digital

2163  
01:30:13,970 --> 01:30:10,620

version of processed foods it's highly

2164

01:30:16,790 --> 01:30:13,980

palatable and completely addictive and

2165

01:30:18,709 --> 01:30:16,800

so we have to think about like how our

2166

01:30:21,350 --> 01:30:18,719

ancient brains because our brains are

2167

01:30:23,990 --> 01:30:21,360

still really freaking old right and we

2168

01:30:26,629 --> 01:30:24,000

are biased towards dopamine experiences

2169

01:30:28,250 --> 01:30:26,639

and so we that's why we like negative

2170

01:30:31,430 --> 01:30:28,260

[h\_\_\h] is because we're like yeah there's

2171

01:30:34,370 --> 01:30:31,440

a problem I'm gonna solve it and you

2172

01:30:36,470 --> 01:30:34,380

know no one it's because in our you know

2173

01:30:38,570 --> 01:30:36,480

our tribal selves we needed to remember

2174

01:30:40,310 --> 01:30:38,580

the negative in order to stay alive but

2175

01:30:43,850 --> 01:30:40,320

now we're just fighting on Twitter so

2176

01:30:45,950 --> 01:30:43,860

yeah no you're right I love it it's an

2177

01:30:47,390 --> 01:30:45,960

animating fact sure yeah speaking of

2178

01:30:48,890 --> 01:30:47,400

processed foods Nathan can you take

2179

01:30:51,890 --> 01:30:48,900

those fish sticks out of the oven please

2180

01:30:54,350 --> 01:30:51,900

yes well and also uh while I'm doing

2181

01:30:57,470 --> 01:30:54,360

that we have to ask the question potato

2182

01:30:59,330 --> 01:30:57,480

chip question before I do because I have

2183

01:31:02,209 --> 01:30:59,340

a topic for you I know you do it'll be

2184

01:31:05,090 --> 01:31:02,219

quick but but but yes uh so

2185

01:31:07,189 --> 01:31:05,100

Meredith uh first of all if you have a

2186

01:31:10,910 --> 01:31:07,199

PhD you'll be in one side of the study

2187

01:31:13,310 --> 01:31:10,920

with the phds like Dr pasoka and Dr Jeff

2188

01:31:15,950 --> 01:31:13,320

[h\_\_h] oh we got to get Dr Masters

2189

01:31:19,310 --> 01:31:15,960

women ask him yet uh and a couple other

2190

01:31:21,290 --> 01:31:19,320

phds we've spoken with Dr Gary Nolan but

2191

01:31:24,950 --> 01:31:21,300

if you're not a PHA you'll be with me

2192

01:31:27,890 --> 01:31:24,960

Nathan Debs and US regular peoples right

2193

01:31:31,970 --> 01:31:27,900

um so in terms of potato chips

2194

01:31:34,310 --> 01:31:31,980

do you geared toward a sea salt potato

2195

01:31:38,390 --> 01:31:34,320

chip either with ridges or without

2196

01:31:40,790 --> 01:31:38,400

ridges or are you headed towards a

2197

01:31:43,070 --> 01:31:40,800

seasoned potato chip of one sort or

2198

01:31:46,010 --> 01:31:43,080

another please ma'am

2199

01:31:47,930 --> 01:31:46,020

wow

2200

01:31:50,470 --> 01:31:47,940

um I

2201

01:31:55,570 --> 01:31:50,480

avoid seed oils

2202

01:31:57,890 --> 01:31:55,580

so it really limits my chip selection so

2203

01:32:00,950 --> 01:31:57,900

because mine has lava is fried in

2204

01:32:03,470 --> 01:32:00,960

avocado oil oh Canyon okay it's at Whole

2205

01:32:05,030 --> 01:32:03,480

Foods so oh we don't have that here is

2206

01:32:06,229 --> 01:32:05,040

that a fruit avocado is technically a

2207

01:32:08,510 --> 01:32:06,239

fruit right is that right am I right

2208

01:32:11,810 --> 01:32:08,520

about that well avocado is a stable fat

2209

01:32:14,750 --> 01:32:11,820

so it would be less likely to oxidize so

2210

01:32:18,530 --> 01:32:14,760

and oxidization equals inflammation yeah

2211

01:32:20,870 --> 01:32:18,540

so yeah so bad stuff bad

2212

01:32:23,930 --> 01:32:20,880

um yeah I like to eat my carbs in the

2213

01:32:25,910 --> 01:32:23,940

form of chocolate so I would answer this

2214

01:32:28,010 --> 01:32:25,920

question if I was like on Miss America

2215

01:32:32,810 --> 01:32:28,020

Stage I would go with a chocolate

2216

01:32:37,330 --> 01:32:32,820

covered non-seed oil salty ass chip nice

2217

01:32:42,649 --> 01:32:40,550

yeah like nobody has mentioned a

2218

01:32:44,930 --> 01:32:42,659

chocolate covered potato chip I'm

2219

01:32:46,510 --> 01:32:44,940

rethinking my entire life after the show

2220

01:32:52,790 --> 01:32:46,520

yeah um

2221

01:32:56,330 --> 01:32:54,350

um and I just want to mention one thing

2222

01:32:57,890 --> 01:32:56,340

about the topic that we discussed a

2223

01:33:00,709 --> 01:32:57,900

little earlier because I want to point

2224

01:33:04,430 --> 01:33:00,719

to Dr Michael Masters

2225

01:33:07,430 --> 01:33:04,440

um he is at Morpho time on Twitter

2226

01:33:10,430 --> 01:33:07,440

Meredith and we've had him on he is a

2227

01:33:12,649 --> 01:33:10,440

blast too he's a hoot and he has the and

2228

01:33:15,350 --> 01:33:12,659

you guys I might need Deb and Nathan to

2229

01:33:17,629 --> 01:33:15,360

help me out here but basically that

2230

01:33:19,850 --> 01:33:17,639

their time traveler that that uh he

2231

01:33:21,950 --> 01:33:19,860

believes that there's at least a portion

2232

01:33:24,410 --> 01:33:21,960

of the phenomenon that are Time

2233

01:33:26,990 --> 01:33:24,420

Travelers that their future us

2234

01:33:30,830 --> 01:33:27,000

and one of the reasons that they are

2235

01:33:33,110 --> 01:33:30,840

harvesting uh biology from us is due to

2236

01:33:36,590 --> 01:33:33,120

a declining birth rate and he's talking

2237

01:33:38,750 --> 01:33:36,600

about that the U.S the the birth rate is

2238

01:33:41,330 --> 01:33:38,760

declined I can't remember the percentage

2239

01:33:44,510 --> 01:33:41,340

that he said in the 40 upper 40

2240

01:33:46,870 --> 01:33:44,520

percentile and I actually just did I had

2241

01:33:49,189 --> 01:33:46,880

on for the high school podcast I had on

2242

01:33:51,590 --> 01:33:49,199

a couple of the students that are there

2243

01:33:53,390 --> 01:33:51,600

now and when they said there's only 500

2244

01:33:56,270 --> 01:33:53,400

kids in the school we thought that it

2245

01:33:59,209 --> 01:33:56,280

was a small one there was 800 when I was

2246

01:34:01,370 --> 01:33:59,219

there and now there's 500 so I I don't

2247

01:34:04,129 --> 01:34:01,380

know declining birth rate so I I don't

2248

01:34:07,850 --> 01:34:04,139

know what all that advancement or what

2249

01:34:11,810 --> 01:34:07,860

the future us that they may have trouble

2250

01:34:14,090 --> 01:34:11,820

with relations with procreation with all

2251

01:34:15,950 --> 01:34:14,100

these things I mean there's at least a

2252

01:34:20,209 --> 01:34:15,960

theory out there it could be nothing

2253

01:34:23,149 --> 01:34:20,219

more than just a hypothesis but it it is

2254

01:34:24,890 --> 01:34:23,159

at least explained by the fact that that

2255

01:34:28,010 --> 01:34:24,900

a lot of women report that they have

2256

01:34:29,629 --> 01:34:28,020

taken taken different P parts of their

2257

01:34:33,590 --> 01:34:29,639

biology that they think would be

2258

01:34:35,390 --> 01:34:33,600

necessary to either procreate which then

2259

01:34:38,510 --> 01:34:35,400

other people are seeing humanoid types

2260

01:34:40,450 --> 01:34:38,520

and then also uh the possibility of

2261

01:34:43,250 --> 01:34:40,460

making a hybrid being where it's

2262

01:34:45,169 --> 01:34:43,260

electromechanical but it has maybe a a

2263

01:34:47,510 --> 01:34:45,179

biological brain because they don't have

2264

01:34:50,450 --> 01:34:47,520

Consciousness so I'm a little worried

2265

01:34:51,950 --> 01:34:50,460

about or worried about that aspect can I

2266

01:34:55,070 --> 01:34:51,960

um chime in on this yes ma'am please

2267

01:34:58,250 --> 01:34:55,080

please do so I do speak to people who

2268

01:35:00,830 --> 01:34:58,260

treat experiencers quite a lot of them

2269

01:35:02,750 --> 01:35:00,840

and apparently this there's a shift away

2270

01:35:05,689 --> 01:35:02,760

from that

2271

01:35:07,970 --> 01:35:05,699

um so that's a new update that I was

2272

01:35:09,770 --> 01:35:07,980

told from someone who's probably spoken

2273

01:35:12,649 --> 01:35:09,780

to like thousands of experiencers at

2274

01:35:14,570 --> 01:35:12,659

this point apparently the new issue is

2275

01:35:15,470 --> 01:35:14,580

just us trying to take care of the

2276

01:35:19,390 --> 01:35:15,480

planet

2277

01:35:21,890 --> 01:35:19,400

so if there was a biological imperative

2278

01:35:24,590 --> 01:35:21,900

apparently they've got what they need at

2279

01:35:26,990 --> 01:35:24,600

this point and and honestly if they if

2280

01:35:29,390 --> 01:35:27,000

they could create biological

2281

01:35:31,729 --> 01:35:29,400

robots which is what people think they

2282

01:35:34,070 --> 01:35:31,739

might be they probably never really

2283

01:35:35,390 --> 01:35:34,080

needed it for for them for themselves

2284

01:35:37,510 --> 01:35:35,400

they probably needed it for something

2285

01:35:40,669 --> 01:35:37,520

else but that's that's a whole nother

2286

01:35:42,830 --> 01:35:40,679

conversation yeah it's a lot of probably

2287

01:35:45,830 --> 01:35:42,840

in there yeah we have no idea but we

2288

01:35:47,689 --> 01:35:45,840

just know we know that they we we knew

2289

01:35:49,010 --> 01:35:47,699

other people said they've taken it we

2290

01:35:50,270 --> 01:35:49,020

don't know why they're taking it

2291

01:35:53,330 --> 01:35:50,280

everything after that we're just

2292

01:35:54,890 --> 01:35:53,340

speculating but it it at least it's safe

2293

01:35:57,110 --> 01:35:54,900

to say there's something in that that

2294

01:35:58,970 --> 01:35:57,120

they think we have that they don't have

2295

01:36:02,149 --> 01:35:58,980

or they wouldn't need to get it from us

2296

01:36:04,010 --> 01:36:02,159

that's the that's the the Apex of what I

2297

01:36:06,050 --> 01:36:04,020

can speculate unless somebody has

2298

01:36:07,550 --> 01:36:06,060

actually you know these people that have

2299

01:36:09,470 --> 01:36:07,560

interacted with them and asked these

2300

01:36:10,550 --> 01:36:09,480

questions you know so

2301

01:36:12,310 --> 01:36:10,560

um here's my question because it

2302

01:36:14,570 --> 01:36:12,320

actually goes right into this and and

2303

01:36:16,490 --> 01:36:14,580

Nathan is going to think that I'm

2304

01:36:19,550 --> 01:36:16,500

totally stealing the ball here and

2305

01:36:21,830 --> 01:36:19,560

running down towards his goal but it's

2306

01:36:24,290 --> 01:36:21,840

uh because this is a hypothesis that

2307

01:36:26,629 --> 01:36:24,300

Nathan had and I've sort of shifted it

2308

01:36:28,490 --> 01:36:26,639

around because when I thought what topic

2309

01:36:31,310 --> 01:36:28,500

am I going to present for you guys it

2310

01:36:34,430 --> 01:36:31,320

has to be something that's on my mind

2311

01:36:37,070 --> 01:36:34,440

um and because of stuff that Deb's

2312

01:36:39,350 --> 01:36:37,080

hearing from people that that have uh

2313

01:36:42,709 --> 01:36:39,360

downloads that Nathan's hearing that

2314

01:36:44,209 --> 01:36:42,719

other friends of ours as well uh brought

2315

01:36:46,250 --> 01:36:44,219

in this question so

2316

01:36:49,490 --> 01:36:46,260

the question is and I'm starting with

2317

01:36:52,490 --> 01:36:49,500

Nathan what could should

2318

01:36:54,649 --> 01:36:52,500

the evolution process be

2319

01:36:57,530 --> 01:36:54,659

the evaluation process I'm sorry the

2320

01:37:00,410 --> 01:36:57,540

evaluation process B for an individual

2321

01:37:04,010 --> 01:37:00,420

who receives downloads or has

2322

01:37:07,669 --> 01:37:04,020

Communications with the phenomenon and

2323

01:37:10,129 --> 01:37:07,679

what their potential motives might be so

2324

01:37:12,290 --> 01:37:10,139

to to try to put that in layman's just

2325

01:37:13,910 --> 01:37:12,300

normal conversation terms

2326

01:37:16,189 --> 01:37:13,920

Nathan

2327

01:37:18,110 --> 01:37:16,199

um what process should a person go

2328

01:37:21,770 --> 01:37:18,120

through when they're being told

2329

01:37:26,149 --> 01:37:21,780

something to evaluate what the motives

2330

01:37:28,010 --> 01:37:26,159

are of that intelligence that nhi that

2331

01:37:30,050 --> 01:37:28,020

they're communicating with

2332

01:37:32,870 --> 01:37:30,060

and what the motives might be

2333

01:37:34,370 --> 01:37:32,880

yeah and this is this is a tough one

2334

01:37:35,330 --> 01:37:34,380

right so

2335

01:37:38,570 --> 01:37:35,340

um

2336

01:37:40,129 --> 01:37:38,580

I've I've been with people who've had

2337

01:37:43,330 --> 01:37:40,139

these experiences who've had these

2338

01:37:46,910 --> 01:37:43,340

downloads and have been told things that

2339

01:37:49,250 --> 01:37:46,920

there's a strong compulsion right that

2340

01:37:50,990 --> 01:37:49,260

whatever they're told is is happening is

2341

01:37:52,550 --> 01:37:51,000

going to happen there's an imminence to

2342

01:37:54,229 --> 01:37:52,560

it really

2343

01:37:56,570 --> 01:37:54,239

um which is often why you see that

2344

01:37:58,129 --> 01:37:56,580

people like Chris Bledsoe who you know

2345

01:37:59,689 --> 01:37:58,139

Meredith as you said earlier seems like

2346

01:38:02,330 --> 01:37:59,699

a pretty humble guy who doesn't really

2347

01:38:04,669 --> 01:38:02,340

want to say things but he feels like he

2348

01:38:08,330 --> 01:38:04,679

has to say things so there's there's

2349

01:38:11,270 --> 01:38:08,340

this I don't know

2350

01:38:13,729 --> 01:38:11,280

Catalyst in a way that occurs when when

2351

01:38:17,149 --> 01:38:13,739

they have an experienced light like this

2352

01:38:20,689 --> 01:38:17,159

but I think the key here is

2353

01:38:22,790 --> 01:38:20,699

to sit with it right so whatever you've

2354

01:38:24,530 --> 01:38:22,800

downloaded if you think that's that as

2355

01:38:26,390 --> 01:38:24,540

what have has happened to you it's

2356

01:38:29,450 --> 01:38:26,400

important to I think sit with that

2357

01:38:31,910 --> 01:38:29,460

message and explore the Contours of what

2358

01:38:33,830 --> 01:38:31,920

it is and and how you understand it it's

2359

01:38:36,770 --> 01:38:33,840

it's in a way like to use something that

2360

01:38:39,530 --> 01:38:36,780

most people might think about is like a

2361

01:38:40,850 --> 01:38:39,540

dream interpretation right so I've had a

2362

01:38:43,550 --> 01:38:40,860

dream and all these weird things

2363

01:38:46,550 --> 01:38:43,560

happened like does it mean that you know

2364

01:38:48,290 --> 01:38:46,560

a giraffe is going to show up like with

2365

01:38:49,729 --> 01:38:48,300

a crossbow in the morning in front of my

2366

01:38:51,050 --> 01:38:49,739

front lawn no like what does that mean

2367

01:38:52,669 --> 01:38:51,060

you know you said yeah it's a strange

2368

01:38:54,950 --> 01:38:52,679

thing I just came up with that but you

2369

01:38:56,689 --> 01:38:54,960

get my idea here like there we think of

2370

01:38:58,550 --> 01:38:56,699

these like dreams in a metaphorical

2371

01:39:00,890 --> 01:38:58,560

sense right and we we interpret our

2372

01:39:02,750 --> 01:39:00,900

dreams through our own experiences and

2373

01:39:05,629 --> 01:39:02,760

what things like symbolize you know this

2374

01:39:07,189 --> 01:39:05,639

for me symbolizes whatever that is so I

2375

01:39:08,990 --> 01:39:07,199

would encourage people to do the same

2376

01:39:10,910 --> 01:39:09,000

exercise that if you had a download

2377

01:39:12,709 --> 01:39:10,920

where you've received a message sit with

2378

01:39:15,050 --> 01:39:12,719

it for a little while and go through it

2379

01:39:16,790 --> 01:39:15,060

and think about it from not just your

2380

01:39:19,129 --> 01:39:16,800

initial reaction to it and what you

2381

01:39:21,530 --> 01:39:19,139

think it means but how it also might be

2382

01:39:24,050 --> 01:39:21,540

interpreted from different perspectives

2383

01:39:26,149 --> 01:39:24,060

right so that's just the bare minimum do

2384

01:39:28,490 --> 01:39:26,159

that okay go through a different

2385

01:39:30,470 --> 01:39:28,500

analysis you know kind of try to look at

2386

01:39:31,910 --> 01:39:30,480

it from different Vantage points but

2387

01:39:33,709 --> 01:39:31,920

beyond that this is what we've talked

2388

01:39:35,570 --> 01:39:33,719

about forever DJ

2389

01:39:37,790 --> 01:39:35,580

you know can you trust any of these

2390

01:39:39,830 --> 01:39:37,800

messages right I mean I don't know I

2391

01:39:42,530 --> 01:39:39,840

really don't know the there's no way to

2392

01:39:44,750 --> 01:39:42,540

know the answer to that if if some sort

2393

01:39:46,850 --> 01:39:44,760

of intelligence is communicating with us

2394

01:39:48,110 --> 01:39:46,860

in this way that we don't understand and

2395

01:39:50,209 --> 01:39:48,120

we're not having a kind of a

2396

01:39:52,189 --> 01:39:50,219

bi-directional communication with them

2397

01:39:54,290 --> 01:39:52,199

and and we haven't established a

2398

01:39:56,990 --> 01:39:54,300

relationship really or any kind of trust

2399

01:39:59,689 --> 01:39:57,000

with that then can you trust them I

2400

01:40:01,790 --> 01:39:59,699

don't know that you you really can other

2401

01:40:03,290 --> 01:40:01,800

than to say is what they are saying to

2402

01:40:06,229 --> 01:40:03,300

you something that you feel like

2403

01:40:09,169 --> 01:40:06,239

resonates with you in in the context of

2404

01:40:11,270 --> 01:40:09,179

your Humanity right is it is it good for

2405

01:40:13,669 --> 01:40:11,280

you as a person is it also good for

2406

01:40:16,669 --> 01:40:13,679

Humanity to understand this like to to

2407

01:40:18,530 --> 01:40:16,679

take this information in and action it

2408

01:40:20,689 --> 01:40:18,540

in some way if the message you're

2409

01:40:23,450 --> 01:40:20,699

getting is you know go do something

2410

01:40:25,310 --> 01:40:23,460

dangerous to yourself and to your fellow

2411

01:40:28,070 --> 01:40:25,320

person I don't think that's a message

2412

01:40:31,370 --> 01:40:28,080

that anyone should listen to that would

2413

01:40:35,270 --> 01:40:31,380

be against our our best interest right

2414

01:40:38,390 --> 01:40:35,280

uh those are my initial thoughts

2415

01:40:40,370 --> 01:40:38,400

Meredith my friend I think the most

2416

01:40:42,290 --> 01:40:40,380

important thing for a person to do who's

2417

01:40:45,189 --> 01:40:42,300

received a download is to post it on

2418

01:40:48,050 --> 01:40:45,199

Reddit immediately

2419

01:40:50,870 --> 01:40:48,060

that's a great idea

2420

01:40:53,450 --> 01:40:50,880

you get some positive responses to them

2421

01:40:56,090 --> 01:40:53,460

um no actually I this is way over my

2422

01:40:59,750 --> 01:40:56,100

scope of practice

2423

01:41:02,510 --> 01:40:59,760

um I would say I would if I was on a

2424

01:41:05,209 --> 01:41:02,520

committee to make recommendations then I

2425

01:41:08,330 --> 01:41:05,219

would call Dr Bruce Grayson because he

2426  
01:41:11,149 --> 01:41:08,340  
literally wrote the policy of how to

2427  
01:41:13,129 --> 01:41:11,159  
quantify and qualify near-death

2428  
01:41:17,330 --> 01:41:13,139  
experiences it's called the Grayson

2429  
01:41:21,470 --> 01:41:17,340  
scale it's named after the dude and so

2430  
01:41:23,689 --> 01:41:21,480  
it's like a peer-reviewed uh process and

2431  
01:41:25,930 --> 01:41:23,699  
so I think he could take that formula

2432  
01:41:30,169 --> 01:41:25,940  
and the process of making the process

2433  
01:41:32,750 --> 01:41:30,179  
and apply it to a person who's had this

2434  
01:41:35,209 --> 01:41:32,760  
kind of experience

2435  
01:41:37,310 --> 01:41:35,219  
love them I I love it that's yeah I mean

2436  
01:41:38,689 --> 01:41:37,320  
it you know you're you're saying that

2437  
01:41:40,970 --> 01:41:38,699  
you know you don't feel qualified

2438  
01:41:45,050 --> 01:41:40,980

necessarily answer but to to kind of get

2439

01:41:47,629 --> 01:41:45,060

yourself educated on you know an nde and

2440

01:41:49,250 --> 01:41:47,639

then how could I apply that to this

2441

01:41:51,169 --> 01:41:49,260

download and then disseminate that

2442

01:41:52,910 --> 01:41:51,179

information responsibly and I think

2443

01:41:54,530 --> 01:41:52,920

that's one of the things that people in

2444

01:41:56,629 --> 01:41:54,540

the community take issue with is when

2445

01:41:59,209 --> 01:41:56,639

they think something's irresponsible

2446

01:42:01,669 --> 01:41:59,219

about information that's disseminated

2447

01:42:03,109 --> 01:42:01,679

but they have to understand that when

2448

01:42:05,689 --> 01:42:03,119

that person receives that information

2449

01:42:09,229 --> 01:42:05,699

it's nearly life-changing for them yeah

2450

01:42:11,750 --> 01:42:09,239

uh and and I I haven't experienced it so

2451

01:42:13,490 --> 01:42:11,760

I can't beef on somebody that has had it

2452

01:42:15,410 --> 01:42:13,500

and feels like they they have to get

2453

01:42:19,010 --> 01:42:15,420

that information out there because it's

2454

01:42:21,169 --> 01:42:19,020

a service to humanity Debs I have so

2455

01:42:23,750 --> 01:42:21,179

many things on this too because there's

2456

01:42:26,209 --> 01:42:23,760

a psychology side to this and then

2457

01:42:28,850 --> 01:42:26,219

there's a historical side to this where

2458

01:42:30,350 --> 01:42:28,860

people talk about Muses and then there's

2459

01:42:32,330 --> 01:42:30,360

you know what's happening with the

2460

01:42:33,470 --> 01:42:32,340

experiencers so this is these are my

2461

01:42:35,510 --> 01:42:33,480

thoughts

2462

01:42:38,450 --> 01:42:35,520

let me try to collect them all so the

2463

01:42:39,890 --> 01:42:38,460

first thing is historically Einstein and

2464

01:42:44,030 --> 01:42:39,900

Thomas Edison

2465

01:42:46,189 --> 01:42:44,040

sort of took advantage of the Theta

2466

01:42:48,290 --> 01:42:46,199

um level like that we experience in the

2467

01:42:51,470 --> 01:42:48,300

brain right and what they did was they

2468

01:42:53,270 --> 01:42:51,480

would like almost fall asleep but not

2469

01:42:55,250 --> 01:42:53,280

fully fall asleep and then they would

2470

01:42:57,530 --> 01:42:55,260

get into a creative state they would

2471

01:43:00,109 --> 01:42:57,540

solve problems like in this in between a

2472

01:43:02,270 --> 01:43:00,119

sleep in a weak state so anyone can do

2473

01:43:04,250 --> 01:43:02,280

this and it's the same state you reach

2474

01:43:06,229 --> 01:43:04,260

with meditation and so forth where we

2475

01:43:08,330 --> 01:43:06,239

are solving problems

2476

01:43:10,310 --> 01:43:08,340

so

2477

01:43:12,770 --> 01:43:10,320

um the thing that I noticed when I was

2478

01:43:15,530 --> 01:43:12,780

doing research on this is that people in

2479

01:43:18,590 --> 01:43:15,540

DMT States also go through something

2480

01:43:20,209 --> 01:43:18,600

like this but it's very clear that it's

2481

01:43:24,350 --> 01:43:20,219

an introspective thing they're working

2482

01:43:26,510 --> 01:43:24,360

out their own issues right so when I'm

2483

01:43:28,430 --> 01:43:26,520

hearing like what we should do to

2484

01:43:30,530 --> 01:43:28,440

evaluate someone coming forward with

2485

01:43:32,750 --> 01:43:30,540

their experiences the first thing I'm

2486

01:43:34,970 --> 01:43:32,760

going to think is well this is coming

2487

01:43:37,850 --> 01:43:34,980

from you so whether or not it's a

2488

01:43:39,530 --> 01:43:37,860

message from elsewhere it's always going

2489

01:43:42,290 --> 01:43:39,540

to be through the lens of your own

2490

01:43:44,629 --> 01:43:42,300

interpretation if that makes sense it's

2491

01:43:48,950 --> 01:43:44,639

in whether or not it's something to be

2492

01:43:51,410 --> 01:43:48,960

trusted or not their issue is are you

2493

01:43:52,850 --> 01:43:51,420

understanding that correctly are you

2494

01:43:55,010 --> 01:43:52,860

understanding of that experience

2495

01:43:57,530 --> 01:43:55,020

correctly are you

2496

01:44:00,649 --> 01:43:57,540

um contaminating it a little with your

2497

01:44:03,109 --> 01:44:00,659

own stuff also you know all of those are

2498

01:44:05,090 --> 01:44:03,119

factors so you know it's sort of like

2499

01:44:06,830 --> 01:44:05,100

they say don't shoot the messenger right

2500

01:44:10,910 --> 01:44:06,840

but sometimes the messenger is the

2501  
01:44:14,270 --> 01:44:10,920  
problem you know I I I have to say like

2502  
01:44:16,550 --> 01:44:14,280  
with all the encounters that we had

2503  
01:44:18,109 --> 01:44:16,560  
um with UAP is I wonder sometimes if

2504  
01:44:20,090 --> 01:44:18,119  
they've been trying to send us a message

2505  
01:44:22,490 --> 01:44:20,100  
with just their movements or something

2506  
01:44:24,830 --> 01:44:22,500  
and we're just missing it and like they

2507  
01:44:26,330 --> 01:44:24,840  
might be like why can't they see us like

2508  
01:44:27,709 --> 01:44:26,340  
everyone's like oh they're hiding but

2509  
01:44:31,370 --> 01:44:27,719  
what if they're like right in front of

2510  
01:44:33,530 --> 01:44:31,380  
us going why can't you see us like we're

2511  
01:44:35,270 --> 01:44:33,540  
trying to do that he says right them

2512  
01:44:36,530 --> 01:44:35,280  
just the way they're maneuvering in the

2513  
01:44:37,910 --> 01:44:36,540

sky when people see them could be

2514

01:44:40,189 --> 01:44:37,920

communication we just don't know what it

2515

01:44:42,229 --> 01:44:40,199

means right if you remember in Close

2516

01:44:44,530 --> 01:44:42,239

Encounters communication happened with

2517

01:44:47,030 --> 01:44:44,540

music and it happened with the lights

2518

01:44:49,550 --> 01:44:47,040

like everyone thinks you know the

2519

01:44:51,590 --> 01:44:49,560

download is the communication but I'm

2520

01:44:53,390 --> 01:44:51,600

I'm really questioning that you know I'm

2521

01:44:55,550 --> 01:44:53,400

really thinking that's going to be

2522

01:44:58,189 --> 01:44:55,560

filtered through our own interpretation

2523

01:45:02,209 --> 01:44:58,199

and that's a problem

2524

01:45:06,350 --> 01:45:02,219

yeah it it's it's very complex uh and

2525

01:45:09,530 --> 01:45:06,360

there needs to be a lot of sort of self

2526

01:45:11,390 --> 01:45:09,540

uh analysis of you know any biases that

2527

01:45:14,330 --> 01:45:11,400

you might hold and then like what what

2528

01:45:16,550 --> 01:45:14,340

Meredith said maybe you you take in some

2529

01:45:19,250 --> 01:45:16,560

academic work of somebody who maybe has

2530

01:45:21,770 --> 01:45:19,260

you know has a peer-reviewed entire

2531

01:45:25,370 --> 01:45:21,780

paper Journal book you know or something

2532

01:45:27,169 --> 01:45:25,380

on this uh and then before you spread

2533

01:45:29,810 --> 01:45:27,179

that out because you know what you want

2534

01:45:31,070 --> 01:45:29,820

to be true but that may not be you know

2535

01:45:32,870 --> 01:45:31,080

the message so

2536

01:45:35,629 --> 01:45:32,880

I'll tell you what man it's been a while

2537

01:45:38,270 --> 01:45:35,639

since we've done in an hour and was this

2538

01:45:40,729 --> 01:45:38,280

an hour and 45 minutes but damn it was

2539

01:45:43,609 --> 01:45:40,739

worth it so miss Meredith Edwards could

2540

01:45:46,070 --> 01:45:43,619

you please tell everybody about all of

2541

01:45:47,830 --> 01:45:46,080

your cool stuff that you're doing that

2542

01:45:50,990 --> 01:45:47,840

we could dope up on

2543

01:45:54,410 --> 01:45:51,000

yeah thank you so much this has been fun

2544

01:45:56,930 --> 01:45:54,420

I was looking forward to this and it did

2545

01:45:59,090 --> 01:45:56,940

not disappoint so thank you

2546

01:46:01,250 --> 01:45:59,100

um yeah the best place to find me I'm

2547

01:46:03,950 --> 01:46:01,260

most active on Instagram Meredith for

2548

01:46:07,550 --> 01:46:03,960

real and my podcast is called Meredith

2549

01:46:10,129 --> 01:46:07,560

for real the Curious introvert and

2550

01:46:12,410 --> 01:46:10,139

um there are plenty of uh well not

2551

01:46:13,970 --> 01:46:12,420

plenty there's about eight uh episodes

2552

01:46:15,830 --> 01:46:13,980

in there that would definitely be of

2553

01:46:17,689 --> 01:46:15,840

interest to your audience

2554

01:46:20,750 --> 01:46:17,699

um Tim McMillan the co-founder of the

2555

01:46:22,669 --> 01:46:20,760

debrief is episode 95 Dino Walsh basuka

2556

01:46:25,850 --> 01:46:22,679

number 148.

2557

01:46:27,770 --> 01:46:25,860

um Leon Baker was a Mexico Texas border

2558

01:46:31,250 --> 01:46:27,780

patrol agent who had lots of paranormal

2559

01:46:33,470 --> 01:46:31,260

experiences that's episode 155. there's

2560

01:46:37,189 --> 01:46:33,480

really no specific order to listen to

2561

01:46:40,010 --> 01:46:37,199

episodes so you can explore and and you

2562

01:46:42,109 --> 01:46:40,020

know put bring your 80d and have a good

2563

01:46:45,830 --> 01:46:42,119

time coming up we've got lots of

2564

01:46:47,270 --> 01:46:45,840

episodes that are around crazy stories

2565

01:46:49,930 --> 01:46:47,280

that have happened to people a woman who

2566

01:46:52,490 --> 01:46:49,940

survived Serial Killer attack

2567

01:46:54,790 --> 01:46:52,500

and then we talk about creating your own

2568

01:46:57,470 --> 01:46:54,800

closure when no physical closure exists

2569

01:47:00,169 --> 01:46:57,480

of adult friendship making and keeping

2570

01:47:03,709 --> 01:47:00,179

friends as a grown-up and

2571

01:47:06,770 --> 01:47:03,719

um and health and wellness so how to you

2572

01:47:09,290 --> 01:47:06,780

know kind of tap into some of those air

2573

01:47:12,050 --> 01:47:09,300

quote biohacks in order to achieve not

2574

01:47:13,970 --> 01:47:12,060

not just good Labs at your you know main

2575

01:47:16,550 --> 01:47:13,980

Physician's doctor's appointment but

2576

01:47:18,229 --> 01:47:16,560

really Vitality so that's that's kind of

2577

01:47:21,050 --> 01:47:18,239

what's going on right now

2578

01:47:23,990 --> 01:47:21,060

not to mention that you had that couple

2579

01:47:27,169 --> 01:47:24,000

on that told you how to retire at 30.

2580

01:47:29,629 --> 01:47:27,179

yeah these guys were so cool they were

2581

01:47:31,550 --> 01:47:29,639

so smart they were yeah Nathan if you

2582

01:47:33,410 --> 01:47:31,560

haven't heard that one I don't know the

2583

01:47:36,290 --> 01:47:33,420

number of that episode but it was a

2584

01:47:38,209 --> 01:47:36,300

fascinating episode where basically they

2585

01:47:41,870 --> 01:47:38,219

went through not only that they went to

2586

01:47:43,850 --> 01:47:41,880

Hawaii and lived for a year how long did

2587

01:47:46,850 --> 01:47:43,860

they stay in Hawaii it was six months in

2588

01:47:50,330 --> 01:47:46,860

Hawaii yeah yeah and that's the how much

2589

01:47:51,830 --> 01:47:50,340

a week oh yeah the keys it's Lauren and

2590

01:47:53,450 --> 01:47:51,840

Stephen keys and I don't know the

2591

01:47:54,890 --> 01:47:53,460

episode off the top of my head but if

2592

01:47:57,050 --> 01:47:54,900

you go to my website which is Meredith

2593

01:47:59,570 --> 01:47:57,060

forreal.com you can put in the search

2594

01:48:01,189 --> 01:47:59,580

box any topic and then it'll search the

2595

01:48:02,590 --> 01:48:01,199

episodes and so you can bring up the

2596

01:48:05,149 --> 01:48:02,600

ones that are most interesting to you

2597

01:48:07,790 --> 01:48:05,159

you and and just this one in particular

2598

01:48:08,930 --> 01:48:07,800

uh beyond all the great UFO guests that

2599

01:48:11,750 --> 01:48:08,940

she just mentioned you will be

2600

01:48:14,149 --> 01:48:11,760

fascinated how they figured out how to

2601

01:48:17,330 --> 01:48:14,159

buy cars and sell cars on the cheap they

2602

01:48:18,649 --> 01:48:17,340

just figured out every possible way and

2603

01:48:20,629 --> 01:48:18,659

they said you know every now and again

2604

01:48:22,609 --> 01:48:20,639

they might work but they're basically

2605

01:48:24,350 --> 01:48:22,619

retired at 30 and they know how to do

2606

01:48:25,729 --> 01:48:24,360

this and they're actually they're

2607

01:48:28,850 --> 01:48:25,739

earning money on their money and all

2608

01:48:30,770 --> 01:48:28,860

that stuff right because they saved a

2609

01:48:33,830 --> 01:48:30,780

lot when they got married so fascinating

2610

01:48:36,229 --> 01:48:33,840

with those folks uh let's go with uh

2611

01:48:38,930 --> 01:48:36,239

cabbie goodbye starting with Debs please

2612

01:48:41,450 --> 01:48:38,940

well thank you again for coming on this

2613

01:48:44,450 --> 01:48:41,460

National paranormal day and hopefully in

2614

01:48:46,490 --> 01:48:44,460

the future we're just gonna call it you

2615

01:48:48,410 --> 01:48:46,500

know National normal day and like

2616

01:48:49,910 --> 01:48:48,420

everyone will come together and be like

2617

01:48:51,470 --> 01:48:49,920

this is something that's happening to

2618

01:48:54,229 --> 01:48:51,480

everybody

2619

01:48:56,689 --> 01:48:54,239

um thank you for sharing your insights

2620

01:48:58,910 --> 01:48:56,699

and I'm really excited um I feel like

2621

01:49:00,709 --> 01:48:58,920

you know you you have a lot of interest

2622

01:49:04,310 --> 01:49:00,719

in this and it's exciting to see other

2623

01:49:06,830 --> 01:49:04,320

people with that passion come out and

2624

01:49:08,209 --> 01:49:06,840

talk to us so thank you again

2625

01:49:10,189 --> 01:49:08,219

thank you

2626

01:49:12,470 --> 01:49:10,199

yeah I want to say everything will be in

2627

01:49:14,450 --> 01:49:12,480

the show notes that we have on Meredith

2628

01:49:15,950 --> 01:49:14,460

it will it will all be in there so if

2629

01:49:18,109 --> 01:49:15,960

you want to get a hold of her you will

2630

01:49:20,510 --> 01:49:18,119

find it in the show notes or YouTube and

2631

01:49:23,030 --> 01:49:20,520

the podcast for this episode let's go to

2632

01:49:25,010 --> 01:49:23,040

my man money Nathan yeah Meredith this

2633

01:49:28,129 --> 01:49:25,020

has been a delight uh it's been

2634

01:49:30,109 --> 01:49:28,139

absolutely fantastic I applaud you for

2635

01:49:32,270 --> 01:49:30,119

the things that you're doing in your

2636

01:49:34,910 --> 01:49:32,280

show uh having that meaningful

2637

01:49:37,189 --> 01:49:34,920

connection with another person even if

2638

01:49:39,910 --> 01:49:37,199

the topic is strange and weird I think

2639

01:49:43,550 --> 01:49:39,920

that actually enables something special

2640

01:49:46,070 --> 01:49:43,560

uh that that we can go deeper past that

2641

01:49:48,290 --> 01:49:46,080

you know veneer that we all just sort of

2642

01:49:50,149 --> 01:49:48,300

traffic around and get to know a person

2643

01:49:51,890 --> 01:49:50,159

who they really are so thank you for

2644

01:49:54,590 --> 01:49:51,900

taking that effort and for promoting

2645

01:49:57,470 --> 01:49:54,600

that just as an activity like that's

2646

01:49:59,030 --> 01:49:57,480

fantastic so great work and uh we look

2647

01:50:00,830 --> 01:49:59,040

forward to hearing what's coming down

2648

01:50:02,810 --> 01:50:00,840

the line from you and checking back in

2649

01:50:04,910 --> 01:50:02,820

with you in the future oh we'll be in

2650

01:50:07,729 --> 01:50:04,920

touch for sure awesome

2651

01:50:09,890 --> 01:50:07,739

yeah I'm thinking Meredith that next

2652

01:50:12,410 --> 01:50:09,900

time we since we did so much UFO that

2653

01:50:14,410 --> 01:50:12,420

next time we'll have Matt we could do uh

2654

01:50:17,930 --> 01:50:14,420

some Bigfoot and more paranormal

2655

01:50:19,790 --> 01:50:17,940

ghost-ish kind of stuff he's had both so

2656

01:50:21,530 --> 01:50:19,800

uh yeah hopefully we can do a part two

2657

01:50:24,050 --> 01:50:21,540

that would be so awesome

2658

01:50:26,209 --> 01:50:24,060

um again I'm I'm honored that you would

2659

01:50:28,970 --> 01:50:26,219

come on here you really remind me of

2660

01:50:30,649 --> 01:50:28,980

Kate Casey when I the first time that I

2661

01:50:32,570 --> 01:50:30,659

had Kate Casey on you probably don't

2662

01:50:34,250 --> 01:50:32,580

don't know who she is but you will

2663

01:50:36,410 --> 01:50:34,260

because I'll make sure I send you her

2664

01:50:38,510 --> 01:50:36,420

her podcast

2665

01:50:41,510 --> 01:50:38,520

um she's out in SoCal but she's

2666

01:50:43,430 --> 01:50:41,520

Philadelphia sort of born and raised and

2667

01:50:46,609 --> 01:50:43,440

just like you another great interviewer

2668

01:50:48,590 --> 01:50:46,619

great podcaster that I had on

2669

01:50:51,109 --> 01:50:48,600

um on my old show and then and then we

2670

01:50:53,510 --> 01:50:51,119

had her own cab so

2671

01:50:57,649 --> 01:50:53,520

um thank you so much for your time I

2672

01:51:01,070 --> 01:50:57,659

really appreciate it Namaste and uh for

2673

01:51:04,970 --> 01:51:01,080

uh Miss Meredith for Deb's money Nathan

2674

01:51:07,310 --> 01:51:04,980

this is DJ Singh peace out one love

2675

01:51:08,870 --> 01:51:07,320

we'll see you down the road and as

2676

01:51:10,189 --> 01:51:08,880

always we're wondering what's up around

2677

01:51:13,050 --> 01:51:10,199

the bend